



**CITY OF ALEXANDRIA**

# **Health & Safety Coordinating Committee**

**March 7, 2025**





# Agenda

## **1. Committee Report:**

- Significant Change Data
- Data Report findings
  - Public Safety Improvements

## **2. Discussion Topic:**

- Complexities of inmate health & social services needs
- Facilitated conversation



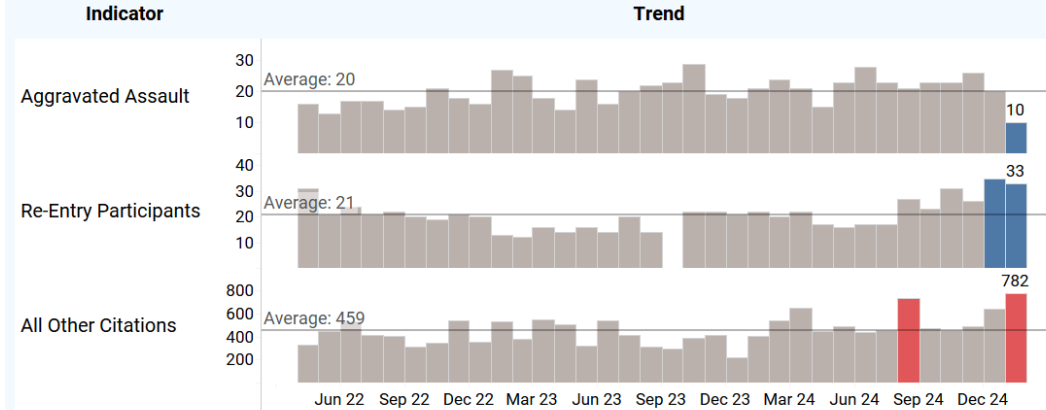
# Data Report: Significant Changes

## Significant Changes

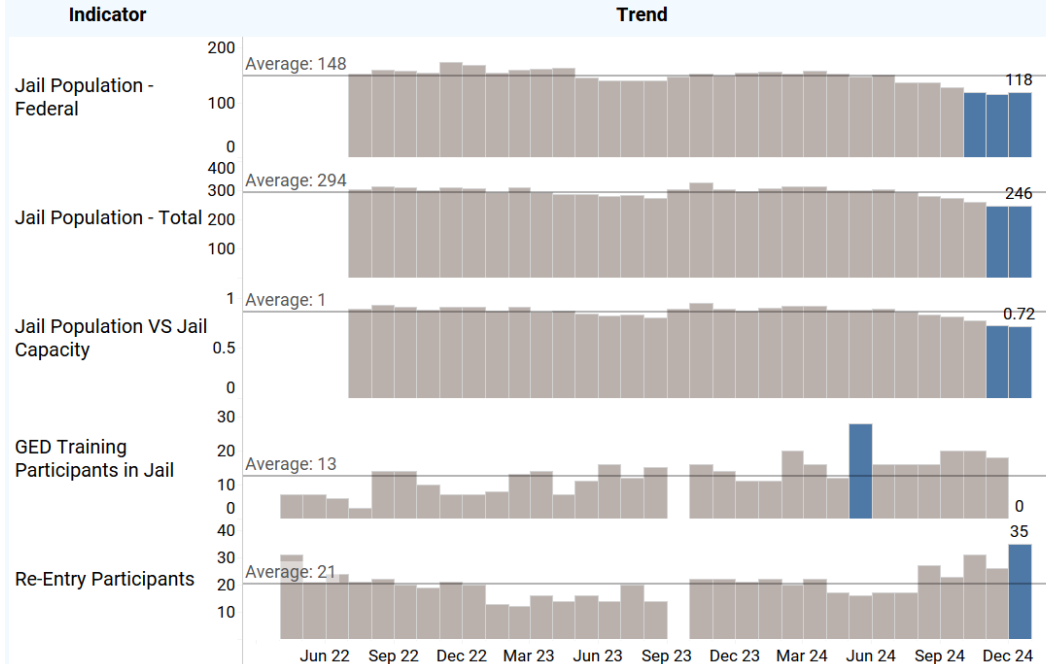
Indicators that were significantly different during the previous months from their average from data available from the past 3 years

