

## Additional Resources

DAAS services are part of the community-based long-term care system for Alexandria's older residents. Contact us to learn about our additional resources.

- Information and Counseling
- Medicare Education
- Safety and Protection Services
- Transportation Services
- Nutrition and Wellness Services
- Supportive Home and Community Services
- Caregiver Resources
- Long-term Care Assessments

## Contact Information

We help Alexandrians live safe, independent and healthy lives as they mature.

### Senior Trolley Office

Phone: 703.746.3275

### Division of Aging and Adult Services

Phone: 703.746.5999

Virginia Relay 711

Email: [DAAS@alexandriava.gov](mailto:DAAS@alexandriava.gov)

### Adult Protective Services Referral Line

Phone: 703.746.5778



Division of Aging  
and Adult Services

4401 Ford Avenue, Suite 103  
Alexandria, Virginia 22302  
[www.Alexandriava.gov/Aging](http://www.Alexandriava.gov/Aging)

## Senior Trolley Claridge House



Department of  
Community and  
Human Services

703.746.5999

[www.alexandriava.gov/Aging](http://www.alexandriava.gov/Aging)

## Aging and Adult Services

The Division of Aging and Adult Services (DAAS) is part of Alexandria's Department of Community and Human Services (DCHS). DAAS serves Alexandria's older adults, their families and persons with disabilities.

Shopping transportation is offered for residents age 60 and over. Transportation is provided from your front door to the grocery store two days per week. There is a limit of two grocery bags per rider. The suggested contribution is \$1. **Register one day in advance by calling 703.746.3275. Call us for your route!**



## Bus Route Schedule

### Every Monday—International Foods

Leave Claridge House ..... 10 a.m.  
Arrive: International Foods ..... 10:40 a.m.  
Leave International Foods ..... 11:30 a.m.  
Arrive Claridge House ..... 11:45 a.m.

### 1<sup>st</sup> Wednesday of the Month—

#### Walmart at Kingstowne

Leave: Park Place ..... 9:45 a.m.  
Leave: The Fields ..... 9:50 a.m.  
Leave: Claridge House ..... 10 a.m.  
Arrive: Walmart ..... 10:20 a.m.  
Leave: Walmart Shopping Ctr. .... 12 p.m.  
Arrive: Claridge House/The Fields/Park Place..... 12:20 p.m.

### 2<sup>nd</sup> Wednesday of the Month—

#### Landmark Plaza

Leave: Park Place ..... 9:40 a.m.  
Leave: The Fields ..... 9:50 a.m.  
Leave: Claridge House ..... 10 a.m.  
Arrive: Landmark Plaza ..... 10:10 a.m.  
Leave: Landmark Plaza ..... 12 p.m.  
Arrive: Claridge House/The Fields/  
Park Place ..... 12:10 p.m.

## Bus Route Schedule

### Every Wednesday—Van Dorn Plaza & Giant

Leave: Park Place ..... 9:45 a.m.  
Leave: The Fields ..... 9:50 a.m.  
Leave: Claridge House ..... 10 a.m.  
Arrive: Van Dorn Plaza & Giant ... 10:20 a.m.  
Leave: Van Dorn Plaza & Giant ..... 12 p.m.  
Arrive: Claridge/Fields/Park Place 12:10 p.m.

### 3<sup>rd</sup> Thursday of the Month—

#### Walmart at Kingstowne

Leave: Park Place ..... 9:45 a.m.  
Leave: The Fields ..... 9:50 a.m.  
Leave: Claridge House ..... 10 a.m.  
Arrive: Walmart ..... 10:15 a.m.  
Leave: Walmart Shopping Ctr. .... 12 p.m.  
Arrive: Claridge/Fields/Park Place 12:15 p.m.

### Thursday—Bailey's Crossroad Shopping Ctr.

Leave: Park Place ..... 9:45 a.m.  
Leave: The Fields ..... 9:50 a.m.  
Leave: Claridge House ..... 10 a.m.  
Arrive: Bailey's Crossroad Shopping Ctr. 10:15 a.m.  
Leave: Bailey's Crossroad Shopping Ctr. .... 12 p.m.  
Arrive: Claridge/Fields/Park Place 12:10 p.m.