

**Alexandria Commission on Aging (COA)  
Executive Committee**

**Mark Center**

**Redella S. “Del” Pepper Community Resource Center at 4850 Mark Center Drive.  
9<sup>th</sup> Floor – Room 9208**

**Monday, March 2, 2026 – 1:30 p.m.**

**This meeting is being held in person. Public comment will be received at the meeting. Public comments can also be sent to [daas@alexandriava.gov](mailto:daas@alexandriava.gov) in advance of the meeting. Please indicate that your comments are for a meeting related to the Alexandria Commission on Aging in the subject line. A recording will be made of this meeting.**

**Topic: Executive Committee Hybrid Meeting**

**Registration is required**

**[https://zoom.us/webinar/register/WN\\_EW0MtoscQBWXJ-0NTSnw-w#/registration](https://zoom.us/webinar/register/WN_EW0MtoscQBWXJ-0NTSnw-w#/registration)**

**MISSION**

To identify the needs of older adults,  
develop overall planning to meet those needs,  
evaluate service delivery plans as implemented,  
and advocate on behalf of older persons

**DRAFT AGENDA**

- 1. Welcome**
- 2. Call to Order**
- 3. Approval of Agenda with additions**
- 4. Approval of February 2, 2026 2026 EC meeting minutes**
- 5. COA Executive Committee (ExCo) Business Meeting**

**A. Presentation**

(1).	
(2).	

**B. ExCo Information only**

(1).	Chair Report
(a)	Update on Age-Friendly Plan – March City Council Meeting
(b)	Presentation on the City Proposed FY 27 Budget – OMB Director Morgan Rhutt
(c)	Update on the General Assembly on NVAN and AARP legislative and budget priorities
(d)	Housing 2040 Open House and comments on draft recommendations and strategies
(e)	
(f)	
(2).	DAAS Staff Report -
(a)	
(b)	

**C. ExCo Discussion Items**

(1).	Age Friendly Plan next steps
(2).	Comments on Housing 2040 Draft Recommendations and Strategies

(3)	
(4)	
(5)	

**D. ExCo Decision Items**

(1).	Age Friendly Plan next steps
(2).	

**5. Planning for Thursday, March 12, 2026, 4:30 p.m. COA Monthly Meeting – In-Person**

**A. Presentation:**

(1).	Dr. Laurel Beedon – Senior Services of Alexandria, Board of Directors, and Wiser Women’s Institute for a Secure Retirement: “Managing Finances for both Caregivers and Those Cared for.”
(2).	

**B. COA Information Items**

(1).	Chair Report
(a)	
(b)	
(c)	
(2).	DAAS Staff Report
(a)	
(b)	

**C. COA Discussion Items**

(1).	Age Friendly Plan Next Steps
(2).	
(3).	
(4).	
(5).	
(6).	

**D. COA Decision Only Items**

(1).	Comments on Proposed City Budget
(2).	Comments on Housing 2040 Draft Recommendations and Strategies
(3).	Recruitment for COA Nominating Committee
(4).	
(5).	

**6. Planning for future COA meetings**

**A. Future Speakers**

(1).	April COA meeting
(2).	

**B. Additional items - Please submit other proposed speakers to [mschuster432@gmail.com](mailto:mschuster432@gmail.com)**

**7. Other Business**

**8. Announcements**

**A. Next (1) COA Executive Committee (ExCo) Meetings**

(1).	Date: Monday March 30, 2026 Time: 1:30 p.m. <b>PM</b> How: VIRTUAL
(2).	

**B. Next (1) COA Monthly Meeting**

(1).	Date: Thursday, April 9, 2026 Time: 4:30 – 6:00 PM – Virtual Speaker: TBD Topic:
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(2).

C. Other non-Alexandria COA events

	NVAN Legislative Group																		
(1)	Date: TBD Time: Hosts:																		
(2)																			
(3)	<p><b>NVAN Bi-Monthly Meeting</b> Date: March 17, 2026 Time: 9:30 a.m. Host: Alexandria Commission on Aging</p> <table border="1" data-bbox="407 552 1330 995"> <tr> <th colspan="2">Meeting Schedule / Rotation of Chairmanship</th> </tr> <tr> <th colspan="2">2025- 2026</th> </tr> <tr> <td>November 18, 2025</td> <td>Loudoun</td> </tr> <tr> <td>January 20, 2026</td> <td>Prince William</td> </tr> <tr> <td>March 17, 2026</td> <td>Alexandria</td> </tr> <tr> <td>April 21, 2026</td> <td>Legislative Brainstorming</td> </tr> <tr> <td>May 19, 2026</td> <td>Legislative Platform</td> </tr> <tr> <td>July 21, 2026</td> <td>Fairfax</td> </tr> <tr> <td>September 15, 2026</td> <td>Arlington</td> </tr> </table>	Meeting Schedule / Rotation of Chairmanship		2025- 2026		November 18, 2025	Loudoun	January 20, 2026	Prince William	March 17, 2026	Alexandria	April 21, 2026	Legislative Brainstorming	May 19, 2026	Legislative Platform	July 21, 2026	Fairfax	September 15, 2026	Arlington
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9. Public Comment

10. Adjourn

The City of Alexandria complies with the terms of the Americans with Disabilities Act (ADA). Anyone with a disability who wishes to request an accommodation may contact the Division of Aging and Adult Services at 703.746.5999 or Virginia Relay 711. Please provide at least 7 calendar days advance notice