



**CHILDREN, YOUTH, AND FAMILIES COLLABORATIVE COMMISSION**

# **CHILDREN AND YOUTH COMMUNITY PLAN 2025**

**ANNUAL PROGRESS REPORT 2023**



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# CHILDREN & YOUTH COMMUNITY PLAN (CYCP) PROGRESS REPORT 2022-2023



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# CHILDREN & YOUTH COMMUNITY PLAN (CYCP) PROGRESS REPORT 2022-2023



ALEXANDRIA'S PROGRESS TOWARDS ENSURING EVERY CHILD  
SUCCEEDS TODAY AND TOMORROW

## EXECUTIVE SUMMARY

### BACKGROUND

In April 2021, the Alexandria City Council and the School Board of Alexandria City Public Schools approved and endorsed the City's Children and Youth Community Plan (CYCP) 2025. The CYCP is a roadmap for how our community will work together to create the conditions for all young people to thrive in Alexandria. It is framed around preventing childhood trauma while increasing the 40 Developmental Assets that all young people need to succeed.

Since the CYCP was approved in 2021, annual progress reports have been produced to demonstrate the progress made in reaching the Plan's goals. This report looks back at progress made from 2022 to 2023. It is a comprehensive statistical snapshot and tells the unique story about Alexandria's children and youth. Population-level data collected from public records can help us see how effective our efforts have been in improving the health and well-being of youth living in Alexandria.

### REPORT FEATURES:

- Data that tell us how we are doing in a particular area
- Progress in the elimination of disparities in adolescent health and well-being
- The actions our community is taking to improve trends
- Where to learn more about the progress within each strategic area of the Plan
- Historical baselines with forecasts to assess the big picture

### HIGHLIGHTS

#### How much have we done since April 2021?

- **80%** of the Plan's 169 action steps are either in progress or fully implemented.
- **14** CYCP Report Cards created and can be found here: [www.alexandriava.gov/child-and-family-services/children-and-youth-community-plan-report-card](http://www.alexandriava.gov/child-and-family-services/children-and-youth-community-plan-report-card)
- **2** Annual Progress Reports published.

#### Is anyone better off?

- **58%** of the indicators are trending in a positive direction since their respective baseline year.
- **56%** of the disparity ratios have decreased since their baseline year.
- **43%** of the indicators show disparity ratios greater than 2.

### CHALLENGES

- **Monitoring the Plan.** Increased staff turnover and limited staff capacity have resulted in under-reporting of the Plan's performance measurements. 23 (or 52%) of the Plan's 44 strategies have yet to be featured in a monthly Report Card.
- **Advancing Racial Equity.** Nearly half of the indicators show moderate to extreme racial disparities. Of all the race and ethnic groups, Hispanic youth experience the most disparities.

### NEXT STEPS

The findings in this Report suggest that our community is making progress, but there is clearly more work to be done, starting with:

- Build capacity to collect and analyze data consistently and establish a "data culture"
- City-Wide adoption and use of the Racial Equity Tool, Developmental Assets Framework, and trauma-informed practices
- Collaboration among City and Schools to operationalize the recommendations from the [Youth Safety and Resiliency Report](#)
- Continuous investment in the skills and professional growth of youth service providers



# CYCP STRATEGY MAP

## We will ensure that...

**All children, youth, and families are physically safe and healthy**

**Children are academically successful and career ready**

**Children, youth, and their families have positive experiences**

### **Start Healthy and Connected**

### **Support Academic Success and College and Career Readiness**

### **Decrease ACEs, Increase Assets**

**Create the conditions for children to have a strong start in life and support economic stability among families**

**Advance educational equity and prepare youth for post-secondary success**

**Build safe, stable, and nurturing environments and relationships**

Increase participation in early childhood education and care

Foster supportive learning environments

Minimize exposure to Adverse Childhood Experiences (ACEs) and childhood trauma

Promote health, wellness, and wellbeing

Light pathways to college and careers

Create trauma-informed and resilient communities

Prevent risk-taking behaviors

Connect families to transportation, housing, financial, and employment resources

Build Developmental Assets

Preserve our natural environment

**To be successful in each of the CYCP Goal Areas, our systems must be coordinated and equitable**

- Address systemic racism and advance equity.
- Build capacity to expand resources and workforce resilience.
- Mobilize funding for positive experiences.
- Improve data collection and sharing.
- Strengthen collaboration and communication to build resilience.





# CHILDREN & YOUTH COMMUNITY PLAN (CYCP)

## PROGRESS REPORT 2022-2023

### INTRODUCTION

In 2021, Alexandria celebrated the release of its second Children and Youth Community Plan (CYCP), a blueprint for improving outcomes for children who call Alexandria home. The Plan envisions a city where “All of Alexandria’s children and youth can thrive today and tomorrow” and sets the three cradle-to-career goals listed below:

1. All children, youth, and their families are physically safe and healthy.
2. All children and youth are academically successful and career ready.
3. All children, youth, and their families have positive experience.

Core to this Plan is ensuring our systems that serve children, youth, and families are well coordinated and equitable. To that end, it recommends two overarching strategies:

1. Design, implement, and evaluate solutions that undo racism, end discrimination, and advance equity.
2. Strengthen organizational capacity in the areas of staffing, infrastructure, communication, funding, planning, monitoring, evaluation, and professional development.

But how do we know if we’re successful in reaching those goals? How do we know if we are effective in addressing those inequities? How do we know if anyone is better off?

This progress report is a comprehensive statistical snapshot and tells the unique story about Alexandria’s children and youth. It includes the results that we are trying to achieve, the players involved, the actions our community is taking to improve trends, where to learn more, and data that tell us how we are doing in a particular area and to what extent gaps exist and for whom.

Despite our numerous efforts in improving outcomes, racial, ethnic, and social disparities in adolescent health continue to persist. These disparities result from multiple factors, including unequal allocation of power and resources, income inequality, historical trauma, and persisting legacies of social problems such as structural racism and oppression.

Fortunately, we are not defined by these current realities. When we see gaps in opportunities, this is our call to action. We will continue to work together and to use every tool at our disposal to address the root causes beneath troublesome trends and work towards bringing about lasting, transformative change that leads to a prosperous future for all.

### MONITORING THE PLAN'S PROGRESS

Each Strategy in this Plan is connected to an Action Plan. Tactic Owners, who are responsible for implementing the action steps, report their progress to their Strategy’s Champion, a specific person or entity who is responsible for coordinating the Plan’s implementation. Champions report progress to the Children and Youth Community Plan Coordinator who then reports that progress to the general public in the form of these Progress Reports and the **CYCP Report Cards**. This Report serves as a data profile of Alexandria’s youth and what the City is doing to improve their outcomes. For a more robust description of each initiative, visit the CYCP Report Cards page:

[www.alexandriava.gov/child-and-family-services/children-and-youth-community-plan-report-card](http://www.alexandriava.gov/child-and-family-services/children-and-youth-community-plan-report-card)



# CYCP PROGRESS REPORT 2022-2023

## ABOUT DISPARITY RATIOS

Problems like poverty, unemployment, inadequate education, housing, exposure to violence, and neighborhood deterioration are among the factors that shape people's health, and they do so in unequal ways, thus contributing to health inequities. Fortunately, these factors can all be improved. Policies can be changed, resources can be leveraged, and communities can take action in powerful ways to create a context where everyone has the opportunity to thrive.