- Significant Negative Change
- Significant Positive Change
- No Significant Change

### January 2025



### December 2024





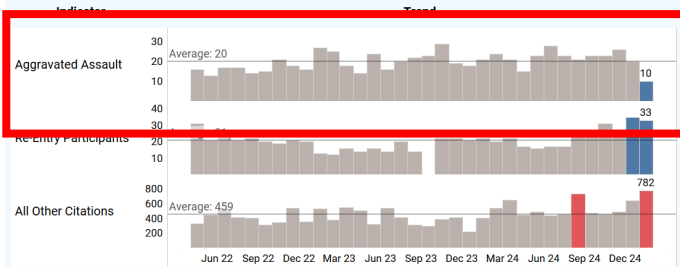
# Data Report

## Significant Changes

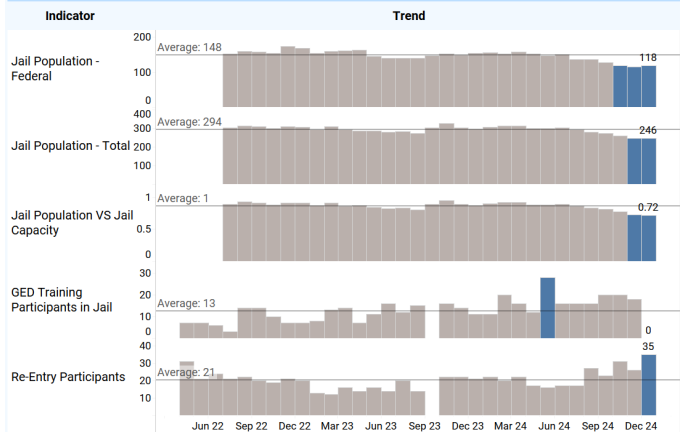
Indicators that were significantly different during the previous months from their average from data available from the past 3 years

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January 2025



December 2024



## Crime Year to Date Situational Awareness



# **Complexities of Inmate Health & Social Services Needs**





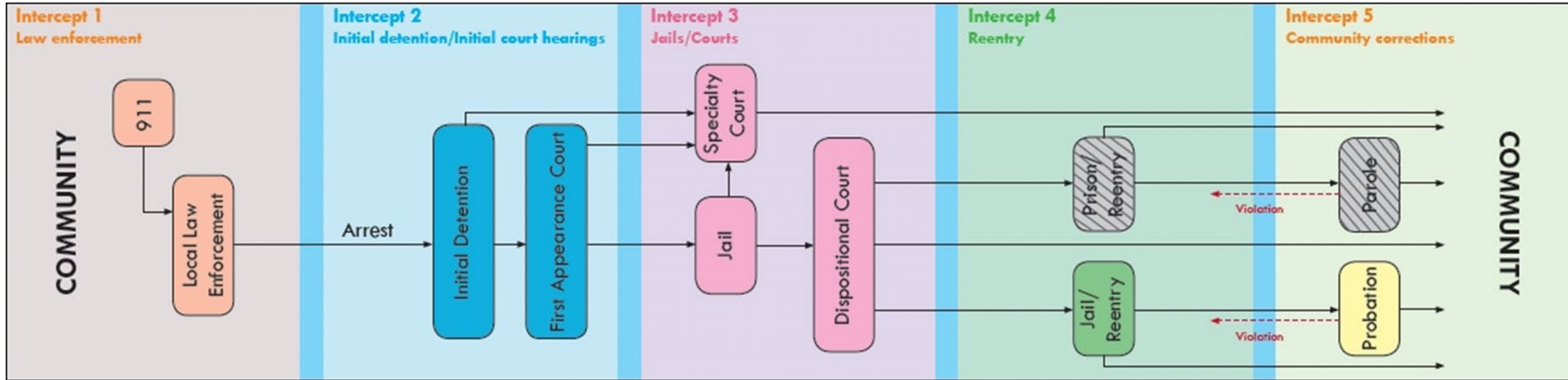
# DCHS and ASO History at a Glance

The Alexandria CSB and Sheriff's Office have a collaborative relationship dating back to at least 1987.

