

# **ALEXANDRIA COMMISSION ON AGING MEETING AGENDA**

## **Draft Agenda**

**Meeting: Thursday, December 11, 2025, 4:30 PM – 6:30 PM**

**VIRTUAL**

This meeting is being held virtually. Electronic access will be provided. The meeting can be accessed by the public through the Zoom link or phone number provided below. Public comment will be received at the meeting. Public comments can also be sent to [daas@alexandriava.gov](mailto:daas@alexandriava.gov) in advance of the meeting. Please indicate that your comments are for a meeting related to the Alexandria Commission on Aging in the subject line. A recording will be made of this meeting.

**Zoom Link:** <https://zoom.us/j/97262502330>

**Meeting ID:** 972 6250 2330

**Password:** 968693

**Phone In number:** +1 301 715 8592

### **MISSION**

To identify the needs of older adults, develop overall planning to meet those needs, evaluate service delivery plans as implemented, and advocate on behalf of older adults

**MEMBERS: PLEASE READ THROUGH THE AGENDA & HAVE AVAILABLE FOR REFERENCE AT THE MEETING.**

1.     **4:30   Call to Order**
2.             **Approval of Agenda**
3.             **Approval of Thursday, November 13, 2025, Minutes**
4.     **4:35   Alexandria Police Department Liaison Report – Sgt. Ian Torrance**
5.     **4:40   Special Presentation: Tim Laderach – Chair, Economic Opportunities Commission.**
6.     **5:10   Executive and DAAS Reports**
7.     **5:25   Discussion and Action Items**
  - a. Age Friendly Plan – Next Steps
  - b. COA Meeting Protocols
  - c. Housing 2040 Study on older adult + options
  - d. NVAN Legislative Update
  - e. Future Speakers

**8. 6:00 Committee Updates**

1. Housing Committee - Co-Chairs, Michael Schuster and Lois Steele
2. Outreach Committee – Co-Chairs, Marshall Hespe & Barbara D’Agostino
3. Economic Security and Civic Engagement – Chair, Jessica Lefevre
4. Health /Dementia Friendly Committee – Chair, Barbara Huelat

**9. 6:15 Liaison Reports** – Please limit comments to **one minute** (during virtual meetings) and/or provide a written summary to [agingcommission@alexandriava.gov](mailto:agingcommission@alexandriava.gov)

1. Division of Aging and Adult Services – Chris Moore
2. Ladrey Senior High-Rise – Gaynelle Diaz
3. Human Rights Commission – Tom Reeder
4. AHA – Bob Eiffert
5. AARP – Jane King
6. NVAN – Michael Schuster
7. St. Martins de Porres Senior Center – Juanita Balenger
8. VHC Health (formerly, Virginia Hospital Center) – Cathy Turner
9. Partnership for a Healthier Alexandria – Tricia Rodgers
10. Senior Center @ Charles Houston – Pam Guerra
11. Senior Services of Alexandria – Marshall Hespe
12. Alexandria Commission on Employment, ACE –
13. Northern Virginia Falls Prevention Alliance, NVFPA – Marshall Hespe
14. Arlington Commission on Aging – Michael Schuster
15. Successful Aging Committee –
16. Recreation, Parks, and Cultural Activities –
17. Alexandria Adult Day Services Center, ADSC – Darrell Wesley
18. Housing Affordability Advisory Committee, AHAAC – Jan Macidul

**10. Other Business**

**11. New Business**

**12. Public comments – please limit your comments to 2 minutes**

**13. 6:30 Adjournment**

**Next Commission on Aging Meetings:**

**Executive Committee: December 29, 2025 – 1:30 – In-Person**

**Commission on Aging: January 8, 2026 - 4:30 –In-Person**

**Northern Virginia Network Meetings**

Meeting Schedule / Rotation of Chairmanship	
2025- 2026	
September 16, 2025	Arlington
November 18, 2025	Loudoun
January 20, 2026	Prince William
March 17, 2026	Alexandria
April 21, 2026	Legislative Brainstorming
May 19, 2026	Legislative Platform
July 21, 2026	Fairfax

**COMMISSION OFFICERS:** Michael Schuster, Co-Chair  
DT Oliver – Co-Chair  
Ana Rivas Beck, Vice Chair  
Kim Koch, Secretary

The business of the Commission on Aging is largely conducted by its committees. ALL COMMISSION AND COMMITTEE MEETINGS ARE OPEN TO THE PUBLIC. Please call the Division of Aging and Adult Services at 703.746.5999 for more information. In addition, the Commission has official liaisons with several other commissions, organizations or activities.

The City of Alexandria complies with the terms of the Americans with Disabilities Act (ADA). An individual with a disability who wishes to request a reasonable accommodation may contact the Division of Aging and Adult Services at 703.746.5999, email [DAAS@alexandriava.gov](mailto:DAAS@alexandriava.gov)

Visit the Division of Aging and Adult Services website for Commission on Aging agendas and minutes and other aging information: [www.Alexandriava.gov/aging](http://www.Alexandriava.gov/aging)

**The Alexandria Commission on Aging Racial Social Equity Committee**  
(as of June 01, 2021)

No one should be denied the opportunity to engage fully in our community.

We encourage people of different cultures, races, nationalities, immigration status, ages, abilities, sexual orientation, gender identities, and religious affiliation in Alexandria to be informed about and have access to the range of services available in the City, and to be engaged in civic life.

We are committed to representing a diverse community that represents the rich heritage of our city. We are committed to ensuring older persons have access: to affordable housing, transportation, health care, broadband, nutrition services and to opportunities for meaningful employment and related training.

Older adults and persons with serious medical conditions often experience various degrees of inequity, particularly in obtaining access to health care. It is essential to support older persons, family caregivers, and direct care workers since these residents face additional biases and hurdles.