Alexandria's Children and Youth Community Plan was built on the promise of our community to create opportunities for our youngest members to achieve their full health potential. It recommends community-led solutions for ensuring that every young person gets what they need to thrive and fully participate in society.

This report aims to provide a summary of the health and wellbeing status of children and youth in Alexandria, evaluate progress in the elimination of disparities in adolescent health and wellbeing, and review information on what the City is doing to address those gaps. Identifying health disparities is

important for decision makers and key stakeholders to take action. This type of information can help to establish priorities and develop programs. This report includes disparity ratios that summarize the level of racial and ethnic disparity in each area of the Plan and are used to measure and track progress towards the elimination of these disparities over time. To be clear, these disparity ratios are not a statement of which student groups are outperforming other student groups. They are a way for our City to measure and identify the existing inequities and develop policies and strategies that will change the conditions so that all young people can prosper. Instead of asking if our children are ready for kindergarten, for example, the more appropriate question is if our kindergarten classrooms are ready for our children.

The CYCP uses 31 key performance indicators to show how we are doing as a city to improve youth outcomes. Data disaggregated by race and ethnicity were available for all but five of these indicators. Disaggregated data make it possible to calculate disparity ratios. Disparity ratios are computed for each of these indicators to identify where disparities exist and the degree of these disparities for each population.

To calculate the disparity ratio, we compare the population with the best rate to the population with the worst rate. The methodology is described in more detail on page 8.

The disparity ratios are grouped by the size of disparity. The tables on the next page describe these groupings; disparities that range from 1.1 to 1.4 are slight disparities while disparities of five and higher are more extreme. Nearly half of the indicators show moderate to extreme disparities.





# CYCP PROGRESS REPORT 2022-2023

## ABOUT DISPARITY RATIOS

Of all the race and ethnic groups, Hispanic youth experience the most disparities - for this group, we see disparities for all but one of the 26 indicators that were disaggregated by race/ethnicity. Hispanic youth had the greatest number of disparity ratios that were two or higher, indicating that large disparities continue to exist for this population.

Table 1 summarizes the groupings of disparity ratios by their size and the number of indicators that fall within each group.

**TABLE 1: EXTENT OF DISPARITIES**

Disparity Ratio Groupings	# of Indicators	
5 or Higher	5	Extreme
2 - 4.9	11	Serious
1.5 - 1.9	7	Moderate
1 - 1.4	14	Slight

Table 2 summarizes the number of times that a race or ethnic group had the best rate for an indicator (for example, the lowest teen pregnancy rate or the highest school engagement rate) therefore becoming the comparison group when calculating the disparity ratio for that indicator. White youth had the best rate the most frequently.

**TABLE 2: EXTENT OF DISPARITIES BY RACE/ETHNICITY**

Racial or Ethnic Group with Best Rate	# of times
Hispanic	1
Asian	5
Black	6
White	14

## ABOUT THE DATA & ANALYSIS

### DATA SOURCES

The data come from public records, including the 2020 U.S. Census, City of Alexandria departments, the Virginia Department of Health, the Youth Risk Behavior Survey (YRBS), the Alexandria Resident Survey, the Alexandria City Public Schools (ACPS) Scorecard, and the Search Institute's Profiles of Student Life: Attitudes and Behaviors.

The Alexandria Youth Risk Behavior Survey (YRBS) is based on the National Youth Risk Behavior Surveillance System (YRBSS) developed by the Centers for Disease Control and Prevention (CDC). The YRBS is a voluntary, anonymous, self-reported survey administered to adolescents in grades 8, 10, and 12. The most recent survey was administered by the Alexandria City Public Schools (ACPS) to 1,478 students in 2023 (84% of 8th graders, 50% of 10th graders, and 50% of 12th graders).

The Profiles of Student Life: Attitudes and Behaviors survey is coordinated through Search Institute, a national nonprofit renowned for its expertise in youth development. The survey assesses young people's external supports and internal strengths, key non-cognitive skills, high-risk behaviors, indicators that they are thriving and deficits that need attention. The Developmental Assets survey is a voluntary, anonymous, self-reported survey administered to students in grades 8, 10, and 12. The most recent survey was distributed to 1,538 students in 2022 (66% of 8th graders, 43% of 10th graders, and 38% of 12th graders). Data disaggregated by race and ethnicity were available for the first time in 2022.





# CYCP PROGRESS REPORT 2022-2023

## ABOUT THE DATA & ANALYSIS

Because these surveys are only administered once every three years, it would be difficult to analyze trends if we were to only use data collected starting in 2021 - the year that the Plan was

launched; if so, we would not have any data points to compare. To have enough data points to establish a trendline and forecasting, baseline data goes as far back as 10 years.

## FIGURE 1: CYCP INDICATORS

### INDICATORS BY RACE AND ETHNICITY

- |  |   |
|--|---|
| 1. Kindergarten Students with a Pre-K Experience       | 12. Experienced verbal abuse                        |
| 2. Ate vegetables at least 1x/day in the past week     | 13. Child Poverty                                   |
| 3. Children with a Medical Home or Usual Doctor        | 14. School Engagement                               |
| 4. 5+ Days of Exercise/Week                            | 15. Caring School Climate                           |
| 5. Feeling Hopeless or Sad                             | 16. Suspensions                                     |
| 6. Past 30 Day Cigarette Use                           | 17. Grade 3 Reading                                 |
| 7. Past 30-Day Alcohol Use                             | 18. Graduation                                      |
| 8. Been in a Physical Fight in last 12 months          | 19. Witness to Domestic Violence                    |
| 9. Teen Pregnancy                                      | 20. Bullied at School in past year                  |
| 10. Ever been forced to have sex                       | 21. Safety  |
| 11. Forced to do sexual things they did not want to do | 22. Community Values Youth                          |
|  | 23. Youth as Resources                              |
|  | 24. Other Adult Relationships                       |
|  | 25. Service to Others                               |
|  | 26. Youth Enrollment in Out of School Time Programs |

### INDICATORS BY GENDER

- |   |   |
|---|---|
| 1. Ever been forced to have sex                       | 4. Been in a Physical Fight in last 12 months |
| 2. Forced to do sexual things they did not want to do | 5. Feeling Hopeless or Sad                    |
| 3. Experienced verbal abuse by girlfriend/boyfriend   | 6. Suspensions                                |
|   | 7. Past 30-Day Cigarette Use                  |
|   | 8. Past 30-Day Alcohol Use                    |

### INDICATOR BY SEXUAL ORIENTATION

1. Feeling Hopeless or Sad

### INDICATOR BY SOCIO-ECONOMIC STATUS

1. Suspensions

# METHODOLOGY

The purpose of this report is to evaluate progress in the elimination of disparities in adolescent health and well-being and to provide information on what the City is doing to address those gaps. Disparity ratios are computed for each CYCP indicator to identify where disparities exist and the degree of these disparities for each population.