- Innovative programs like the Critical Care Unit and Sober Living Units were model programs in the State
- Over time, and since the pandemic, jail programming has changed to meet evolving needs
- Major changes since Covid have included:
  - Increased challenges in filling vacancies
  - Staff now focused on IRC (booking) and requests around the jail, rather than staff dedicated to each unit
  - Addition of Medication Assisted Treatment (MAT)

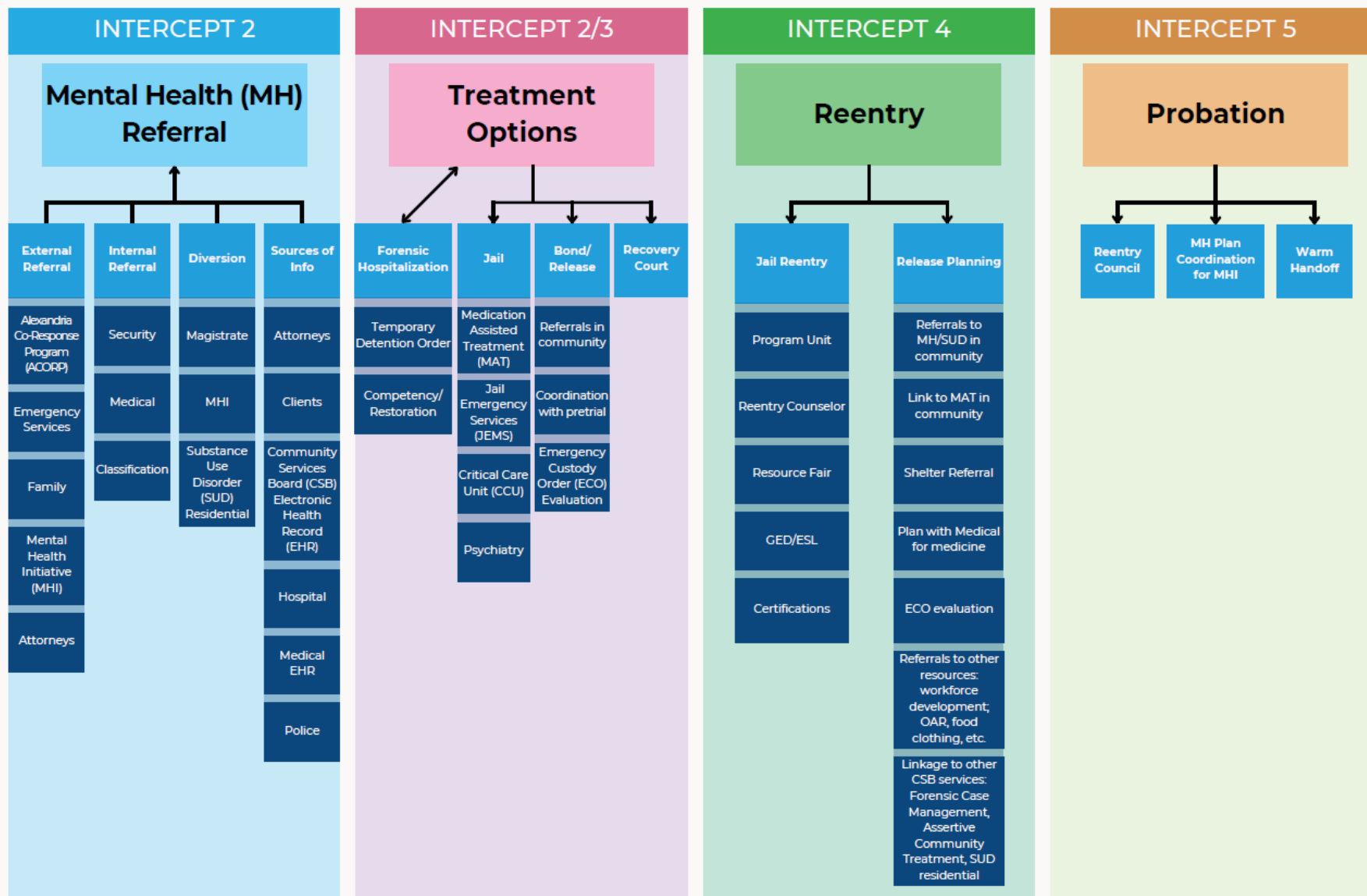


# Sequential Intercept Model





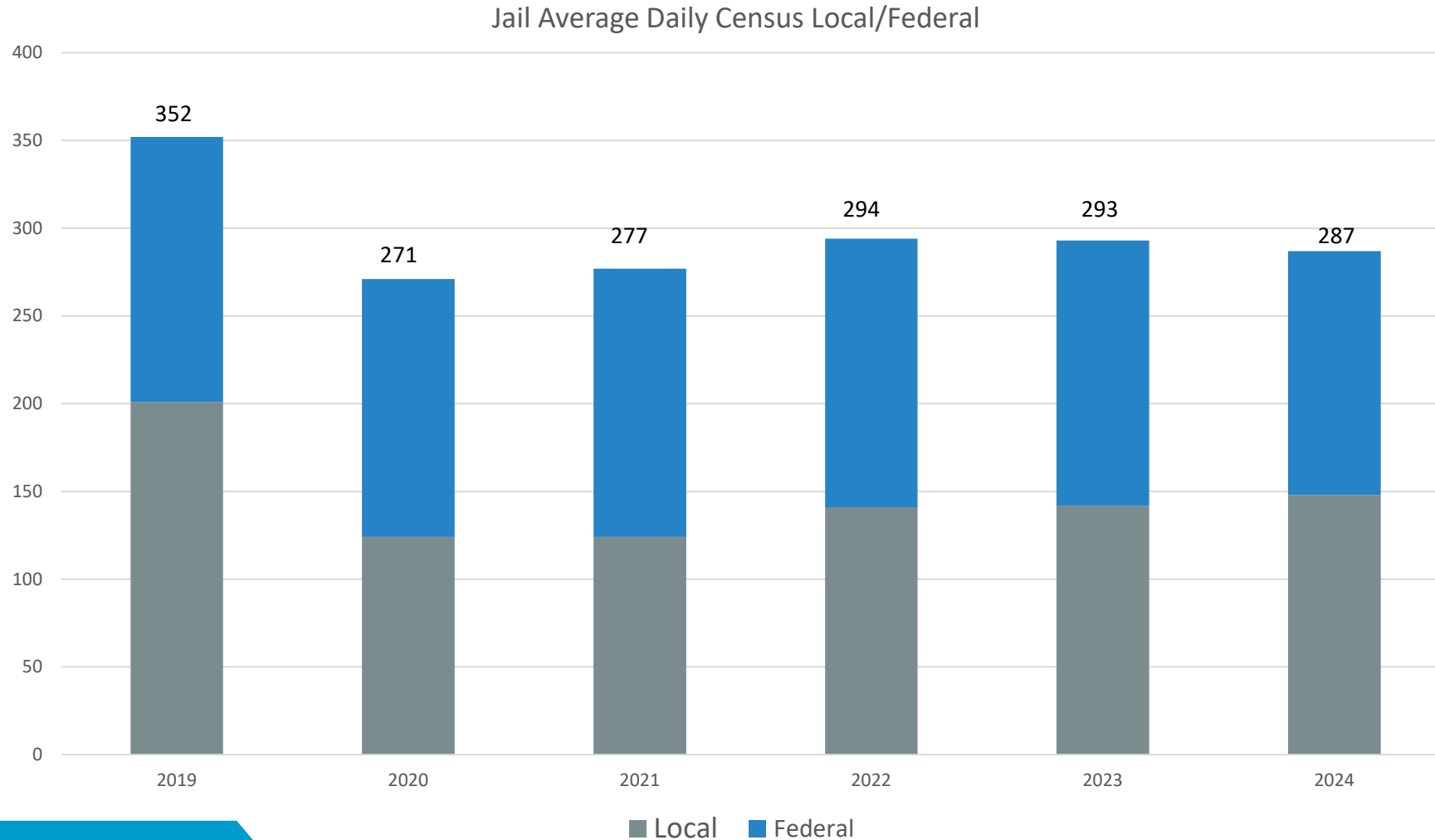
# COLLABORATION AND SERVICES







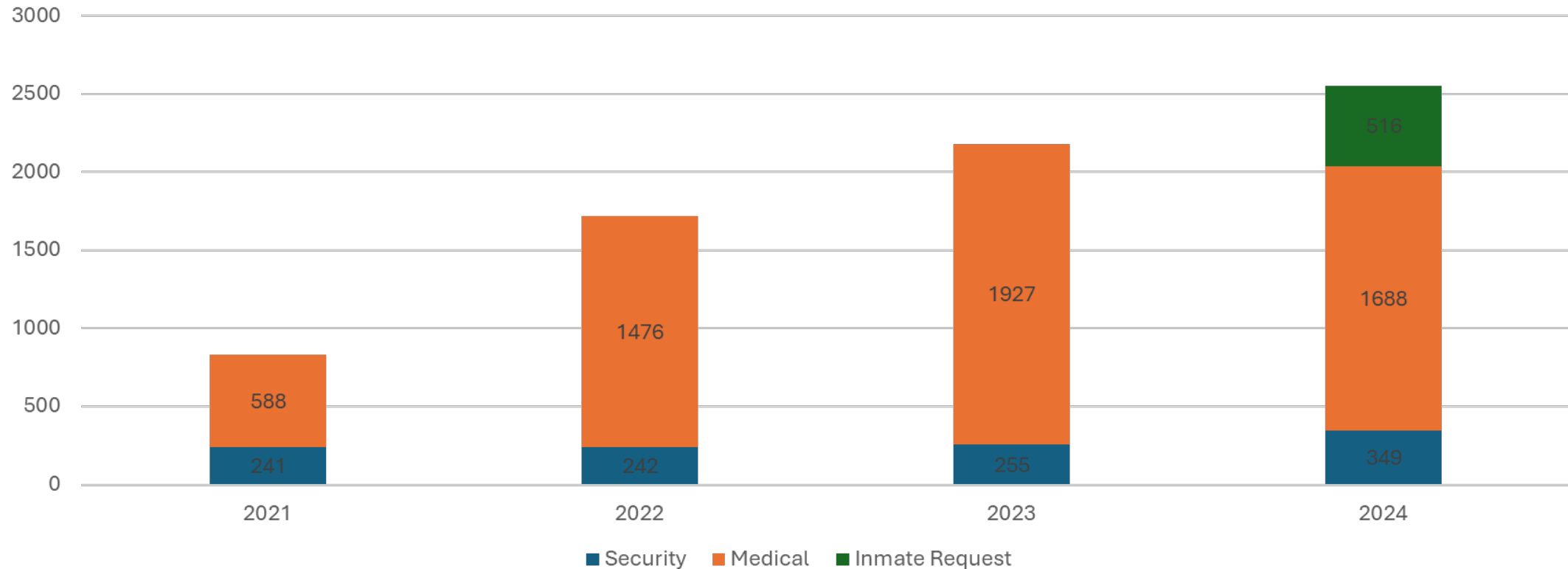
# Average Daily Census 2019-2024





# Mental