

The Alexandria Campaign on Adolescent Pregnancy (ACAP) is dealing with one of the highest pregnancy rates in Virginia. Working collaboratively with youth, families and professionals, we want to reduce teen pregnancy in Alexandria by:

**ENGAGING** youth with innovative technology and creative programs.

**ENCOURAGING** teens, parents and the community to have open and honest conversations about sex and teen pregnancy.

**INFORMING** the community with public awareness campaigns on safer sex, abstinence and parent-child communications.

**EDUCATING** teens, families and professionals on adolescent pregnancy and sexual health issues.

**SUPPORTING** the community with resources and programs for teens, teen parents and their families.

PARTNERING with agencies and community-based organizations to provide comprehensive teen pregnancy prevention services.

Find out more, including how to get involved.

ALEXANDRIAVA.GOV/ACAP | 703.746.3130



# KEEP IT 360

A Teen Campaign Sponsored by ACAP, the Alexandria Sexual Assault Center & the Substance Abuse Prevention Coalition of Alexandria

### DID YOU KNOW?

- + 3 out of 10 girls become pregnant by age 20.
- + Comprehensive sexuality education programs help young people delay sexual initiation.

### WHAT IS 'KEEPIT360'?

It's a movement. It's a circle encompassing teens, parents and others in our community. It's a series of discussions to encourage open and honest conversations about sex, relationships and other important health issues that impact our young people.

### WHAT CAN TEENS DO TO HELP?

Get involved! Become a Peer Advocate and make a difference in your community by leading real, honest and open conversations with your peers. Aren't able to be a Peer Advocate? Then join one of the many events hosted by the Peer Advocates. Find us on social media and join in our commitment to helping Alexandria's teens have safe and healthy relationships while reducing the teen pregnancy rate.

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## FIND US AT:

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