Table 3 on the following page summarizes the disparity ratios by category and populations grouped by race/ethnicity, gender, sexual orientation, and socio-economic status for the

indicators and provides a perspective on where these disparities remain the most pronounced. Hispanic youth, followed by Black youth, had the greatest number of disparity ratios that were two or higher, indicating that large disparities continue to exist for these populations. Ten indicators were 2.0 or higher for Hispanic youth, five for Black youth, one for White youth, and none for Asian youth. Youth who identify as female or as male each had a disparity ratio greater than 2.0. Economically Disadvantaged Students (EDS) also had a disparity ratio greater than 2.0.

**TABLE 3: DISPARITY RATIOS BY CATEGORY AND POPULATION**

Disparity Ratio Groupings	Asian	Black	Hispanic	White	Female	Male	LGBTQIA+	EDS
5 or Higher		2	3	1				
2 - 4.9		3	7	2	1	1		1
1.5 - 1.9	2	2	4	3	2	1	1	
1 - 1.4	8	12	11	7	3	1		
<b>Total</b>	<b>10</b>	<b>19</b>	<b>25</b>	<b>13</b>	<b>6</b>	<b>3</b>	<b>1</b>	<b>1</b>

Hispanic youth, followed by Black youth, had the greatest number of disparity ratios that were two or higher, indicating that large disparities continue to exist for these populations.

**TABLE 4: THREE HIGHEST DISPARITY RATIOS BY RACE/ ETHNICITY POPULATION, ALEXANDRIA, VA**

Rank	Asian	Black	Hispanic	White
1	Youth Programs (1.97)	Child Poverty (8.25)	Teen Pregnancy (6.83)	Alcohol Use (6.24)
2	5+ days of exercise (1.71)	Suspensions (5.88)	Child Poverty (5.75)	Cigarette Use (4.27)
3	3+ Caring Adults (1.36)	Teen Pregnancy (2.79)	Suspensions (5.0)	Bullied at School (2.04)

**TABLE 5: THREE HIGHEST DISPARITY RATIOS BY GENDER, SEXUAL ORIENTATION, & SOCIO-ECONOMIC STATUS, ALEXANDRIA, VA**

Rank	Female	Male	LGBTQIA+	EDS*
1	Forced to do sexual things (2.19)	Been in a Physical Fight (2.42)	Feeling Sad or Hopeless (1.81)	Suspensions (5.67)
2	Feeling Hopeless or Sad (1.95)	Suspensions (1.86)		
3	Ever been forced to have sex (1.64)	Cigarette Use (1.14)		

\*Economically-Disadvantaged Students



# CYCP PROGRESS REPORT 2022-2023

The indicators that had the greatest disparity ratio varied within each population (Tables 4 and 5). The indicators with the largest disparity ratios were child poverty for Black youth, teen pregnancy for Hispanic youth, alcohol use for White youth, youth programs for Asian youth, being forced to have sexual intercourse for female youth, being in a physical fight for male youth, feeling sad and hopeless for LGTQIA+ youth, and suspensions for EDS. These ratios ran from 8.25 to 1.14.

## HOW THE DISPARITY RATIOS WERE CALCULATED

Before calculating the disparity ratio for each indicator, the racial/ethnic groups were selected. The data were reviewed for each racial/ethnic group for each indicator's baseline year and most recent year. If data for a racial/ethnic group were unavailable for one or more of those years, the group was dropped and not displayed on the report card or included in the disparity ratio calculation. This effected populations small in number, like Asian students.

Of the 996 ACPS students who completed the 2023 Youth Risk Behavior Survey, 51 (or 5.1%) of them identify as Asian, non-Hispanic. This sometimes resulted in the sample size being too small to draw any conclusions about the findings.

Therefore, this Report dropped the Asian group from disparity ratio calculations for the following indicators:

- Cigarette Use
- Alcohol Use
- Youth Violence
- Teen Pregnancy
- Dating/Relationship Violence
- Child Poverty
- School Suspension

To calculate the disparity ratio, we compare the population group with the best rate - meaning the group with the most favorable outcome - to the population group with the worst rate.

Using the CYCP indicator "Ate vegetables at least 1x per day in the past 7 days" as an example where a higher percentage is favorable, we see that among all the race and ethnic groups, White youth had the highest rate and therefore the "best" for this indicator in 2019 at 66.28%.

Black youth, on the other hand, had the lowest rate and therefore the "worst" for this indicator in 2019 at 28.51%.

Then, we divided the rate for White youth by the rate for Black youth and get the unrounded disparity ratio:

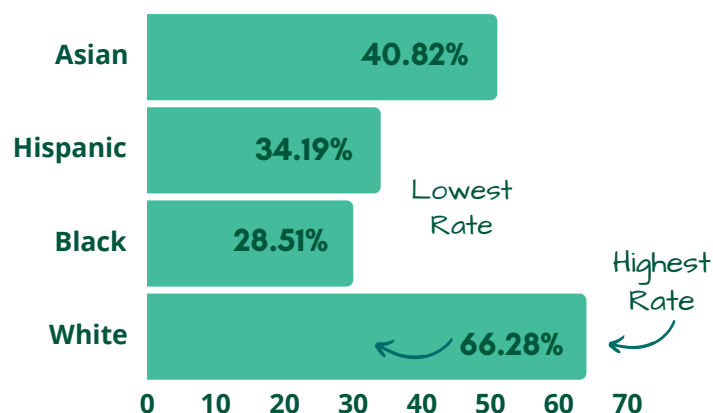
$$66.28/28.51 = 2.324798316.$$

Finally, we rounded the disparity ratio to two decimals for display on the report card: 2.32.

**Chart 1: Calculating the Baseline Disparity Ratio**

### Ate Vegetables at Least Once in the past 7 days by Race/Ethnicity, 2019

Source: Youth Risk Behavior Survey, 2019



DISPARITY RATIO:  
**2.32**

In 2019, White youth were 2.32 times more likely than Black youth to report eating vegetables at least once per day.



# CYCP PROGRESS REPORT 2022-2023

For indicators with an established baseline, we can compare the ratios to see if they have increased or decreased over time. If, however, the group with the best baseline is different from the group with the currently best rate, then no comparison can be made. This was the case for the sexual assault indicators.

After calculating the disparity ratio for the baseline year (see Chart 1), we calculate the disparity ratio for the most recent year that data are available for the same indicator.

In 2023, 64.06% of White youth reported eating vegetables at least once per day in the past 7 days. That same year, 29.82% of Black youth reported eating vegetables at least once per day in the past 7 days.

Next, we divided the rate for White youth by the rate for Black youth:  $64.06/29.82 = 2.15$ .

**Chart 2: Calculating the Current Disparity Ratio**

**Ate Vegetables at Least Once in the past 7 days by Race/Ethnicity, 2023**

Source: Youth Risk Behavior Survey, 2023



DISPARITY RATIO:  
**2.15**

Currently, White youth are 2.15 times more likely than Black youth to report eating vegetables at least once per day, a decrease of 7% since 2019.

## LIMITATIONS

This Report has several limitations. One limitation is that most of the data used are sourced from self-reported surveys that do not capture underlying differences between survey participants and those who are eligible to participate in the survey but choose to opt out. Given that about half of students opted out of these surveys or were absent the day they were administered, there may be some bias in the responses.

