

¿NECESITAS AYUDA?

Si usted o alguien que le importa necesita ayuda con la adicción, llame en cualquier momento a la:

703.746.3535 | Admisión, Horario comercial
703.746.3636 | 24 horas
703.838.5054 | TTY

➡ Para aquellos que actualmente usan alcohol u otras drogas que necesitan un entorno seguro y de apoyo para abordar los síntomas físicos de abstinencia, llame al 703.746.3636 para comunicarse con la Línea de Tratamiento Residencial. La asistencia para acceder a los servicios locales está disponible las 24 horas del día, los 7 días de la semana.

➡ Para aquellos que usan intermitentemente o que recientemente han comenzado a establecer la abstinencia, llame a Central Intake al 703.746.3535 para programar una evaluación de sus necesidades y preferencias y para ser referido a los programas disponibles.

➡ Para aquellos que usan opioides (Heroína, Oxycontin, Percocet, Fentanilo, etc.) y que están interesados en participar en el Programa de Tratamiento de Opioides, llame al 703.746.3610 y deje un mensaje para hablar con el Coordinador de Ingesta de Opioides.

Need Help?

If you or someone you care about needs help with addiction, call anytime at:

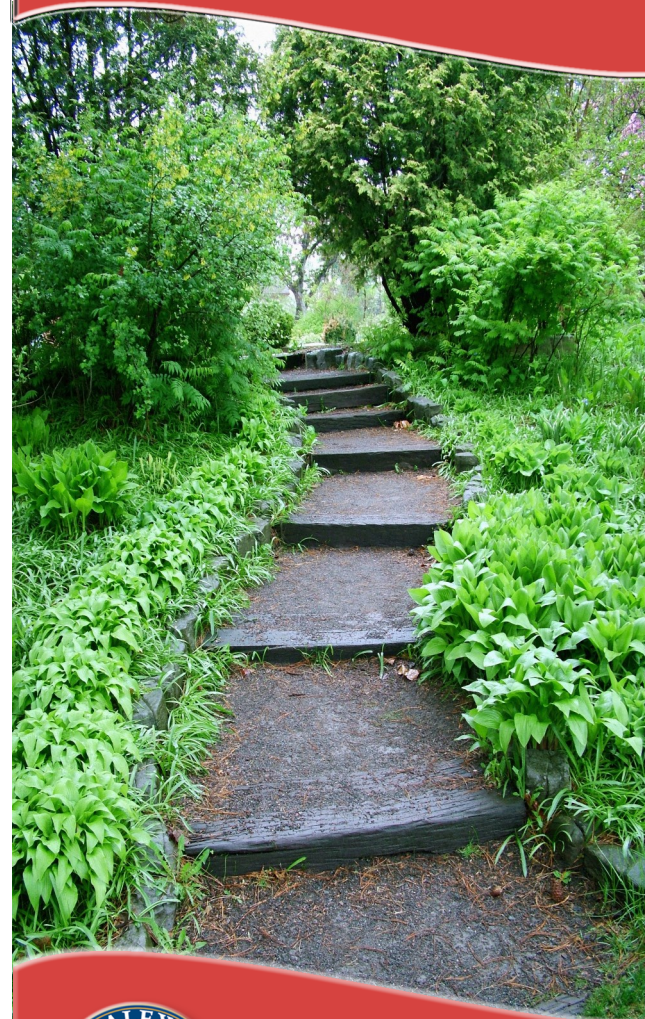
703.746.3535 | Intake, Business hours
703.746.3636 | 24 hours
703.838.5054 | TTY

➡ For those currently using alcohol or other drugs in need of a safe and supportive setting to address the physical withdrawal symptoms, please call 703.746.3636 to reach the Residential Treatment Line. Assistance in accessing local services is available 24/7.

➡ For those who use intermittently or who have recently begun establishing abstinence, please call Central Intake at 703.746.3535 to schedule an assessment of your needs and preferences and to be referred to available programs.

➡ For those who use opioids (heroin, Oxycontin, Percocet, fentanyl, etc) and who are interested in participating in the Opioid Treatment Program, please call 703.746.3610 and leave a message to speak with the Opioid Intake Coordinator.

Treatment Services for Substance Use Disorders



Department of
Community and
Human Services



Department of
Community and Human Services
4850 Mark Center Drive
Alexandria, VA 22311
703.746.3600 | 703.838.5054 TTY



703.746.3600

www.alexandriava.gov/DCHS



Residential Treatment Services

The Department of Community & Human Services partners with Arlington County and other local agencies to link residents with community-based intensive clinical services in a structured residential setting for individuals (age 18+) who are unable to stop using alcohol or drugs.

Most residential programs provide two levels of treatment to support and build early recovery skills. Withdrawal Management provides medical and nursing support to individuals whose substance use requires medical intervention for safe detoxification. These inpatient stays usually last 10-14 days based on medical assessments. Following safe substance withdrawal, individuals can access short- or long-term residential treatment programs, aimed at assisting individuals in identifying goals for ongoing stability, health, and recovery. Counselors, case managers, and recovery peers are available to support smooth transition back to the community and linkage to aftercare services.

Anyone who is unable to stop using alcohol or illicit drugs, or who has experienced problems associated with their use, may benefit from treatment. The cost of services is based on income.



Outpatient Services

Outpatient services offers adults (18+) combination of treatment services that help reduce symptoms of their substance use disorder, enhance stability, engage in recovery and improve their lives.

- A variety of group treatment options
- Individual therapy
- Psychiatric services
- Case management
- Peer recovery services
- Access to community services

Outpatient services are most helpful for those whose substance use creates problems in their lives, but who have a stable place to live and support for making changes.

Opioid Treatment Program

The Opioid Treatment Program (OTP) adds medication to the Outpatient Services. Therapy plus medication (Buprenorphine, Methadone) is the best treatment for those who are physically dependent on opioids. Through engagement in the program, adults (18+) develop a satisfying life free of illicit drugs. The medication, which is administered and monitored by medical and nursing staff, removes the cravings for opioids while therapy supports clients in learning relapse prevention skills and developing a recovery plan, thus improving their overall health.



Services for Family and Friends

For those whose friends or loved ones are concerned and/or supportive of their recovery, these options are available:

Understanding Recovery

Psychoeducational group is 13-week recovery group open to clients as well as to family and friends. Group is offered on Wednesdays from 11:00am to 12:00pm.

Outpatient Services

Senior therapists provide linkage to 12 step community such as AA, NA, Smart recovery, MA and CA. For those interested in online recovery community supports , following websites can be explored:

www.aaintherooms.com; www.aa-intergroup.org; www.soberrecovery.com; www.ca-online.org; www.ma-online.org