Health Referrals

Mental Health Referrals by Source



\*Referrals include duplicated names from different reporting systems

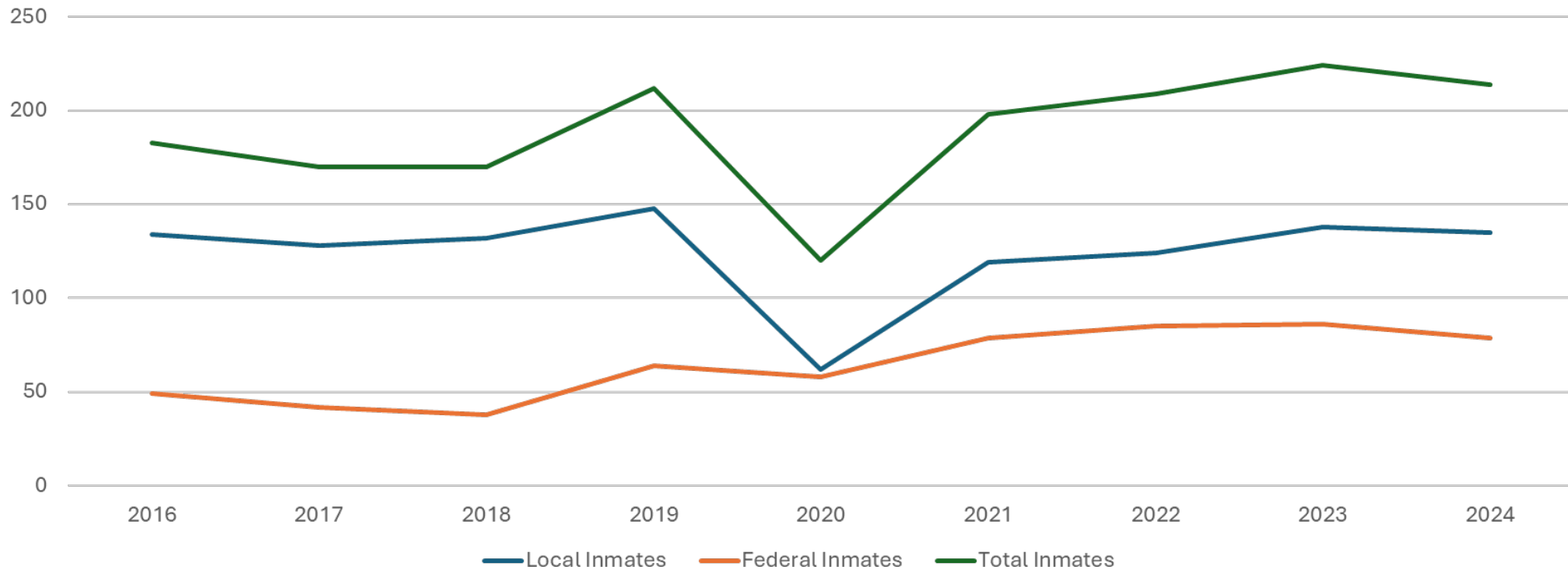
\*\*Inmate Request data was not recorded prior to July 2024