Another limitation is that this Report does not include an analysis of the statistical significance of the percentage changes from the baseline year to the current year. Therefore, no conclusions can be drawn as to whether a rate “improved” or “worsened” over time. Instead, the Report simply notes when a rate “increased” or “decreased” over time.

A third limitation of this Report is its scope. The purpose of this report is to use the best data available to track the movement of the CYCP and evaluate progress in the elimination of disparities in adolescent health. Reporting on each area of the Plan is structured around results and indicators from the CYCP. It is not meant to be a complete archive of everything that took place in Alexandria that can be related to supporting youth. For readers wanting to take a deeper dive, each page provides links to CYCP Report Cards and other reports and plans where you can learn more about our collective progress through stories, anecdotes, and accomplishments that go beyond the numbers.



# CYCP PROGRESS REPORT 2022-2023

## CYCP POPULATION-LEVEL INDICATORS: CHANGE FROM BASELINE

### INDICATOR

BASELINE\* CURRENT CHANGE\*\*

#### GOAL 1: ALL CHILDREN, YOUTH, AND FAMILIES ARE PHYSICALLY SAFE AND HEALTHY

KINDERGARTEN STUDENTS WITH A PRE-K EXPERIENCE	73%	77%	+5%
ATE VEGETABLES AT LEAST 1X/DAY IN THE PAST WEEK	41%	42%	+2%
CHILDREN WITH A MEDICAL HOME OR USUAL DOCTOR	74%	77%	+4%
5+ DAYS OF EXERCISE/WEEK	31%	38%	+23%
FEELING DEPRESSED OR SAD FOR THE LAST TWO WEEKS	30%	31%	+3%
PAST 30 DAY CIGARETTE USE	9%	5%	-44%
PAST 30-DAY ALCOHOL USE	26%	17%	-35%
BEEN IN A PHYSICAL FIGHT IN LAST 12 MONTHS	21%	12%	-43%
TEEN PREGNANCIES/1,000 FEMALES	13	12	-8%
EVER BEEN FORCED TO HAVE SEX	7%	3%	-48%
FORCED TO DO SEXUAL THINGS THEY DID NOT WANT TO DO	10%	9%	-10%
PARTNER PHYSICALLY HURT YOU	7%	4%	-39%
EXPERIENCED VERBAL ABUSE BY A GIRLFRIEND/BOYFRIEND	13%	20%	+53%
CHILD POVERTY	15%	15%	NO CHANGE
RENTER HOUSEHOLDS WITH INCOMES BELOW \$50K WHO ARE HOUSING COST BURDENED	88%	93%	+6%
% OF WASTE THAT IS DIVERTED THROUGH RECYCLING, REUSE OR COMPOSTING	49%	53%	+8%

#### GOAL 2: CHILDREN ARE ACADEMICALLY SUCCESSFUL AND CAREER READY

SCHOOL ENGAGEMENT	48%	80%	+67%
CARING SCHOOL CLIMATE	28%	31%	+11%
SUSPENSIONS	872	545	-33%
GRADE 3 READING	62%	60%	-3%
GRADUATION	83%	83%	NO CHANGE

#### GOAL 3: CHILDREN, YOUTH, AND THEIR FAMILIES HAVE POSITIVE EXPERIENCES

WITNESSED DOMESTIC VIOLENCE	24%	22%	-8%
BULLIED AT SCHOOL IN PAST YEAR	13%	10%	-23%
SAFETY	49%	39%	-20%
ALEXANDRIAN ADULTS WITH 4+ ACES	15%	16%	+7%
IDEAL NUMBER OF DEVELOPMENTAL ASSETS	19%	19%	1%
COMMUNITY VALUES YOUTH	20%	17%	-15%
YOUTH AS RESOURCES	21%	25%	+19%
OTHER ADULT RELATIONSHIPS	42%	38%	-10%
SERVICE TO OTHERS	46%	38%	-17%
YOUTH PARTICIPATION IN AFTERSCHOOL PROGRAMS	52%	47%	-10%

\*Baseline years are variable based on which instrument was used to collect the data, when certain questions were added to a survey, and when disaggregated data became available. Therefore, baseline years range from 2014 to 2022.

\*\*The equation used to calculate the percentage change is:  $[(\text{Current Rate} - \text{Baseline Rate}) / \text{Baseline Rate}] \times 100$ .

Colors describe the desired and actual direction of data. Green indicates that the change is headed in a favorable direction; yellow indicates no change in direction; and red indicates that the change is moving in an unfavorable direction.



# CYCP PROGRESS REPORT 2022-2023

## DISPARITY RATIOS (FROM GREATEST TO SMALLEST)

	INDICATOR	GROUP WITH BEST RATE	GROUP WITH WORST RATE	CURRENT DISPARITY RATIO
1	CHILD POVERTY	WHITE (4)	BLACK (33)	8.25
2	TEEN PREGNANCY RATE	WHITE (4.8)	HISPANIC (32.8)	6.83
3	PAST 30-DAY ALCOHOL USE BY RACE/ETHNICITY	BLACK (6.14)	WHITE (38.32)	6.24
4	SUSPENSION RATES BY RACE/ETHNICITY	WHITE (8)	BLACK (47)	5.88
5	SUSPENSION RATES BY SOCIO-ECONOMIC STATUS	NON-EDS (15)	EDS (85)	5.67
6	PAST 30 DAY CIGARETTE USE BY RACE/ETHNICITY	BLACK (2.19)	WHITE (9.35)	4.27
7	YOUTH PROGRAMS	WHITE (73)	HISPANIC (26)	2.81
8	YOUTH VIOLENCE BY RACE/ETHNICITY	ASIAN (9.26)	BLACK (25.83)	2.79
9	YOUTH VIOLENCE BY GENDER	FEMALE (6.63)	MALE (16.04)	2.42
10	5+ DAYS OF 60 MIN OF EXERCISE/WEEK	WHITE (63.55)	BLACK (28.76)	2.21
11	FORCED TO DO SEXUAL THINGS	MALE (6.39)	FEMALE (14.01)	2.19
12	ATE VEGETABLES AT LEAST 1X PER DAY IN THE PAST WEEK	WHITE (64.06)	BLACK (29.82)	2.15
13	GRADE 3 READING	WHITE (83)	HISPANIC (40)	2.08
14	BULLIED ON SCHOOL PROPERTY IN PAST 12 MONTHS	HISPANIC (7.67)	WHITE (15.63)	2.04
15	COMMUNITY VALUES YOUTH	WHITE (22)	HISPANIC (11)	2
16	YOUTH AS RESOURCES	ASIAN (34)	HISPANIC (17)	2
17	FEELING HOPELESS OR SAD BY GENDER	MALE (21)	FEMALE (41)	1.95
18	EVER BEEN FORCED TO HAVE SEX	BLACK (2.65)	WHITE (5)	1.89
19	SUSPENSION RATES BY GENDER	FEMALE (35)	MALE (65)	1.86
20	THIRD GRADE READING	WHITE (83)	HISPANIC (45)	1.84
21	FEELING HOPELESS OR SAD BY SEXUAL ORIENTATION	HETERO (27)	LGBTQIA+ (49)	1.81
22	OTHER ADULT RELATIONSHIPS	WHITE (49)	HISPANIC (28)	1.75
23	EVER BEEN FORCED TO HAVE SEX BY GENDER	MALE (2.71)	FEMALE (4.45)	1.64
24	EXPERIENCED VERBAL ABUSE	BLACK (14.71)	HISPANIC (23.74)	1.61
25	SAFETY	BLACK (49)	WHITE (33)	1.48
27	KINDERGARTEN STUDENTS WITH A PRE-K EXPERIENCE	WHITE (90)	HISPANIC (62)	1.45
28	FORCED TO DO SEXUAL THINGS THEY DID NOT WANT TO DO	BLACK (8.16)	WHITE (11.64)	1.43
29	GRADUATION RATE	WHITE (97)	HISPANIC (71)	1.37
30	PAST 30-DAY ALCOHOL USE BY GENDER	MALE (16.84)	FEMALE (22.89)	1.36
31	CARING SCHOOL CLIMATE	ASIAN (35)	HISPANIC (27)	1.3
32	FEELING HOPELESS OR SAD BY RACE/ETHNICITY	ASIAN (28)	HISPANIC (34.32)	1.23
33	SERVICE TO OTHERS	WHITE (42)	HISPANIC (35)	1.2
34	EXPERIENCED VERBAL ABUSE	MALE (19.27)	FEMALE (22.99)	1.19
35	WITNESSED DOMESTIC VIOLENCE	ASIAN (19.61)	HISPANIC (23.01)	1.17
36	CHILDREN WITH A MEDICAL HOME OR A USUAL DOCTOR	WHITE (84.97)	HISPANIC (73.44)	1.16
37	PAST 30-DAY CIGARETTE USE BY GENDER	FEMALE (5.22)	MALE (6.03)	1.16
38	SCHOOL ENGAGEMENT	ASIAN (88)	HISPANIC (79)	1.11





