

## **Alexandria Commission on Aging**

### **Health and Dementia Friendly Committee**

#### **Meeting Agenda**

**Date:** Thursday, March 12, 2026

**Time:** 3:00–4:00 PM

**Location:** Mark Center (Hybrid)

#### **1. Call to Order**

3:00 PM

#### **2. Introductions (if needed)**

Brief introductions for any new members or guests.

#### **3. Approval of January 8, 2026 Minutes**

Review and approve draft minutes.

#### **4. Age-Friendly Committee Goals – Progress Updates**

##### **Goal 1: Medicaid Monitoring & Policy Changes**

**Leads:** Trisha Rogers, Ginny Kalish

**City Coordination:** Ashley Johnson

##### **Update Items**

- Report from Ashley regarding:
  - Richmond visit and anticipated Medicaid changes
  - Coordination with DCHS
- Update on contact with:
  - Lesa Gilbert's team
  - Julie Mullen
- Status of neighborhood-level data availability (Medicaid / SNAP)

##### **Discussion**

- Role of committee in monitoring policy changes
- Frequency and format of updates

## **Goal 2: Promote Mental Wellness & Dementia-Friendly Support**

**Leads:** Barbara D'Agostino, Samantha Murray, Jane King

**Caregiver Focus:** Barbara Huelat

### **Updates**

- Overview of **Trualta caregiver platform**
- Adult Day Center engagement strategy
- Status of developing **5–7 survey questions for Adult Day participants**

### **Discussion**

- Timeline for survey completion
- Method for gathering feedback
- Opportunities to expand caregiver support initiatives in Alexandria

## **Goal 3: Increase Access to Dental Services for Older Adults**

**Leads:** Alan Dinsmore, Trisha Rogers

### **Updates**

- Identification of **existing dental resources**
  - Free clinics
  - Fenwick Foundation
  - St. Martin de Porres Senior Center
- Update on contact with **Juanita at Fenwick Foundation**
- Status of collaboration with **Public Health Advisory Commission**

### **Discussion**

- Oral Health Provider Panel proposal
- Potential format:
  - COA Speaker Series
  - Joint COA–PHAC event

## **5. Oral Health Providers Panel (Follow-up Discussion)**

Discussion of potential collaboration with the **Public Health Advisory Commission**

Discussion of potential MPH student to support dental health

Topics to discuss:

- Alignment with COA priorities
- Potential panel participants
- Possible timeline
- Educational goals for older adults

Update from:

- Barbara Huelat
- Natalie Tallis (PHAC coordination)

## **7. Other Business**

Open discussion.

## **8. Next Steps & Action Items**

Review and confirm assignments.

## **9. Adjournment**

4:00 PM