

**City of Alexandria, Virginia
FY 2027 Proposed Operating Budget & CIP
Budget Questions & Answers**

March 30, 2026

Question:

What is the current funding for the TRAILS program? Is it being cut? Does it need additional funding?

Response:

The program is fully operated with grant funding from the Virginia Department of Behavioral Health and Developmental Services (DBHDS) in the amount of \$830,567 annually. There is no anticipated reduction to the program.

The TRAILS Program utilizes the Coordinated Specialty Care (CSC) model, which is a team based, multi-service approach to treating first episode psychosis in individuals ages 14 through 30 years old. There are currently 49 clients served in the program.

The CSC approach is an evidenced based model of care designed to rapidly engage and treat psychosis in emerging adults with the goal of achieving and maintaining sustained recovery. The TRAILS brochure is also attached.