## PROGRESS WITH GOAL 1



# CYCP PROGRESS REPORT 2022-2023



Published Spring 2024

## CYCP GOAL

All Children, Youth, & Families are Physically Safe & Healthy

## RESULT

Every child in Alexandria has a strong start in life and in school

## CHAMPION

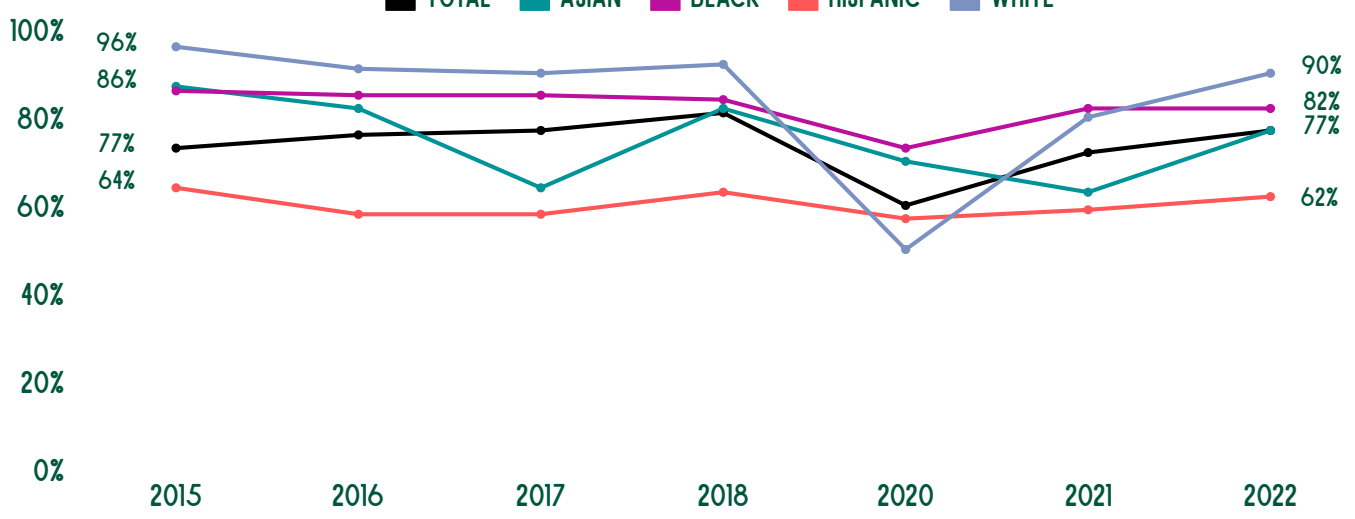
Kids' First Years

## HOW WE ARE DOING

### KINDERGARTEN STUDENTS WITH A PRE-K EXPERIENCE

SOURCE: ACPS DATA WORKBOOK 2019 & DATA DIGEST 2024

■ TOTAL ■ ASIAN ■ BLACK ■ HISPANIC ■ WHITE



CURRENT TOTAL:  
**77%**  
DISPARITY RATIO:  
**1.45**

**Trends:** About three-fourths of children in Alexandria enter Kindergarten with a Pre-K experience. The percentage has increased by 5% since 2015. Compared with Hispanic Kindergarteners, White kindergarteners are 1.45 times more likely to have a pre-k experience.

## WHAT WE ARE DOING



- Fostering a coordinated system of equitable access, capacity, enrollment, and funding
- Establishing meaningful partnerships and channels of information sharing with families to support families as their child's first teacher
- Developing and coordinating professional learning opportunities for all early care and education providers to ensure equitable high-quality, culturally responsive learning experiences for young children
- Promoting our collective early care and education vision through collaborative strategic planning, data-driven decision making, sustainable funding, and policy

## WHERE TO LEARN MORE

To learn more about Alexandria's efforts to increase participation in the early care and education system, read the [2023 Report Card on Early Care & Education](#).





