

September 2026

SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	1.5 OZ PEANUT BUTTER 2 OZ WG CRACKERS	1/2 CUP EGG SALAD 1 OZ WHOLE GRAIN ROLL	1 OZ WG APPLE CINNAMON MUFFIN 1 OZ CHEESE	1 OZ WHOLE GRAIN CEREAL 8 OZ MILK
7	8	9	10	11
2 OZ WG CRACKERS 1 OZ CHEESE STICK	1/2 CUP EGG SALAD 1 OZ WHOLE GRAIN ROLL	1 OZ CHEESE CUBES 1/2 CUP SLICED CUCUMBER	1 OZ WG BANANA MUFFIN 1/2 CUP APPLESAUCE	1.5 OZ PEANUT BUTTER 2 OZ WHOLE GRAIN CRACKERS
14	15	16	17	18
1 OZ CHEESE CUBES 1/2 CUP SLICED CUCUMBER	2 OZ WG CRACKERS 1 OZ CHEESE STICK	1/2 CUP EGG SALAD 1 OZ WHOLE GRAIN ROLL	2 OZ WG CRACKERS 1.5 OZ PEANUT BUTTER	1 OZ WHOLE GRAIN CEREAL 8 OZ MILK
21	22	23	24	25
1.5 OZ PEANUT BUTTER 2 OZ WHOLE GRAIN CRACKERS	1 OZ WHOLE GRAIN CEREAL 8 OZ MILK	2 OZ WG CRACKERS 1 OZ CHEESE STICK	1/2 CUP EGG SALAD 1 OZ WHOLE GRAIN ROLL	1 OZ WHOLE GRAIN CEREAL 8 OZ MILK
28	29	30		
1 OZ WG BANANA MUFFIN 1/2 CUP APPLESAUCE	1.5 OZ PEANUT BUTTER 2 OZ WHOLE GRAIN CRACKERS	1 OZ WG APPLE CINNAMON MUFFIN 1 OZ CHEESE		