



The City of Alexandria's **Early Childhood Wellness (ECW)** program offers support for young children (birth to age 5) and their caregivers, focusing on mental health and early intervention. Our goal is to support the social, emotional, and behavioral well-being of young children, ensuring positive outcomes for them and their caregivers.

WHO CAN BENEFIT?

- ✓ **Children (0-5 years):** receive developmentally appropriate support, learn positive social skills and strengthen emotional regulation, and are observed for early signs of social, emotional or behavioral concerns.
- ✓ **Parents:** receive professional guidance on how to support their child's socioemotional development.
- ✓ **Childcare Providers:** get insights on how to improve the classroom environment, teacher-child relationships and behavioral management strategies.

**WHAT WE
DO
MATTERS!**

SERVICES INCLUDE

- Infant and Early Childhood Mental Health Consultations
- Classroom Observations and Assessments
- Caregiver Coaching
- Early Childhood Workshops & Professional Development

If you would like additional information, or to request services, please scan the link below and a member of our team will contact you.



Contact Us

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