

**Alexandria Commission on Aging (COA)
Executive Committee Meeting**

Draft Agenda

VIRTUAL

Monday, December 1, 2025 – 1:30 p.m.

This meeting is being held virtually. Public comment will be received at the meeting. Public comments can also be sent to daas@alexandriava.gov in advance of the meeting. Please indicate that your comments are for a meeting related to the Alexandria Commission on Aging in the subject line. A recording will be made of this meeting.

**Topic: Executive Committee Hybrid Meeting
Time: This is a recurring meeting Meet anytime
Join Zoom Meeting
<https://zoom.us/j/94709836534>**

**Meeting ID: 947 0983 6534
Passcode: 686958**

MISSION

To identify the needs of older adults,
develop overall planning to meet those needs,
evaluate service delivery plans as implemented,
and advocate on behalf of older persons

DRAFT AGENDA

- 1. Welcome**
- 2. Call to Order**
- 3. Approval of Agenda with additions**
- 4. Approval of November 3, 2025 EC meeting minutes**
- 5. COA Executive Committee (ExCo) Business Meeting**

A. Presentation

(1).	
(2).	

B. ExCo Information only

(1).	Chair Report
(a)	Update on Age-Friendly Plan – Go over any missing information
(b)	Transportation Commission Update
(c)	Review draft protocols for COA meetings
(d)	
(e)	
(f)	
(2).	DAAS Staff Report -
(a)	
(b)	

C. ExCo Discussion Items

(1).	Editorial changes to Age Friendly draft – What did we miss?
(2).	Draft COA meeting protocols
(3).	
(4).	
(5).	

D. ExCo Decision Items

(1).	Age Friendly Goals and Objectives edits
(2).	Draft COA meeting protocols

5. Planning for Thursday, December 11, 2025, 4:30 p.m. COA Monthly Meeting – Virtual

A. Presentation:

(1).	Tim Laderach, Chair of the Alexandria Economic Opportunity Commission
(2).	

B. COA Information Items

(1).	Chair Report
	(a)
	(b)
	(c)
(2).	DAAS Staff Report
	(a)
	(b)

C. COA Discussion Items

(1).	Transportation Commission Presentation on December 17th
(2).	Age Friendly Update
(3).	Draft Protocols for COA meetings
(4).	
(5).	
(6).	

D. COA Decision Only Items

(1).	Draft protocols for COA meetings
(2).	
(3).	
(4).	
(5).	

6. Planning for future COA meetings

A. Future Speakers

(1).	Bryan Porter, Alexandria Commonwealth Attorney – January 8, 2026
(2).	

B. Additional items - Please submit other proposed speakers to mschuster432@gmail.com

7. Other Business

8. Announcements

A. Next (1) COA Executive Committee (ExCo) Meetings

(1).	Date: Monday December 29, 2025 Time: 1:30 p.m. PM How: In-Person
(2).	

B. Next (1) COA Monthly Meeting

(1).	Date: Thursday, January 8, 2026 Time: 4:30 – 6:00 PM – VIRTUAL Speaker: TBD Topic:
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(2).	
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C. Other non-Alexandria COA events

	NVAN Legislative Group																		
(1)	Date: TBD Time: 1:00 to 2:00 p.m. Hosts:																		
(2)																			
(3)	NVAN Bi-Monthly Meeting Date: January 20, 2026 Time: 9:30 a.m. Host: Prince William County Commission on Aging <div data-bbox="407 552 1331 997" data-label="Table"> <table> <tr> <th colspan="2">Meeting Schedule / Rotation of Chairmanship</th></tr> <tr> <th colspan="2">2025- 2026</th></tr> <tr> <td>November 18, 2025</td><td>Loudoun</td></tr> <tr> <td>January 20, 2026</td><td>Prince William</td></tr> <tr> <td>March 17, 2026</td><td>Alexandria</td></tr> <tr> <td>April 21, 2026</td><td>Legislative Brainstorming</td></tr> <tr> <td>May 19, 2026</td><td>Legislative Platform</td></tr> <tr> <td>July 21, 2026</td><td>Fairfax</td></tr> <tr> <td>September 15, 2026</td><td>Arlington</td></tr> </table> </div>	Meeting Schedule / Rotation of Chairmanship		2025- 2026		November 18, 2025	Loudoun	January 20, 2026	Prince William	March 17, 2026	Alexandria	April 21, 2026	Legislative Brainstorming	May 19, 2026	Legislative Platform	July 21, 2026	Fairfax	September 15, 2026	Arlington
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9. Public Comment

10. Adjourn

The City of Alexandria complies with the terms of the Americans with Disabilities Act (ADA). Anyone with a disability who wishes to request an accommodation may contact the Division of Aging and Adult Services at 703.746.5999 or Virginia Relay 711. Please provide at least 7 calendar days advance notice