

"We will work to ensure that all children, youth and families are physically safe and healthy."

- The City of Alexandria

### **CONTACT US**

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Department of Community and Human Services

### **Additional Resources**

**Department of Community and Human Services** 

Access Services: Customer Call Center, 703.746.5700 | Text 703.346.5599 Mon-Fri, 8 a.m.—5 p.m.

Center for Alexandria's Children, 703.746.6008 Child Welfare Services, 703.746.5757 Child & Family Behavioral Health, 571.213.7963 Early Childhood Division, 703.746.5437 Parent Infant Education, 703.746.3350

Aging and Adult Services, 703.746.5999

Emergency Services, 703.746.3401

Behavioral Health & Substance Use Intake, 703.746.3535

Outpatient Mental Health Services, 703.746.3400

Outpatient Substance Use Treatment, 703.746.3600

Residential Services Administration, 703.746.3500

Alexandria Vocational Services, 703.746.3333

Intellectual Disability Case Management, 703.746.3333

West End Wellness Center, 703.746.3456

Customer Relations 703.746.5700
Workforce Development Center, 703.746.5940
Eligibility/Benefits, 703.746.5801
Office of Community Services, 703.746.5901
Homeless Services, 703.746.5912

#### **123 N PITT ST.**

Domestic Violence Program, 703.746.4911 Sexual Assault Center, 703.683.7273

# Early Childhood Wellness



Department of Community and Human Services 4850 Mark Center Dr, 6th Floor Alexandria, VA

## **Who We Are**

The Early Childhood Wellness Program works in collaboration with Alexandria's early childhood community to promote the healthy social emotional and behavioral health and development of young children ages 0-5 by strengthening caregiver-child relationships.

The Early Childhood Wellness Team partners with caregivers to build healthy attachment relationships with a child, promote a child's positive social emotional growth, and support caregivers meet a child's specific needs.



# **Our Services**

- Infant and Early Childhood Mental Health Consultations
- Classroom Observations & Assessments
- **W** Caregiver Coaching
- Early Childhood Workshops& Professional Development



## **Who Can Benefit**

**Children(0-5years):** receive developmentally appropriate support, learn positive social skills and strengthen emotional regulation, and are observed for early signs of developmental or behavioral challenges.

**Parents:** receive professional guidance on how to support your child's socioemotional development.

**Childcare Providers:** get insights on how to improve the classroom environment, teacher-child relationships, and behavioral management strategies.

