








# November 2024 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>**Bread or Cereal is offered daily**</p> 				<p><b>11</b> 1 cup 1% Milk            1 Egg &amp; Cheese Croissant            ½ cup Peaches            ½ cup Pineapple Yogurt            1 cup Cran-Apple Juice</p>
<p><b>4</b> 1 cup 1% Milk            1 cup Oatmeal            ½ cup Cottage Cheese            ½ cup Blueberries            1 cup Orange Juice</p>	<p><b>5</b> 1 cup 1% Milk            1 Biscuit w/ Butter            ½ cup Apple Sauce            2 slice Turkey Bacon            1 cup Cranberry Juice</p>	<p><b>6</b> 1 cup 1% Milk            1 cup Grits            ¼ cup Shredded Cheese            2 Boiled Eggs            1/2 cup Pears            1 cup Apple Juice</p>	<p><b>7</b> 1 cup 1% Milk            2 slices Whole Wheat French Toast            2 Scrambled Egg            1 cup Mango            ½ cup Grape Juice</p>	<p><b>8</b> 1 cup 1% Milk            1 Egg &amp; Cheese Croissant            ½ cup Peaches            ½ cup Pineapple Yogurt            1 cup Cran-Apple Juice</p>
<p><b>11</b> <i>ADSC Closed</i></p> 	<p><b>12</b> 1 cup 1% Milk            1 Biscuit w/ Butter            ½ cup Apple Sauce            2 Scrambled Egg            1 cup Cranberry Juice</p>	<p><b>13</b> 1 cup 1% Milk            1 cup Grits            ¼ cup Shredded Cheese            2 Boiled Eggs            1/2 cup Pears            1 cup Apple Juice</p>	<p><b>14</b> 1 cup 1% Milk            2 slices Whole Wheat French Toast            2 Scrambled Egg            1 cup Mango            ½ cup Grape Juice</p>	<p><b>15</b> 1 cup 1% Milk            1 Egg &amp; Cheese Croissant            1/2 cup Peaches            ½ cup Pineapple Yogurt            1 cup Cran-Apple Juice</p>
<p><b>18</b> 1 cup 1% Milk            1 cup Oatmeal            ½ cup Cottage Cheese            ½ cup Blueberries            1 cup Orange Juice</p>	<p><b>19</b> 1 cup 1% Milk            1 Biscuit w/ Butter            1/2 cup Apple Sauce            2 slice Turkey Bacon            1 cup Cranberry Juice</p>	<p><b>20</b> 1 cup 1% Milk            1 cup Grits            ¼ cup Shredded Cheese            2 Boiled Eggs            ½ cup Pears            1 cup Apple Juice</p>	<p><b>21</b> 1 cup 1% Milk            2 Slices Whole Wheat French Toast            2 Scrambled Egg            1 cup Mango            ½ cup Grape Juice</p>	<p><b>22</b> 1 cup 1% Milk            1 Egg &amp; Cheese Croissant            ½ cup Peaches            ½ cup Pineapple Yogurt            1 cup Cran-Apple Juice</p>
<p><b>25</b> 1 cup 1% Milk            1 cup Oatmeal            ½ cup Cottage Cheese            ½ cup Blueberries            1 cup Orange Juice</p>	<p><b>26</b> 1 cup 1% Milk            1 Biscuit w/ Butter            1/2 cup Apple Sauce            2 scrambled Egg            1 cup Cranberry Juice</p>	<p><b>27</b> 1 cup 1% Milk            1 cup Grits            ¼ cup Shredded Cheese            2 Boiled Eggs            ½ cup Pears            1 cup Apple Juice</p>	<p><b>28</b> <i>ADSC Closed</i></p> 	<p><b>29</b> <i>ADSC Closed</i></p> 

# November 2024 Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Substitutes are available for special diets.</p> <p><b>**Menus are subject to Changed**</b></p>				<p><b>1</b> 5 Peanut Butter Crackers ½ cup Mandarin Oranges</p>
<p><b>4</b> 1/2 cup Apple Juice 10 Tortilla Chips w/ Salsa</p>	<p><b>5</b> 1 cup Tropical Fruit 5 Graham Crackers</p>	<p><b>6</b> 1 cup LS Vegetable Soup w/barley 1 oz. Oyster Crackers</p>	<p><b>7</b> 1 Banana 6oz Greek Yogurt Shake</p>	<p><b>8</b> 5 Peanut Butter Crackers ½ cup Mandarin Oranges</p>
<p><b>11</b> <i>ADSC Closed</i></p> 	<p><b>12</b> 1 cup Tropical Fruit 5 Graham Crackers</p>	<p><b>13</b> 1 cup LS Vegetable Soup w/barley 1 oz. Oyster Crackers</p>	<p><b>14</b> 1 Banana 6oz Greek Yogurt Shake</p>	<p><b>15</b> 5 Peanut Butter Crackers ½ cup Mandarin Oranges</p>
<p><b>18</b> ½ cup Apple Juice 10 Tortilla Chips w/ Salsa</p>	<p><b>19</b> 1 cup Tropical Fruit 5 Graham Crackers</p>	<p><b>20</b> 1 cup LS Vegetable Soup w/barley 1 oz. Oyster Crackers</p>	<p><b>21</b> 1 Banana 6oz Greek Yogurt Shake</p>	<p><b>22</b> 5 Peanut Butter Crackers ½ cup mandarin oranges</p>
<p><b>25</b> 1/2 cup Apple Juice 10 Tortilla Chips w/ Salsa Dip</p>	<p><b>26</b> ½ cup Tropical Fruit 5 Graham Crackers</p>	<p><b>27</b> 1 cup LS Vegetable Soup w/barley 1 oz. Oyster Crackers</p>	<p><b>28</b> ADSC Closed</p> 	<p><b>29</b> ADSC Closed</p> 