



Chinquapin Rixse Memorial Pool

JANUARY SCHEDULE

MONDAY

Lanes available unless noted. Limited lanes 3pm-8pm **Lane availability is subject to change.**

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL
6:00 AM						POTOMAC MARLINS 6AM-630AM				6:00 AM
6:30 AM										6:30 AM
7:00 AM										7:00 AM
7:30 AM										7:30 AM
8:00 AM										8:00 AM
8:30 AM										8:30 AM
9:00 AM								AQUA AEROBICS 9AM-10AM		9:00 AM
9:30 AM										9:30 AM
10:00 AM	WE Aquatics 10AM-1PM									10:00 AM
10:30 AM									Deep Water Aqua Aero 10:10-11:10	10:30 AM
11:00 AM										11:00 AM
11:30 AM										11:30 AM
12:00 PM										12:00 PM
12:30 PM										12:30 PM
1:00 PM										1:00 PM
1:30 PM										1:30 PM
2:00 PM			WE Aquatics 2:00PM-7:00PM							2:00 PM
2:30 PM						St Stephens & St Agnes MS Swim Team 2:30-3:15pm			2:30 PM	
3:00 PM	ALEX SWIM SWIM LESSONS 3:00PM-8:15PM									3:00 PM
3:30 PM							Alexandria Country Day School Swim Team: 3:30pm-4:30pm		3:30 PM	
4:00 PM									4:00 PM	
4:30 PM									4:30 PM	
5:00 PM						POTOMAC MARLINS 500-6:30P	POTOMAC MARLINS 500-730PM		5:00 PM	
5:30 PM									5:30 PM	
6:00 PM										6:00 PM
6:30 PM										GET IN DEEP 630-715PM
7:00 PM									7:00 PM	
7:30 PM		Aqua Zumba 7:15-8:05							7:30 PM	
8:00 PM									8:00 PM	
8:30 PM	POOL CLOSING AT 8:45PM									8:30 PM
9:00 PM										
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL



Chinquapin Rixse Memorial Pool

JANUARY SCHEDULE

TUESDAY

Lanes available unless noted. Limited lanes 3pm-8pm Lane availability is subject to change.

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL	
6:00 AM											6:00 AM
6:30 AM											6:30 AM
7:00 AM											7:00 AM
7:30 AM											7:30 AM
8:00 AM											8:00 AM
8:30 AM											8:30 AM
9:00 AM											9:00 AM
9:30 AM											9:30 AM
10:00 AM											10:00 AM
10:30 AM											10:30 AM
11:00 AM	WE Aquatics 10AM-1PM	WATER WALKING 1055AM-1155AM									11:00 AM
11:30 AM											11:30 AM
12:00 PM											12:00 PM
12:30 PM											12:30 PM
1:00 PM											1:00 PM
1:30 PM											1:30 PM
2:00 PM											2:00 PM
2:30 PM											2:30 PM
3:00 PM											3:00 PM
3:30 PM											3:30 PM
4:00 PM	ALEX SWIM SWIM LESSONS 3:00PM-8:15PM										4:00 PM
4:30 PM											4:30 PM
5:00 PM											5:00 PM
5:30 PM											5:30 PM
6:00 PM											6:00 PM
6:30 PM											6:30 PM
7:00 PM											7:00 PM
7:30 PM											7:30 PM
8:00 PM											8:00 PM
8:30 PM											8:30 PM
9:00 PM	POOL CLOSSES AT 8:45PM										9:00 PM
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	

WE Aquatics
10AM-1PM

WATER WALKING
1055AM-1155AM

AQUA EXERCISE FOR SENIORS 815AM-900AM

AQUA EXERCISE FOR SENIORS 930AM-1015AM

WE Aquatics
2:00PM-6:30PM

St Stephens & St Agnes HS
Swim Team 3-4PM

POTOMAC
MARLINS
430-6:00P

POTOMAC MARLINS
430PM-8PM

HI/LO WATER AEROBICS
630PM-730PM

ALEX LTS
630P-8:15P

POOL CLOSSES AT 8:45PM



Chinquapin Rixse Memorial Pool

JANUARY SCHEDULE

WEDNESDAY

Lanes available unless noted. Limited lanes 3pm-8pm **Lane availability is subject to change.**