# Mental Health Data 2016-2024

## Annual June sample

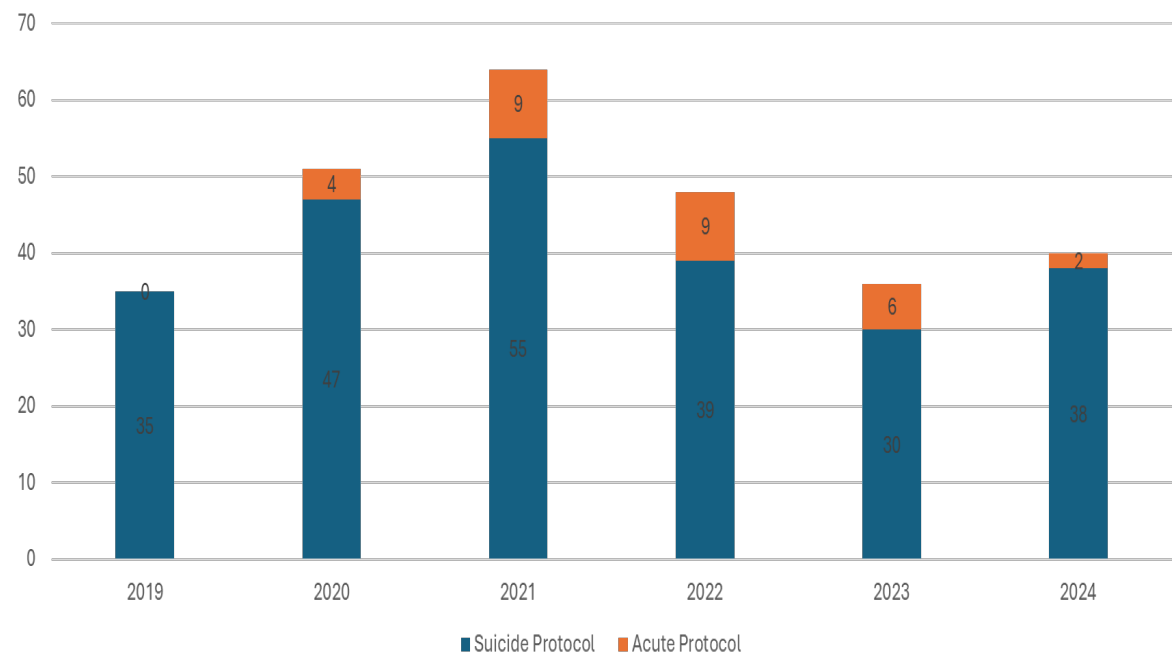
Number of Inmates seen annually in June



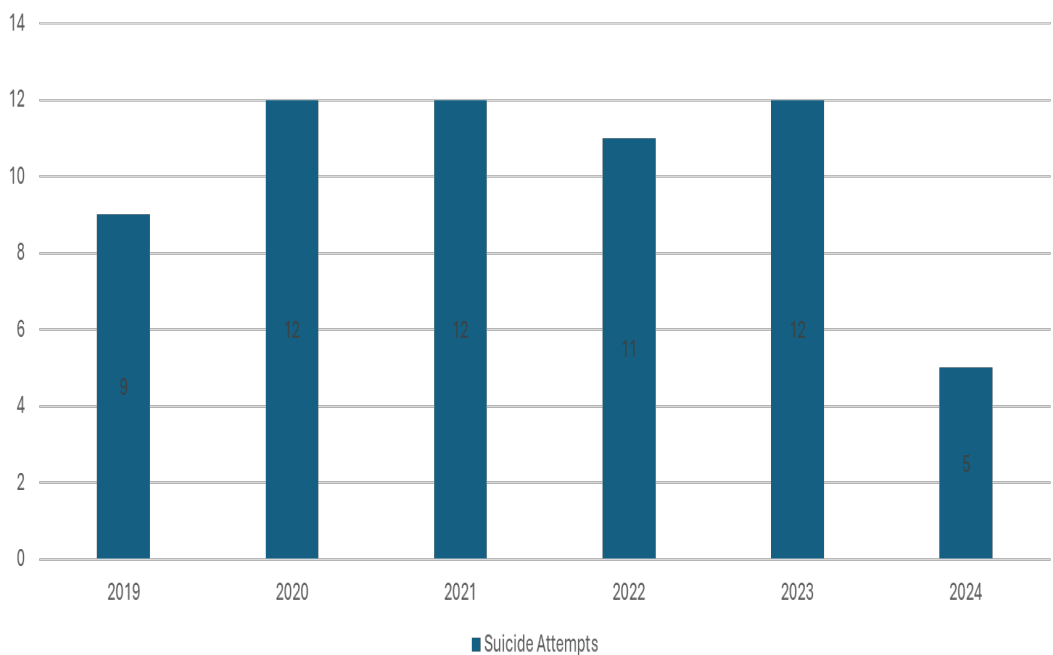


# Suicidal Behavior & Attempts 2019 - 2024

Suicidal Behavior



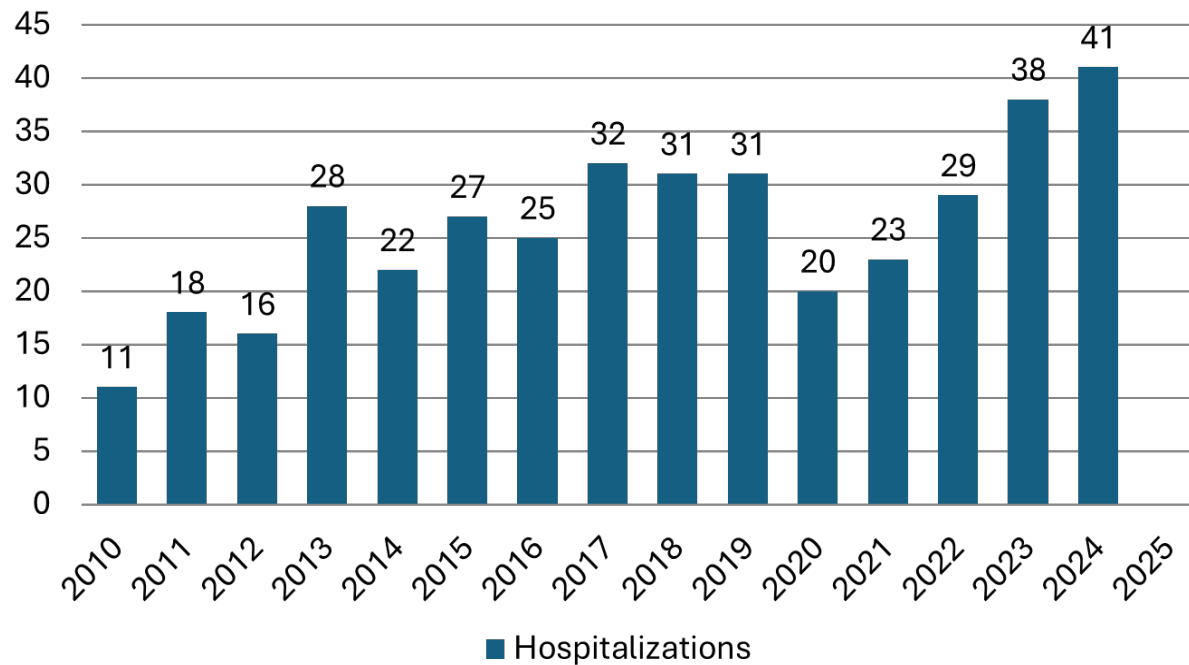
Suicidal Attempts





# Forensic Hospitalizations (Local/State)

Total Annual Forensic Hospitalizations



Hospitalizations by Type





# Case Studies

## Case 1

- Demographics: 40 y/o, Medicaid-insured, single White male who is an Alexandria resident
- Charge: Delivery of Narcotics or Marijuana to Prisoner
- Incarceration Episode: 08/22/2023 to 09/14/2023
- MH Interventions:
  - Coordination with CSB departments and attorney
  - Supportive counseling
  - Psychiatric services
  - Alexandria Recovery Court
  - Discharge planning to residential treatment program



# Case Studies

## Case 2

- Demographics: 22 y/o, insured, single White male who is a resident of Loudoun County
- Charge: Simple Assault On Law Enforcement
- Incarceration Episode: 08/13/2023 to 12/15/2023
- MH Interventions:
  - Supportive counseling and care coordination
  - Housing in the Critical Care Unit
  - Psychiatric services
  - Risk assessment and crisis intervention provided by the Jail MH Team and Emergency Services
  - Forensic hospitalization and coordination with the hospital
  - Discharge planning with family and attorney



# Question #1 for Small Group Discussion

What are the barriers to providing effective treatment and supports in this setting?

How can they be overcome?





# Question #2 in Mentimeter

Of the ideas generated,  
what is the priority?

Menti.com

Use code 7628 4634





# Question #2 in Mentimeter

Results



# Question #3 for Full Group Discussion

Who is missing from this conversation?

# FY25 Workplan

## PROPOSED WORKPLAN

### **May (with CCJB)**

Focus Area: Housing for Formerly Incarcerated  
(aligns with CCJB Priority)