



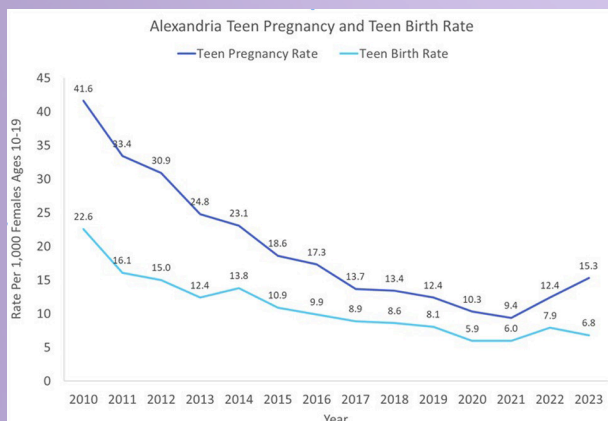
FOSTERING POSITIVE YOUTH DEVELOPMENT

ACAP's MISSION

To advocate for and elevate youth development and to prevent adolescent (ages 10-19) pregnancy by providing comprehensive sexuality education, technical assistance, connection to services, and prevention programs; raising public awareness; and supporting reproductive rights.

SUCCESSES

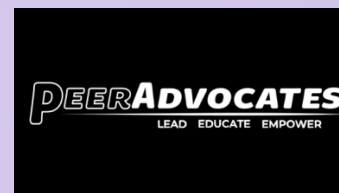
ACAP PREP has partnered with CYEP and TWU to target the most disproportionately impacted youth in the City, increased our curricula offered from four to seven, increased the size of the Peer Advocate program, supported the expansion of the YHelp! youth mental health program, partnered with Safe Space NOVA to train staff as Allied Providers, and aims to reach up to 4,650 youth annually via ACAP PREP partner programs and more than 150 youth in our Peer Advocate program. Since the inception of ACAP and then with federal funding through HHS via PREP, the adolescent pregnancy rates in the City have decreased substantially.



ACAP's GOAL

To reduce the teen pregnancy rate in the City of Alexandria 20% by 2027, from its rate in 2022 of 12.4 pregnancies per 1,000 females ages 10-19, to 9.9 per 1,000.

PROGRAM HIGHLIGHTS



Peer Advocates teach Alexandria teens about topics related to making healthy life choices and informing them about relevant community resources

weekly, after school. The peer advocates help plan workshops, presentations and events for youth in the Alexandria community, create social media content for @AlexandriaTeenLife and are youth representatives at community meetings including Children and Youth Community Plan, ACAP or Substance Abuse Prevention Coalition of Alexandria (SAPCA) board.



Wrap Up, Alexandria is free a condom distribution program designed to help people, especially young people, make positive choices about their sexual health. ACAP initiated this program, together with the City and many

community partners, to combat a multi-year increase in sexually transmitted infections among youth and other at-risk populations. Launched in December 2023, Wrap Up, Alexandria has dispensed more than 100K condoms in it's first year via 22 condom dispensers in the City.

COMMUNITY PARTNERS

- Capital Youth Empowerment Program (CYEP)
- Tenants and Workers United (TWU)
- Alexandria Public School
- Safe Space NOVA
- YHelp!
- Alexandria RPCA
- Teen Wellness Center



alexandriava.gov/ACAP