# CYCP PROGRESS REPORT 2022-2023



Published Spring 2024

## CYCP GOAL

All Children, Youth, & Families are Physically Safe & Healthy

## RESULT

All youth enjoy access to healthy and culturally appropriate food

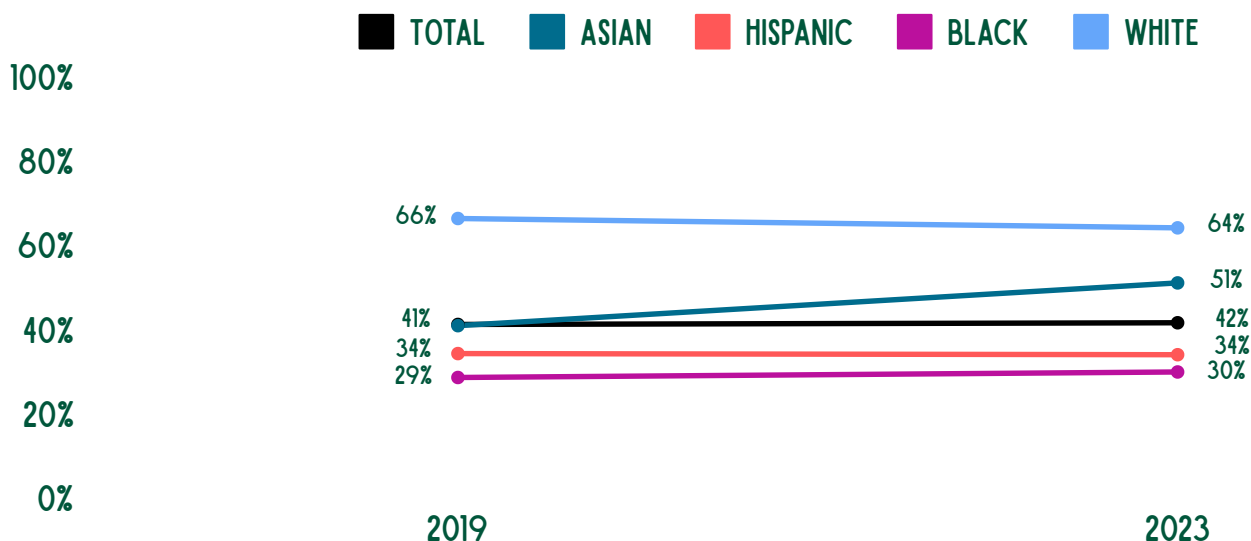
## CHAMPION

ACPS Nutritional Services

## HOW WE ARE DOING

### ATE VEGETABLES AT LEAST 1X PER DAY IN THE PAST 7 DAYS

SOURCE: YOUTH RISK BEHAVIOR SURVEY



CURRENT TOTAL: **42%**  
DISPARITY RATIO: **2.15**

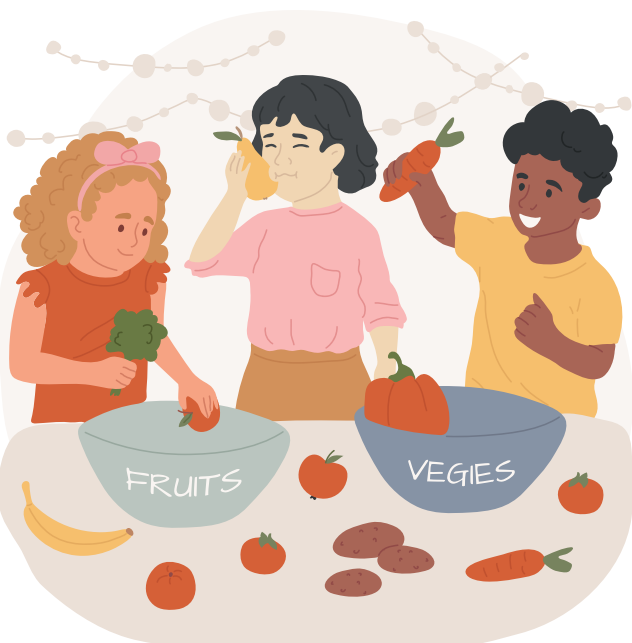
**Trends:** About two out of five children eat vegetables daily. The has remained relatively the same since 2019. Compared with Black youth, White youth are 2.15 times more likely to eat vegetables every day. The gap has decreased by 8%.

## WHAT WE ARE DOING

- Increasing the number of plant-based entrees on the ACPS school lunch menu

## WHERE TO LEARN MORE

[CYCP Report Card on Healthy Eating](#)





# CYCP PROGRESS REPORT 2022-2023



Published Spring 2024

## CYCP GOAL

All Children, Youth, & Families are Physically Safe & Healthy

## RESULT

All young people have affordable health care

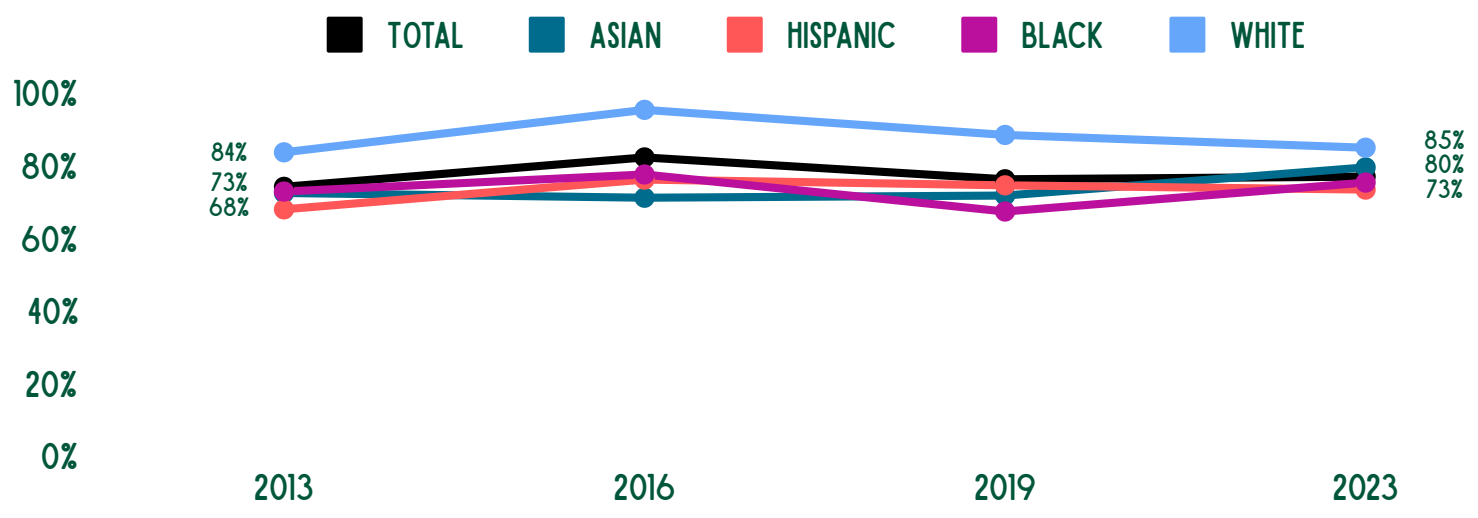
## CHAMPION

Alexandria City Public Schools and Community Health Improvement Plan (CHIP)

## HOW WE ARE DOING

### CHILDREN WITH A MEDICAL HOME OR A USUAL DOCTOR

SOURCE: YOUTH RISK BEHAVIOR SURVEY



CURRENT TOTAL: **77%**  
DISPARITY RATIO: **1.16**

**Trend:** About three out of four children have a medical home in Alexandria. Over the last decade, the rate has increased by 4%. Compared with Hispanic youth, White youth are 1.16 times more likely to have a medical home.



