

Other Community Resources

INOVA ALEXANDRIA HOSPITAL EMERGENCY ROOM | 703.504.3066

4320 Seminary Road | Alexandria, VA 22304

Alexandria Hospital ER can conduct psychiatric evaluations of adults and children for the purposes of voluntary admissions.

CHILDREN'S REGIONAL CRISIS RESPONSE (CR2) | 1.844.627.4747

CR2 provides no-cost, 24/7 crisis intervention and ongoing support services for children age 17 and younger and their families.

REACH | 1.855.897.8278

REACH provides no-cost, 24/7 crisis intervention and referrals to adults and children with intellectual and/or developmental disabilities.

INOVA PSYCHIATRIC ASSESSMENT CENTER (IPAC) | 703.289.7560

8221 Willow Oaks Corporate Drive, Suite 420
Fairfax, VA 22031

IPAC is the point of access for INOVA's outpatient services, including addiction treatment, partial hospitalization, medication evaluation and others. IPAC accepts Medicaid, Medicare, and most major insurances.

RIVERSIDE MENTAL HEALTH (RMH) | 571.257.4398

25 South Quaker Lane, Unit 35 | Alexandria, VA 22314

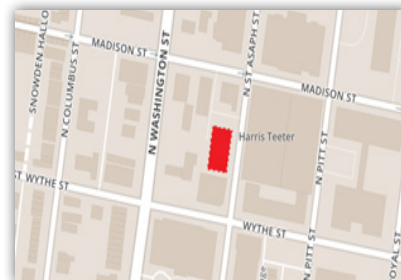
RMH provides psychiatry and therapy services to adults and children. It accepts Medicaid, Medicare, and most major insurances. It also offers sliding-scale self-pay.

Your Information

YOUR INSURANCE PROVIDER

PROVIDER PHONE NUMBER

YOUR POLICY NUMBER



MANAGING MENTAL HEALTH: Treatment Options



Department of
Community and
Human Services

703.746.3400
www.alexandriava.gov/DCHS



Department of Community
and Human Services
4850 Mark Center Drive
Alexandria, VA 22311
703.746.3400



**DEPARTMENT OF COMMUNITY AND
HUMAN SERVICES | EMERGENCY SERVICES |
703.746.3401 (24 HOUR NUMBER)**

4850 Mark Center Drive | Alexandria, VA 22311

Emergency Services conducts evaluations and provides guidance in cases of mental health crises to determine appropriate interventions. Clinicians are available by phone 24 hours a day, 7 days a week. Individuals may also be seen at Emergency Services' office location during business hours and some evenings. Clinicians also conduct evaluations at INOVA Alexandria Hospital and in the community. Some of the interventions available include:

- Referral to outpatient mental health services
- Earliest available appointment (for existing clients)
- Referral to Crisis Stabilization Unit
- Voluntary or involuntary hospital admission for psychiatric treatment

**ALEXANDRIA POLICE |
CRISIS INTERVENTION OFFICERS**

3600 Wheeler Avenue | Alexandria, VA 22304

Call **911** if you believe that you or another person is in immediate danger.

The Alexandria Police Department has trained most of its officers and staff in Crisis Intervention for individuals experiencing psychiatric crises. If you believe that you or another person is in immediate danger and that an officer trained in crisis intervention may be beneficial, please request that a "CIT" officer be sent when you are calling 911.

For a non life-threatening emergency, request police assistance or a CIT officer by calling nonemergency police at **703.746.4444**.

EMERGENCY CUSTODY ORDER

Magistrate's Office/Adult Detention Center
2001 Mill Road | Alexandria, VA 22314

In some cases, it may not be appropriate or feasible for an Emergency Services clinician to conduct an evaluation. If you are still concerned about an individual and think he or she may be a risk to his or herself or others, unable to provide for his or her basic needs, or unable to protect his or herself, you may petition to obtain an Emergency Custody Order (ECO) from the Alexandria Magistrate's Office, located at the Alexandria Adult Detention Center. An ECO provides an opportunity for an individual to be evaluated and, if appropriate, referred for further treatment. The procedure for obtaining an ECO is below.

- 1** Travel to the Alexandria Detention Center at 2001 Mill Rd., Alexandria, VA 22314. Be sure to bring photo identification.
- 2** Enter through security and advise them you are there to request an Emergency Custody Order from the Magistrate; they will direct you where to go.
- 3** Once at the Magistrate's office, inform them that you would like to request an ECO for the individual about whom you have concerns.

You will also be asked to swear an oath and provide the reason(s) for why you are requesting an ECO. You will be asked to provide basic demographic information such as the name, date of birth, physical description and address for the individual.
- 4** **If an ECO is granted**, police officers will be dispatched to that individual's location to place them into custody for an evaluation at INOVA Alexandria Hospital ER.
- 5** **If an ECO is not granted**, you may contact Emergency Services at **703.746.3401** for further assistance.

**DEPARTMENT OF COMMUNITY AND
HUMAN SERVICES | BEHAVIORAL
HEALTH SERVICES & INTAKE |
703.746.3535 (ADULT SERVICES)
571.213.7963 (YOUTH & FAMILY SERVICES)**

4850 Mark Center Drive | Alexandria, VA 22311

The Department of Community and Human Services offers a variety of services for adults with mental health needs residing in the City of Alexandria, including:

- Psychiatry
- Therapy
- Case Management
- Substance Use Treatment
- Day Program

If you would like to schedule an intake for an adult to receive services, you may do so by calling **703.746.3535**.

In addition to adult services, the Youth and Family Team offers services for school-aged children with mental health needs. For an intake with the Youth and Family Team, call **571.213.7963**.

**DEPARTMENT OF COMMUNITY AND
HUMAN SERVICES | SUBSTANCE USE
RESIDENTIAL TREATMENT PROGRAM |
703.746.3636**

4850 Mark Center Drive | Alexandria, VA 22311

The Substance Abuse Residential Treatment Program can provide immediate services to adults who may be using or abusing substances. If you feel you or someone you know is in need of immediate services, call **703.746.3636**. If you or someone you know is in need of ongoing, outpatient substance abuse services, please call Adult Services Intake at **703.746.3535**.