

INTRODUCING...



Mr. Lamont Bruce

YOUTH DEVELOPMENT COUNSELOR

📍 Hammond Middle School

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AFTER SCHOOL HOURS

Charles Houston Recreation Center
901 Wythe St. • Alexandria, VA

WHO WE ARE

We are Youth Development Counselors who are youth development specialists who provide counseling and programs that support youth K-12 to get the most out of school and to make healthy decisions. As members of the Student Support Team, we work with you to meet the needs of your students.

STUDENT/COMMUNITY ASSISTANCE LOCATIONS

- Patrick Henry, Samuel Tucker and William Ramsay Elementary Schools
- Both Middle School Campuses
- Both Alexandria City High School locations
- Brent Place Apartments
- Charles Houston Recreation Center

For information on programming, contact noraine.buttar@alexandriava.gov or call 703.746.3436.

Effectiveness

Our programs have been proven effective by years of research and experience. They improve participants' behavior, mood, decision making and school success.



HAMMOND STUDENT ASSISTANCE

**Youth Development Services
at Hammond Middle School**

4.30.2024



alexandriava.gov/DCHS



703.746.5461



Department of Community
and Human Services

IN THE COMMUNITY

Peer Advisors

Peer advisors are youth trained in leadership, communication and how to teach peers and children anger management, violence prevention and peer pressure refusal skills. After a period of volunteering, peer advisors are eligible to become paid part-time City of Alexandria employees. Peer advisors mentor children, sit on local committees, participate in community service projects and give presentations.

The Untouchables

This group male mentoring program focuses on building the physical, emotional, educational and spiritual capacities of young men. Weekly meetings focus on club business as well as issues related to academics, challenges and current events. Adult mentors provide career presentations, supportive counseling, tutoring and training in peer pressure reversal skills, anger management and communication. Activities include service projects and field trips.

Both programs are located at
Charles Houston Recreation Center
901 Wythe Street • Alexandria, VA

Contact Mr. Bruce
for more information.

WHAT WE OFFER

- Evidence-based youth development programs and practices
- Anger, stress management & substance use interventions
- Conflict management
- Short-term counseling (not psychotherapy)
- Youth leadership and mentoring
- Resource referrals
- Parent support & education
- Staff consultation & support
- School-wide substance use & pregnancy prevention campaigns
- Continuity of services from Hammond to community, the elementary schools and the Alexandria City High School Campuses
- ANOTHER CARING ADULT

PROGRAMS

Boys Circle

A strengths-based group approach to promote boys' and young men's safe and healthy passage through pre-teen and adolescent years. In this structured environment, students gain the vital opportunity to address masculine definitions and behaviors and build capacities to find their innate value and create good lives individually and collectively!



Too Good For Violence

This evidence-based program applies social and emotional learning skills for conflict resolution, bullying prevention, anger management, and respect for self and others. In middle school, students learn the negative consequences of aggressive behavior and practice healthy methods to manage stress and frustration.

Engaging, age-appropriate lessons use games, music, skits, and role-play to engage all students and give them multiple opportunities to practice these essential skills and apply them directly to their own lives.