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL	
6:00 AM						POTOMAC MARLINS 6AM-630AM					6:00 AM
6:30 AM											6:30 AM
7:00 AM											7:00 AM
7:30 AM											7:30 AM
8:00 AM											8:00 AM
8:30 AM											8:30 AM
9:00 AM								AQUA AEROBICS 9AM-10AM			9:00 AM
9:30 AM											9:30 AM
10:00 AM	WE Aquatics 10AM-1PM										10:00 AM
10:30 AM										Deep Water Aqua Aero 10:10-11:10	10:30 AM
11:00 AM											11:00 AM
11:30 AM											11:30 AM
12:00 PM											12:00 PM
12:30 PM		Aqua Aerobics for Arthritis 12-12:45pm									12:30 PM
1:00 PM											1:00 PM
1:30 PM											1:30 PM
2:00 PM			WE Aquatics 2:00PM-7:00PM								2:00 PM
2:30 PM						St Stephens & St Agnes MS Swim Team 2:30-3:15pm					2:30 PM
3:00 PM	ALEX SWIM SWIM LESSONS 3:00PM-8:15PM										3:00 PM
3:30 PM								Alexandria Country Day School Swim Team: 3:30pm-4:30pm			3:30 PM
4:00 PM										4:00 PM	
4:30 PM										4:30 PM	
5:00 PM						POTOMAC MARLINS 430-6:00P	POTOMAC MARLINS 430PM-700PM				5:00 PM
5:30 PM											5:30 PM
6:00 PM											6:00 PM
6:30 PM											6:30 PM
7:00 PM										DEEP WATER 630PM-730PM 740PM-840PM	7:00 PM
7:30 PM											7:30 PM
8:00 PM											8:00 PM
8:30 PM											8:30 PM
9:00 PM	POOL CLOSSES AT 8:45PM										9:00 PM
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	



Chinquapin Rixse Memorial Pool

JANUARY SCHEDULE

THURSDAY

Lanes available unless noted. Limited lanes 3pm-8pm **Lane availability is subject to change.**

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL	
6:00 AM										6:00 AM	
6:30 AM										6:30 AM	
7:00 AM										7:00 AM	
7:30 AM										7:30 AM	
8:00 AM										8:00 AM	
8:30 AM							AQUA EXERCISE FOR SENIORS 815AM-900AM			8:30 AM	
9:00 AM										9:00 AM	
9:30 AM							AQUA EXERCISE FOR SENIORS 930AM-1015AM			9:30 AM	
10:00 AM	WE Aquatics 10AM-1PM									10:00 AM	
10:30 AM										10:30 AM	
11:00 AM		WATER WALKING 1055AM-1155AM								11:00 AM	
11:30 AM										11:30 AM	
12:00 PM										12:00 PM	
12:30 PM										12:30 PM	
1:00 PM										1:00 PM	
1:30 PM										1:30 PM	
2:00 PM							St Stephens & St Agnes MS Swim Team 2:30- 3:15pm			2:00 PM	
2:30 PM										2:30 PM	
3:00 PM	ALEX SWIM SWIM LESSONS 3:00-8:15P									3:00 PM	
3:30 PM										3:30 PM	
4:00 PM										4:00 PM	
4:30 PM										4:30 PM	
5:00 PM							POTOMAC MARLINS 430-6:00P			5:00 PM	
5:30 PM										5:30 PM	
6:00 PM							POTOMAC MARLINS 430PM-8PM			6:00 PM	
6:30 PM										6:30 PM	
7:00 PM										7:00 PM	
7:30 PM										7:30 PM	
8:00 PM										8:00 PM	
8:30 PM										8:30 PM	
9:00 PM	POOL CLOSSES AT 8:45PM										9:00 PM
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	



