

Minnie Howard Aquatic Facility- October 2026 Lap Lane Schedule Monday

Please note, this information is subject to change and is only applicable to the day and date range provided

	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool				
7am	Closed During School Hours: Open 4pm-8:45pm																
7:30am																	
8am																	
8:30am																	
9am																	
9:30am																	
10am																	
10:30am																	
11am																	
11:30am																	
12pm																	
12:30pm																	
1pm																	
1:30pm																	
2pm																	
2:30pm																	
3pm																	
3:30pm																	
4pm	Simpson Aquatics: 4pm- 8:45pm																
4:30pm																	
5pm																	
5:30pm																	
6pm		AVAC: 6:15pm- 8:15pm															
6:30pm																	
7pm																	
7:30pm																	
8pm																	
8:30pm																	
9pm																	

Get in Deep: 6:30pm-7:15pm

Minnie Howard Aquatic Facility- October 2026 Lap Lane Schedule Tuesday

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	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool
7am	Closed During School Hours: Open 4pm-8:45pm												
7:30am													
8am													
8:30am													
9am													
9:30am													
10am													
10:30am													
11am													
11:30am													
12pm													
12:30pm													
1pm													
1:30pm													
2pm													
2:30pm													
3pm													
3:30pm													
4pm	Simpson Aquatics: 4pm- 8:45pm												Alex Swim Lessons: 4pm-8:30pm
4:30pm													
5pm													
5:30pm													
6pm		AVAC: 6:15pm-8:15pm		Fish Swim Team: 6pm-8pm						DC Syncro: 6:15pm-8:15pm			
6:30pm													
7pm													
7:30pm													
8pm													
8:30pm													
9pm													

Minnie Howard Aquatic Facility- October 2026 Lap Lane Schedule Wednesday

Please note, this information is subject to change and is only applicable to the day and date range provided

[illegible]

Minnie Howard Aquatic Facility- October 2026 Lap Lane Schedule Thursday

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	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool
7am	Closed During School Hours: Open 4pm-8:45pm												
7:30am													
8am													
8:30am													
9am													
9:30am													
10am													
10:30am													
11am													
11:30am													
12pm													
12:30pm													
1pm													
1:30pm													
2pm													
2:30pm													
3pm													
3:30pm													
4pm	Simpson Aquatics: 4pm-7pm												Alex Swim Lessons: 4pm-8:30pm
4:30pm													
5pm													
5:30pm													
6pm		AVAC: 6:15pm-8:15pm		FISH Swim Team: 6pm-8pm				Nova Syncro: 6:45pm-8:45pm			Mermaid: 6:30pm-7:30pm		
6:30pm													
7pm													
7:30pm													
8pm													
8:30pm													
9pm													

Minnie Howard Aquatic Facility- October 2026 Lap Lane Schedule Friday

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	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool
7am	Closed During School Hours												
7:30am													
8am													
8:30am													
9am													
9:30am													
10am													
10:30am													
11am													
11:30am													
12pm													
12:30pm													
1pm													
1:30pm													
2pm													
2:30pm													
3pm													
3:30pm	Closed Fridays, Special Events/ Swim Team Only												
4pm													
4:30pm													
5pm													
5:30pm													
6pm													
6:30pm													
7pm													
7:30pm													
8pm													
8:30pm													
9pm													

Minnie Howard Aquatic Facility- October 2026 Lap Lane Schedule Saturday

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	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool	
7am													Alex Swim Lessons: 9am-2pm	
7:30am	FISH Swim Team: 7:30am-9am													
8am														
8:30am														
9am														
9:30am														
10am									Nova Syncro: 8:15am-11:30am					
10:30am														
11am														
11:30am														
12pm														
12:30pm	Simpson Aquatics: 10am-6:45pm We Aquatics: 10am-6:45pm				We Aquatics Swim Team: 12:30pm-2:30pm					DC Syncro: 12pm-3pm				
1pm														
1:30pm														
2pm														
2:30pm														
3pm														
3:30pm														
4pm														
4:30pm														
5pm														
5:30pm														
6pm														
6:30pm														
7pm	Facility Closed													
7:30pm														
8pm														
8:30pm														
9pm														

Minnie Howard Aquatic Facility- October 2026 Lap Lane Schedule Sunday

Please note, this information is subject to change and is only applicable to the day and date range provided

	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool		
7am															
7:30am															
8am															
8:30am															
9am															
9:30am															
10am	Simpson Aquatics: 10am-6:45pm	We Aquatics: 10am- 6:45pm													
10:30am															
11am															
11:30am															
12pm															
12:30pm															
1pm															
1:30pm															
2pm															
2:30pm															
3pm															
3:30pm															
4pm															
4:30pm															
5pm															
5:30pm															
6pm															
6:30pm															
7pm	Facility Closed														
7:30pm															
8pm															
8:30pm															
9pm															

Facility Closed

We Aquatics Swim Team:
12:30pm-2:30pm

Dwoden Terrace: 2:30pm-4pm

Parklawn: 2:30pm-5:50pm
(Starts 10/18)