

JANUARY 2025

Trainings

Please click the DATE following training title for a full description and to register (now alphabetized):

- ABC's of Safe Sleep: 1/31
- An Introduction to Infant and Toddler Mental Health: 1/15
- A Sensory Approach to Understanding Trauma and Building Resilience: 1/25
- Attachment What Works: 1/30
- Blame it on the Brain: The Truth About Temperament: 1/21
- CPR/First Aid: 1/18 (*CofA Family Day Home Providers Only)
- Director's Forum: Collaborating with Families to Address Challenging Behaviors: 1/21
- Director's Forum: Communication - It's More Than Just Talking: 1/17
- Director's Forum: Let's Talk Tough Topics: 1/8
- Discovering the Possibilities of Play: 1/3; 1/6; 1/24
- Eating: A Whole New World for Toddlers: 1/3
- Fostering Emotional Literacy in Young Children Labeling Emotions: 1/28
- From Burnout to Well-Being for ECE Leaders and Their Programs: 1/22
- Impacting Infant and Toddler Behavior Through Language: 1/10
- Info Session: Child & Youth ID/DD Waiver Services: 1/28
- Leading Change Toward Nature-based Teaching: Preparing Ourselves as Leaders: 1/29
- Let Me Move, See Me Learn: 1/22
- Measuring Classroom Equity to Drive Quality Improvement: 1/8
- Positive Interactions: Helping Toddlers Succeed: 1/17
- Promoting Positive Peer Social Interactions: 1/21
- Reinventing Your Environment: 1/21
- Routines that Foster Social Emotional Development in Infants and Toddlers: 1/13
- Say NO to Germs, Say YES to Infant and Toddler Handwashing: 1/15
- STATEWIDE WEBINAR Constructing Developmentally Appropriate Infant & Toddler Activities for Family Day Home Providers: 1/22
- Strategies for Increasing Peer Social Interactions: Prompting and Acknowledgment: 1/14
- Strategies to Prevent Biting in Infants and Toddlers: 1/6
- The Daycare Myth: Dan Wuori's Myth-Busting Blueprint for Change: 1/9
- Tireless Toddlers: 1/7
- Transforming Challenging Behavior Through Visionary Leadership: The Impact of Culture when Communicating with Staff and Families: 1/15
- Trauma and Its Impact on Infants and Toddlers: 1/24
- Using Puppets to Promote Social and Emotional Development of Infants and Toddlers: 1/21

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Ongoing Virtual/On Demand Training Opportunities can be found on the following websites: Child Care Training Institute Coffee Chats with Brookes Early Childhood Investigations Webinars Source for Learning Webinars		VEIPD Ongoing Professional Development Courses VEIPD Talks on Tuesdays Child Care Aware - Free Child Care Provider Trainings (Including First Aid/CPR)		Virtual Training Courses on Child/Abuse & Neglect: See the VDSS Website and click on "Required Training Courses," then "CWSE 5691: Recognizing & Reporting Child Abuse & Neglect (for Educators)" New Training Requirements for MAT: Click on this website for details.		
Computer Help at Beatley Central Library : Tuesdays & Wednesdays 430pm-630pm Fridays: 1130am-130pm Every Other Saturday: 230pm-430pm (Spanish) Contact: (703) 746-1751 or see their calendar for more information.		 Using the STREAMin3 Curriculum? Please click here for their monthly training offerings.				
5	6 1230pm: Discovering the Possibilities of Play- 1.5 hrs (Quan) 530pm: Strategies to Prevent Biting in Infants and Toddlers- 1 hr (Landry)	7 1pm: Tireless Toddlers- 1.5 hrs (Pearce)	8 1pm: Director's Forum: Let's Talk Tough Topics- 1.5 hrs (Lesniak) 2pm: Measuring Classroom Equity to Drive Quality Improvement- 1.5 hrs (Curenton)	9 2pm: The Daycare Myth: Dan Wuori's Myth-Busting Blueprint for Change- 1.5 hrs (Wuori)	10 1230pm: Discovering the Possibilities of Play- 1.5 hrs (Hedd-Williams) 1230pm: Eating: A Whole New World for Toddlers - 1 hr (Reigel)	11
12	13 530pm: Routines that Foster Social Emotional Development in Infants and Toddlers- 1 hr (Landry)	14 12pm: Strategies for Increasing Peer Social Interactions: Prompting and Acknowledgment- 1 hr (Tazi)	15 1pm: An Introduction to Infant and Toddler Mental Health- 1.5 hrs (Suarez-Krumm) 2pm: Transforming Challenging Behavior Through Visionary Leadership: The Impact of Culture when Communicating with Staff and Families- 1.5 hrs (Kaiser) 6pm: Say NO to Germs, Say YES to Infant and Toddler Handwashing- 1.5 hrs (Renne)	16	17 1230pm: Positive Interactions: Helping Toddlers Succeed- 1 hr (Reigel) 1pm: Director's Forum: Communication - It's More Than Just Talking-1.5 hrs(Quan)	18 9am: CPR/First Aid (Miller)
19	20  City of Alexandria Offices Closed	21 12pm: Promoting Positive Peer Social Interactions- 1 hr (Tazi) 1pm: Using Puppets to Promote Social and Emotional Development of Infants and Toddlers- 1.5 hrs (Lesniak) 6pm: Director's Forum: Collaborating with Families to Address Challenging Behaviors- 1.5 hrs (Pearce) 630pm: Blame it on the Brain: The Truth About Temperament- 1.5 hrs (Eitemiller) 630pm: Reinventing Your Environment- 2 hrs (Fitzgerald)	22 2pm: From Burnout to Well-Being for ECE Leaders and Their Programs - 1.5 hr (Cannon) 6pm: Let Me Move, See Me Learn- 1.5 hrs (Renne) 630pm: STATEWIDE WEBINAR: Constructing Developmentally Appropriate Infant & Toddler Activities for Family Day Home Providers - 1 hr (Grimes & Lewis)	23	24 1230pm: Discovering the Possibilities of Play- 1.5 hrs (Hedd-Williams) 330pm: Trauma and Its Impact on Infants and Toddlers- 1 hr (Landry)	25 845am-12pm: A Sensory Approach to Understanding Trauma and Building Resilience (In-Person, in Richmond) \$45
26	27	28 12pm: Fostering Emotional Literacy in Young Children Labeling Emotions- 1 hr (Tazi) 1pm: Info Session: Child & Youth ID/DD Waiver Services- 1 hr (Statler)	29 2pm: Leading Change Toward Nature-based Teaching: Preparing Ourselves as Leaders - 1.5 hrs (Larrimore)	30 12pm: Attachment What Works- 1 hr (Tazi)	31 1pm: ABC's of Safe Sleep - 1 hr (Reigel)	

 Virtual  In-Person  On-Demand

Current CDC Guidance for Operating Early Care & Education/Child Care Programs can be found [here](#).