Chinquapin Rixse Memorial Pool

JANUARY SCHEDULE

FRIDAY

Lanes available unless noted. Limited lanes 3pm-8pm **Lane availability is subject to change.**

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL
6:00 AM						POTOMAC MARLINS 6AM-630AM				6:00 AM
6:30 AM										6:30 AM
7:00 AM										7:00 AM
7:30 AM										7:30 AM
8:00 AM										8:00 AM
8:30 AM										8:30 AM
9:00 AM										9:00 AM
9:30 AM										9:30 AM
10:00 AM	WE Aquatics 10AM-1PM									10:00 AM
10:30 AM										10:30 AM
11:00 AM										11:00 AM
11:30 AM										11:30 AM
12:00 PM										12:00 PM
12:30 PM										12:30 PM
1:00 PM										1:00 PM
1:30 PM										1:30 PM
2:00 PM	FAMILY SWIM 2:00-5:45PM		We Aquatics 2:00PM-5:30PM							2:00 PM
2:30 PM							St Stephens & St Agnes MS Swim Team 2:30-3:15pm			2:30 PM
3:00 PM										3:00 PM
3:30 PM										3:30 PM
4:00 PM									4:00 PM	
4:30 PM									4:30 PM	
5:00 PM									5:00 PM	
5:30 PM									5:30 PM	
6:00 PM	POOL CLOSES at 5:45p.m									6:00 PM
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL



Chinquapin Rixse Memorial Pool

JANUARY SCHEDULE

SATURDAY

Birthday Parties 1:30pm-2:30pm & 3:30pm-4:30pm **Lane availability is subject to change.**

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL	
8:00 AM											8:00 AM
8:30 AM											8:30 AM
9:00 AM		Hi/Lo 9:05-9:55									9:00 AM
9:30 AM											9:30 AM
10:00 AM											10:00 AM
10:30 AM											10:30 AM
11:00 AM		ALEX SWIM SWIM LESSONS 9:00AM-1:30PM									11:00 AM
11:30 AM											11:30 AM
12:00 PM											12:00 PM
12:30 PM											12:30 PM
1:00 PM											1:00 PM
1:30 PM											1:30 PM
2:00 PM											2:00 PM
2:30 PM											2:30 PM
3:00 PM											3:00 PM
3:30 PM											3:30 PM
4:00 PM											4:00 PM
4:30 PM											4:30 PM
5:00 PM											5:00 PM
5:30 PM											5:30 PM
6:00 PM	POOL CLOSSES AT 5:45PM										6:00 PM
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVE WELL	



Chinquapin Rixse Memorial Pool

JANUARY SCHEDULE

SUNDAY

Birthday Parties 1:30pm-2:30pm & 3:30pm-4:30pm Lane

	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	DIVING WELL		
8:00 AM											8:00 AM	
8:30 AM											8:30 AM	
9:00 AM	ALEX SWIM SWIM LESSONS 9:00AM-1:30PM							AQUA ZUMBA 9:00-10:00			9:00 AM	
9:30 AM											9:30 AM	
10:00 AM				WAHOOS								10:00 AM
10:30 AM				WAHOOS								10:30 AM
11:00 AM	ALEX SWIM SWIM LESSONS 9:00AM-1:30PM			WE Aquatics 11:00am-2:30pm							11:00 AM	
11:30 AM											11:30 AM	
12:00 PM						WE AQUATIC SWIM TEAM						12:00 PM
12:30 PM												12:30 PM
1:00 PM	FAMILY SWIM BIRTHDAY PARTIES 1:30-5:30PM									1:00 PM		
1:30 PM										1:30 PM		
2:00 PM										2:00 PM		
2:30 PM										2:30 PM		
3:00 PM										3:00 PM		
3:30 PM										3:30 PM		
4:00 PM								4:00 PM				
4:30 PM								4:30 PM				
5:00 PM								5:00 PM				
5:30 PM	POOL CLOSING AT 5:45PM									5:30 PM		
6:00 PM										POOL CLOSING AT 5:45PM		
	RAMP	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8			