

Minnie Howard Aquatic Facility- December 2025 Lap Lane Schedule Monday 12/1-12/19

Please note, this information is subject to change and is only applicable to the day and date range provided

[illegible]

Minnie Howard Aquatic Facility- December 2025 Lap Lane Schedule Tuesday 12/1-12/19

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[illegible]

Minnie Howard Aquatic Facility- December 2025 Lap Lane Schedule Wednesday 12/1-12/19

Please note, this information is subject to change and is only applicable to the day and date range provided

	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool			
7am	Closed During School Hours: Open 6pm-8:45pm															
7:30am																
8am																
8:30am																
9am																
9:30am																
10am																
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1:30pm																
2pm																
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4pm	ACPS Swim Team: 3:45pm-6pm. Public Hours 6pm-8:45pm															
4:30pm																
5pm																
5:30pm																
6pm	Simpson: 6pm-8:45pm	AVAC: 6:15pm-8:15pm										Simpson: 6pm-8:45pm				
6:30pm													Aqua Soothe: 6:30pm-7:15pm			
7pm																
7:30pm																
8pm																
8:30pm																
9pm																

Minnie Howard Aquatic Facility- December 2025 Lap Lane Schedule Thursday 12/1-12/19

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	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool			
7am	Closed During School Hours: Open 6pm-8:45pm															
7:30am																
8am																
8:30am																
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1:30pm																
2pm	ACPS Swim Team: 3:45pm-6pm. Public Hours: 6pm-8:45pm															
2:30pm																
3pm																
3:30pm																
4pm	ACPS Swim Team: 3:45pm-6pm. Public Hours: 6pm-8:45pm															
4:30pm																
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6pm	Simpson: 6pm-8:45pm	AVAC: 6:15pm-8:15pm								NOVA Syncro: 6:15pm-8:45pm			Simpson:6pm-8:45pm			
6:30pm																
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Minnie Howard Aquatic Facility- December 2025 Lap Lane Schedule Friday 12/1-12/19

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	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool
7am	Closed During School Hours												
7:30am													
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3:30pm													
4pm	Closed Fridays, Special Events/ Swim Team Only												
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Minnie Howard Aquatic Facility- December 2025 Lap Lane Schedule Saturday 12/1-12/19

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	1	2	3	4	5	6	7	8	9	10	11	12	Training Pool			
7am																
7:30am																
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9am																
9:30am	Simpson: 9:45am-5pm	We Aquatics: 10am-5pm								NOVA Syncro: 8:15am-11:30am (8am-3pm on 12/6 for competition)			Alex Swim Classes: 9am-1pm (Last Day: 12/13)			
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7pm	Facility Closed															
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Minnie Howard Aquatic Facility- December 2025 Lap Lane Schedule Sunday 12/1-12/19

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7am																
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9am													Alex Swim Classes: 9am-1pm			
9:30am	Simpson: 9:45am-5pm															
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11am		We Aquatics: 11am-5pm														
11:30am																
12pm																
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1pm																
1:30pm												Simpson: 12:30pm-6:30pm				
2pm													Open to Public: 2:30pm-6:30pm			
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7pm	Facility Closed															
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1pm	Simpson: 9:45am- 5pm	We Aquatics: 10am- 5pm													
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