Additional Resources

Community Collaborations and Special Programs

- D.O.T Transportation for People with Disabilities
- Senior Services of Alexandria Private
 Pay Meals Service, Groceries to Go,
 Friendly Visitor Program and Animeals
- Snow Buddies



It is a Division of Aging and Adult Services policy not to discriminate in the admission to its services and activities on the basis of race, color, sex, handicap, sexual orientation, religion or national or ethnic origins. If you require accommodations, have any questions or complaints, call 703.838.4455 or use Virginia Relay 711.

Contact Information

We help Alexandrians live safe, independent and healthy lives as they mature.

Aging and Adult Services

Phone: 703.746.5999 Virginia Relay 711 alexandriava.gov/Aging

Adult Protective Services Referral Line

Phone: 703.746.5778

The Department of Aging and Adult Services accommodates several languages throughout the Alexandria community.



Department of Community and Human Services

4850 Mark Center Drive, Floor 9 Alexandria, VA 22311



Aging and Adult Services

The Division of Aging and Adult Services (DAAS) is part of Alexandria's Department of Community and Human Services (DCHS).

DAAS serves Alexandria's older adults, their families and persons with disabilities. Special emphasis is given to assisting those who are most at risk of being institutionalized or who have a low income.

DAAS services are part of the communitybased long-term care system for Alexandria's older residents.



Services Available

Long-term Care Assessments

- Medicaid Waiver Assessments
- Assisted Living and Nursing Facility Screenings for Subsidized Service

Caregiver Resources

- Caregiver Newsletter
- Monthly caregiver support group
- Alexandria Adult Day Services Center
- Annual Caregiver Conference

Supportive Home and Community Services

- Homemaker Services Program
- Older Adult Clinical Services providing mental health assessments, consultation, therapy and care management

Nutrition and Wellness Services

- Meals on Wheels
- Congregate Meals
- Senior Centers

Services Available

Information and Counseling

- Information and community referrals for services and programs
- Care Coordination
- Options Counseling
- Medicare education (Virginia Insurance Counseling and Assistance Program)
- Community Education

Safety, Protection and Legal Services

- Adult Protective Services
- Long-Term Care Ombudsman
- Legal Services of Northern Virginia
- Personal Emergency Response System

Transportation and Other Services

- DAAS weekly shopping transportation
- Senior Taxi Yellow Card program
- Fan Care Program