## WHAT WE ARE DOING

- Connecting students to health care resources and services

## WHERE TO LEARN MORE

[ACPS Equity for All 2025 Strategic Plan](#)  
[CHIP Progress Report Fall 2023](#)



# CYCP PROGRESS REPORT 2022-2023



Published Spring 2024

## CYCP GOAL

All Children, Youth, & Families are Physically Safe & Healthy

## RESULT

Sports and recreational programs are available to all youth

## CHAMPION

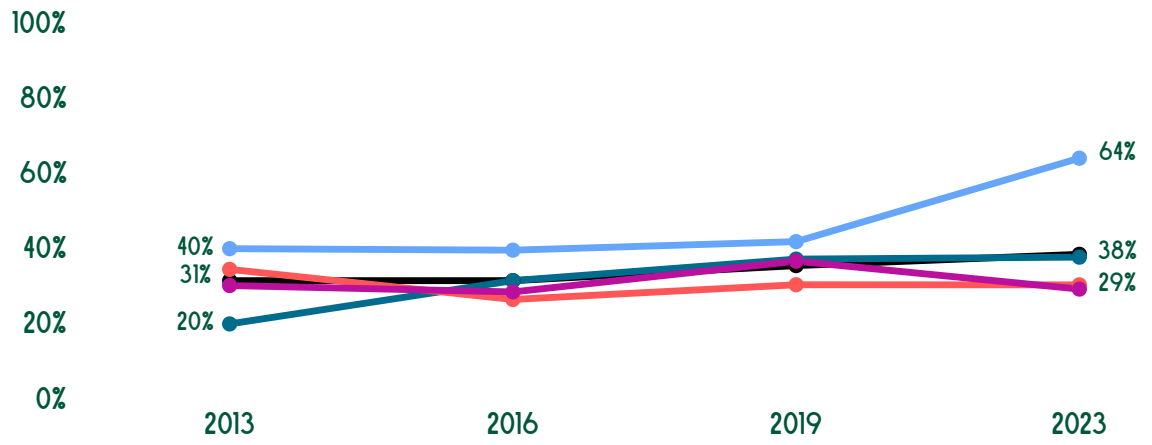
Department of Recreation, Parks, and Cultural Activities and CHIP

## HOW WE ARE DOING

### 5+ DAYS OF 60 MIN OF EXERCISE PER WEEK BY RACE/ETHNICITY

SOURCE: YOUTH RISK BEHAVIOR SURVEY

■ TOTAL ■ ASIAN ■ HISPANIC ■ BLACK ■ WHITE



CURRENT TOTAL:  
**38%**  
 DISPARITY RATIO:  
**2.21**

**Trend:** Almost two out of five youth surveyed report regularly exercising in 2023. Overall, the rate has increased by 23% since 2014. When looking at the data disaggregated by race and ethnicity, however, we see White youth are over twice as likely to exercise than Black youth. The gap has widened over the last 10 years.



## WHAT WE ARE DOING

- Enhancing and expanding sports and recreational programs and activities for students

## WHERE TO LEARN MORE

[RPCA Strategic Plan 2018-2023](#)  
[CHIP Progress Report 2023](#)



# CYCP PROGRESS REPORT 2022-2023



Published Spring 2024

## CYCP GOAL

All Children, Youth, & Families are Physically Safe & Healthy

## RESULT

All children and youth are mentally healthy

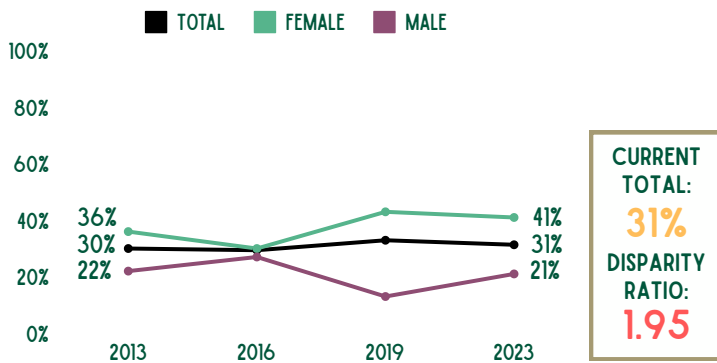
## CHAMPION

Alexandria City Public Schools, DCBS - Child and Family Behavioral Health Services, DCBS - Youth Development Team

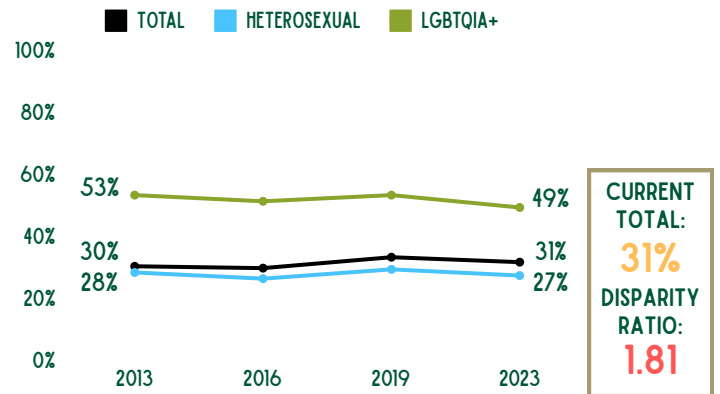
## HOW WE ARE DOING

### FEELING HOPELESS OR SAD BY GENDER

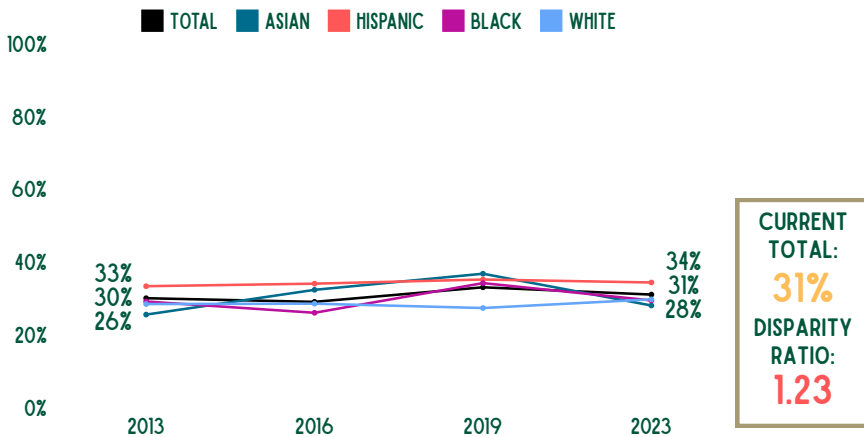
DATA SOURCE: YRBS, 2023



### FEELING HOPELESS AND SAD BY SEXUAL ORIENTATION



### FEELING HOPELESS OR SAD BY RACE/ETHNICITY



**Trend:** Nearly one in three youth surveyed report feeling hopeless or sad for two or more weeks. This number has remained relatively the same since 2014.

Compared with male youth, female youth are, on average, nearly twice as likely to report feeling depressed.

Compared with youth who identify as heterosexual, LGBTQ+ youth are 1.81 times more likely to report feelings of depression.

Compared with Asian youth, Hispanic youth are 1.23 times more likely to experience depression.

