

Walk-in Address:
4850 Mark Center Drive, 2nd Floor

**SDA Hours for Walk-ins
and Phone Calls:**
Monday through Friday
9 a.m. to 5 p.m.

Walk-ins and Clinical Intakes accepted
until 2 p.m.

Same Day Access Phone Line:
703.746.3535

Email: CSBAccess@alexandriava.gov



Adult Behavioral Health Services



Child & Family Behavioral Health Services



Department of Community
and Human Services

Additional Resources:

The National Suicide Prevention Lifeline
Call 988 or chat at 988lifeline.org/chat.

Emergency Services 24/7
If you or someone you know is
experiencing a mental health emergency,
call 703.746.3401.

Military and Veteran Crisis Line 24/7
1.800.273.8255, or TEXT the Veteran Crisis
Line at 838255.

**Crisis Services for Individuals with
Developmental Disabilities 24/7:**
855.897.8278

Substance Use:
• If you or someone you know needs
inpatient treatment to address substance
use, call 703.746.3636
• Opioid Treatment: 703.746.3610

Child Protective Services | 703.746.5800

Adult Protective Services | 703.746.5778

Domestic Violence Hotline | 703.746.4911

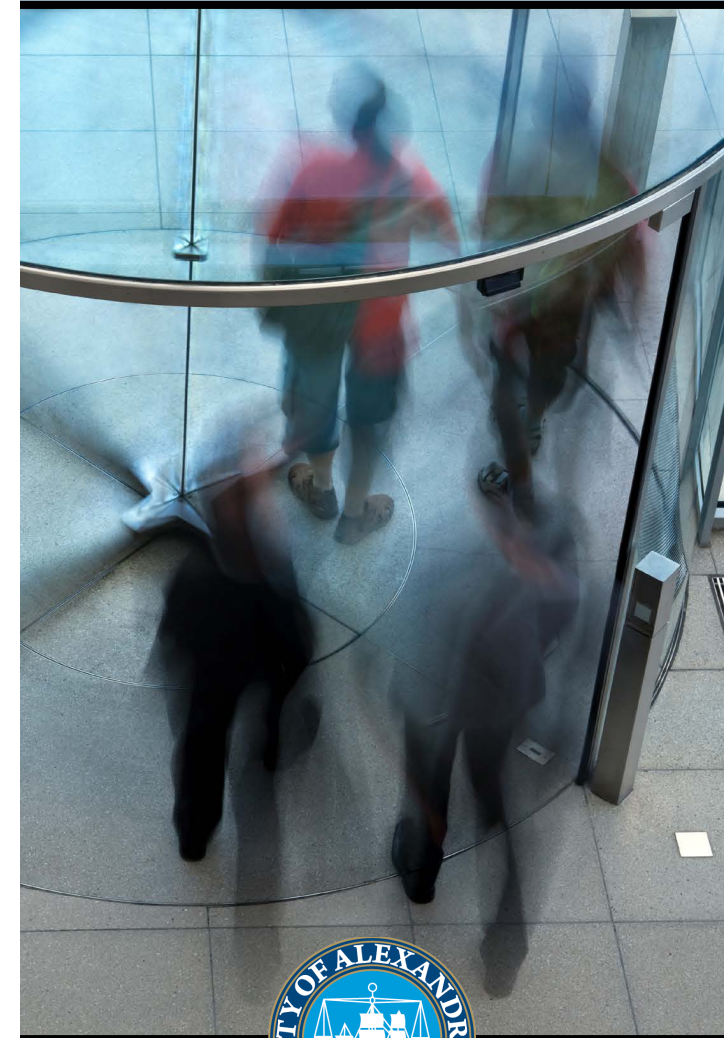


Community Services Board

Same Day Access (SDA)

Central Intake

For Mental Health and Substance
Use Disorder Services



Department of Community and
Human Services
4850 Mark Center Dr, 2nd Floor

THERE IS HOPE.

Services SDA Intake may refer to include:

- Case Management
- High Fidelity Wraparound Intensive Care Coordination for Youth and Their Families
- Intellectual/Developmental Disability Services
- Opioid Treatment
- Peer Support Services
- Psychiatry
- Psychological Testing for Youth
- Psychosocial Rehabilitation for Adults
- Psychotherapy (Individual, Family and Group): Office, Telehealth and School-based
- Residential Treatment
- Transitioning Adults into Living Successfully (TRAILS) - Young Adults Experiencing First Episode Psychosis
- Veterans Navigation
- Other Community Resources

The following documents are required at the time of intake:

Photo Identification

- Driver's license, State issued ID or passport (expired is acceptable)
- School ID for children

Proof of Residency in City of Alexandria

- Utility bill (such as gas, electric, or water) or
- Bank statement with the current address or
- Recent pay stub with current address

Income Verification – all recent

- Pay stubs
- Tax returns
- Social Security statements for disability
- Verification of additional benefits

Additional Documents

- Insurance card, if available
- Social Security card, if available
- Proof of guardianship when an individual is not able to legally consent, and a legal guardian has been appointed – original document, not photocopy
- Recent Hospital Discharge Report, if applicable
- Custody agreement, if applicable
- Individualized Education Plan (IEP), if applicable
- If you're a veteran, bring your DD Form 214

**If you have questions, please call
703.746.3535**

HELP IS WITHIN REACH.

•We prioritize access for those who are uninsured, Medicaid-insured or facing high levels of risk, and we collaborate with community partners for timely referrals when appropriate.

•Services are available to City of Alexandria residents or youth in City of Alexandria foster care.

•Services provided in English, Spanish, and other languages through interpretation services.

Service for Members of the Military, Veterans, and their Families (SMVF)

The City of Alexandria and Arlington County share a program designed to assist service members, veterans, and their families in connecting them with behavioral healthcare, developmental, and supportive services to reach their wellness goals.

