# **Additional Resources**

DAAS services are part of the communitybased long-term care system for Alexandria's older residents. Contact us to learn about our additional resources.

- Information and Counseling
- Medicare Education
- Safety and Protection Services
- Transportation Services
- Nutrition and Wellness Services
- Supportive Home and Community Services
- Caregiver Resources
- Long-term Care Assessments

# **Contact Information**

We help Alexandrians live safe, independent and healthy lives as they mature.

### **Senior Trolley Office**

Phone: 703.746.3275

#### **Division of Aging and Adult Services**

Phone: 703.746.5999

Virginia Relay 711

Email: DAAS@alexandriava.gov

#### **Adult Protective Services Referral Line**

Phone: 703.746.5778



Division of Aging and Adult Services

4401 Ford Avenue, Suite 103 Alexandria, Virginia 22302 www.alexandriava.gov/Aging



# **Aging and Adult Services**

The Division of Aging and Adult Services (DAAS) is part of Alexandria's Department of Community and Human Services (DCHS). DAAS serves Alexandria's older adults, their families and persons with disabilities.

Shopping transportation is offered for residents age 60 and over. Transportation is provided from your front door to the grocery store two days per week. There is a limit of two grocery bags per rider. The suggested contribution is \$1. Register one day in advance by calling 703.746.3275. Call us for your route!



### **Bus Route Schedule**

#### **Every Monday—Potomac Yards**

## 1<sup>st</sup> Friday of the Month—Walmart - Route 1

# 2<sup>nd</sup> Friday of the Month—Aldi

### **Bus Route Schedule**

# 3<sup>rd</sup> Friday of the Month—Potomac Yards

Leave: Ladrey & Annie B. Rose .. 9:45 a.m. Arrive: Potomac Yards ............ 10:15 a.m. Leave: Potomac Yards ............ 11:45 a.m. Arrive: Ladrey & Annie B. Rose .... 12 p.m.

## 4<sup>th</sup> Friday of the Month—Walmart - Route 1

# 5<sup>th</sup> Friday of the Month— Fresh World International Grocery