

Minnie Howard Aquatic Facility- January 2026 Lap Lane Schedule Sunday

**Please note, this information is subject to change and is only applicable to the day and date range provided **

	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool										
7am																							
7:30am																							
8am																							
8:30am																							
9am													Alex Swim Classes: 9am-1pm										
9:30am	Simpson: 9:45am-5pm																						
10am																							
10:30am																							
11am		We Aquatics: 11am-5pm																					
11:30am																							
12pm																							
12:30pm																							
1pm		Dowden Terrace: 2:30pm-4pm (Skip date 1/25)								Parklawn: 1:45pm-5:30pm			Simpson: 12:30pm-6:30pm										
1:30pm																							
2pm																							
2:30pm																							
3pm																							
3:30pm		Dowden Terrace: 2:30pm-4pm (Skip date 1/25)								Parklawn: 1:45pm-5:30pm			Simpson: 12:30pm-6:30pm										
4pm																							
4:30pm																							
5pm																							
5:30pm										Parklawn: 1:45pm-5:30pm			Simpson: 12:30pm-6:30pm										
6pm																							
6:30pm																							
7pm	Facility Closed																						
7:30pm																							
8pm																							
8:30pm																							
9pm																							

Facility Closed

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[illegible]

Minnie Howard Aquatic Facility- January 2026 Lap Lane Schedule Tuesday

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[illegible]

Minnie Howard Aquatic Facility- January 2026 Lap Lane Schedule Wednesday

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[illegible]

Minnie Howard Aquatic Facility- January 2026 Lap Lane Schedule Thursday

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[illegible]

Minnie Howard Aquatic Facility- January 2026 Lap Lane Schedule Friday

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	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool
7am	Closed During School Hours												
7:30am													
8am													
8:30am													
9am													
9:30am													
10am													
10:30am													
11am													
11:30am													
12pm													
12:30pm													
1pm													
1:30pm													
2pm													
2:30pm													
3pm													
3:30pm	Closed Fridays, Special Events/ Swim Team Only												
4pm													
4:30pm													
5pm													
5:30pm													
6pm													
6:30pm													
7pm													
7:30pm													
8pm													
8:30pm													
9pm													

Minnie Howard Aquatic Facility- January 2026 Lap Lane Schedule Saturday

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	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool									
7am																						
7:30am		Fish Swim Team: 7:30am-9am (Skip date: 1/3)																				
8am																						
8:30am																						
9am																						
9:30am	Simpson: 9:45am-5pm								NOVA Syncro: 8:15am-11:30am				Alex Swim Classes: 9am-1pm									
10am		We Aquatics: 10am-5pm																				
10:30am																						
11am																						
11:30am																						
12pm																						
12:30pm																						
1pm																						
1:30pm																						
2pm																						
2:30pm									DC Syncro 12pm-2pm				Simpson: 12:30pm-6:30pm									
3pm																						
3:30pm																						
4pm																						
4:30pm																	Open to Public 2:30pm-6:30pm					
5pm																						
5:30pm																						
6pm																						
6:30pm																						
7pm	Facility Closed																					
7:30pm																						
8pm																						
8:30pm																						
9pm																						