## WHAT WE ARE DOING

- Incorporating social, emotional, and academic learning into the school day
- Increasing access to mental health and wellness services, supports, resources, and dialogues

## WHERE TO LEARN MORE

To learn more about the progress made in this area, read the [CYCP Report Card on Youth Mental Health](#)







# CYCP PROGRESS REPORT 2022-2023



Published Spring 2024

## CYCP GOAL

All Children, Youth, & Families are Physically Safe & Healthy

## RESULT

All Alexandria youth choose to be alcohol- and drug-free

## CHAMPION

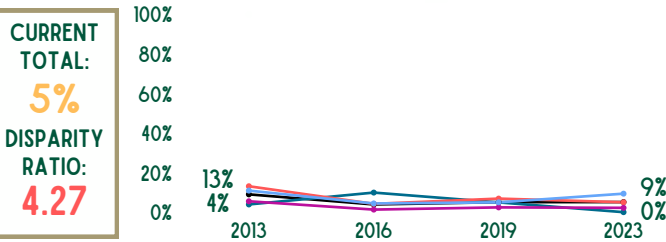
Substance Abuse Coalition of Alexandria,  
Alexandria Campaign on Adolescent Pregnancy,  
Alexandria Sexual Assault Center

## HOW WE ARE DOING

### PAST 30-DAY CIGARETTE USE BY RACE/ETHNICITY

SOURCE: YOUTH RISK BEHAVIOR SURVEY

TOTAL ASIAN HISPANIC BLACK WHITE

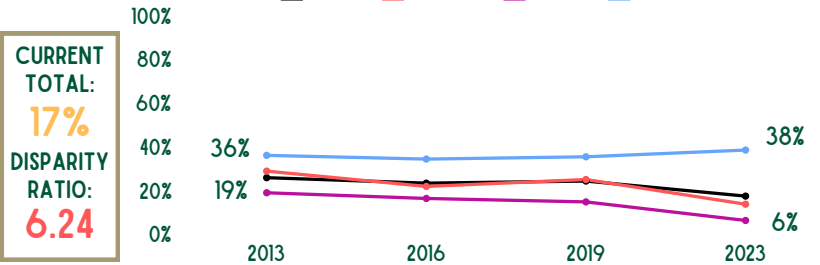


CURRENT TOTAL: **5%**  
DISPARITY RATIO: **4.27**

### PAST 30-DAY ALCOHOL USE BY RACE/ETHNICITY

SOURCE: YOUTH RISK BEHAVIOR SURVEY

TOTAL HISPANIC BLACK WHITE



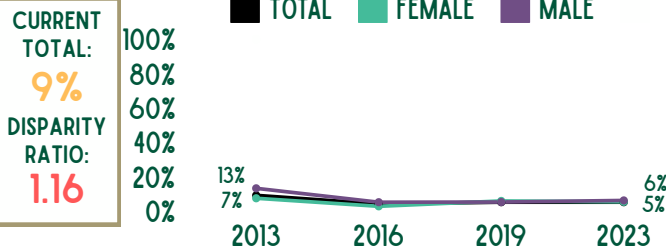
CURRENT TOTAL: **17%**  
DISPARITY RATIO: **6.24**

**Trends:** In 2023, one in twenty youth reported recently using cigarettes. That same year, 17% of youth reported using alcohol in the past 30 days. Both numbers have decreased by 44% and 35%, respectively, since 2013. When looking at the data disaggregated by race and ethnicity, however, large gaps exist. Compared to Black youth, White youth are 4.27 times more likely to smoke cigarettes and 6.24 times as likely to drink alcohol. These ratios have increased since 2013.

Male youth are 1.16 times more likely to report cigarette use than female youth, however, female youth are, on average, 1.36 times more likely to report alcohol use than male youth. While the disparity ratio between genders has narrowed with cigarette use, it has widened for alcohol use.

### PAST 30-DAY CIGARETTE USE BY GENDER

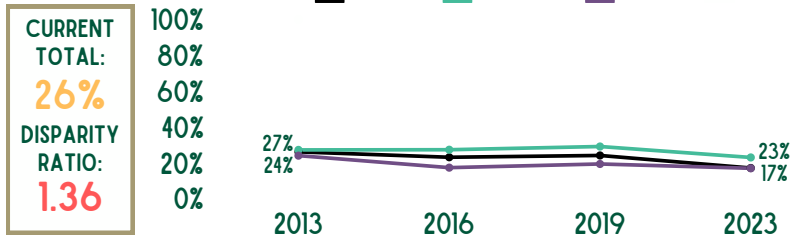
TOTAL FEMALE MALE



CURRENT TOTAL: **9%**  
DISPARITY RATIO: **1.16**

### PAST 30-DAY ALCOHOL USE BY GENDER

TOTAL FEMALE MALE



CURRENT TOTAL: **26%**  
DISPARITY RATIO: **1.36**

## WHAT WE ARE DOING

- Enhancing connections to and bonding with adults, peers and organizations in the community
- Providing youth with information about substance use and raise awareness about the impacts of substance use
- Modifying access to substances and e-cigarettes
- Providing healthy alternative to use

## WHERE TO LEARN MORE

To learn more about the progress made in this area, read the [CYCP Report Card on Youth Alcohol Use](#)





# CYCP PROGRESS REPORT 2022-2023



Published Spring 2024

## CYCP GOAL

All Children, Youth, & Families are Physically Safe & Healthy

## RESULT

All young people live healthy lives and violence-free

## CHAMPION

Alexandria Court Service Unit

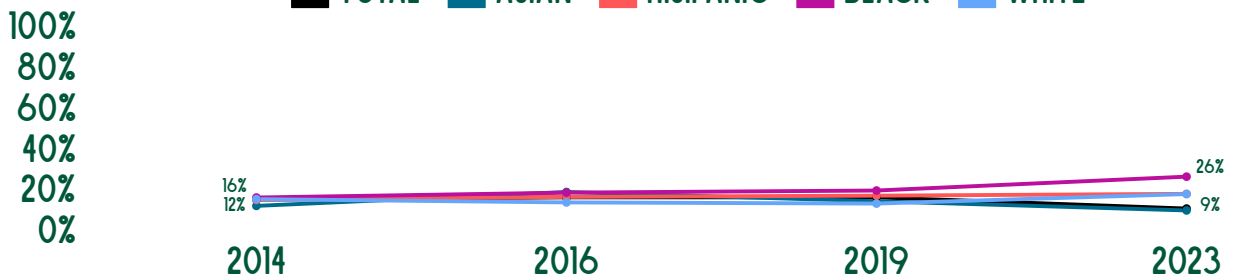
## HOW WE ARE DOING

### YOUTH VIOLENCE BY RACE/ETHNICITY

DATA SOURCE: YOUTH RISK BEHAVIOR SURVEY, 2023

■ TOTAL ■ ASIAN ■ HISIPANIC ■ BLACK ■ WHITE

CURRENT TOTAL: **12%**  
DISPARITY RATIO: **1.25**



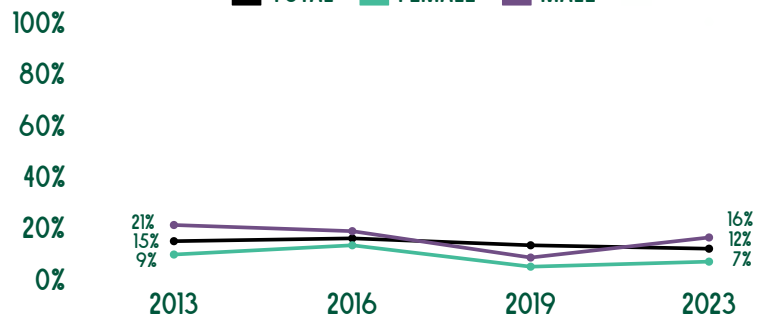
**Trend:** The percentage of youth who reported being in a physical fight in the past year has decreased by 43% since 2011. Compared to White youth, Hispanic youth are 1.25 times more likely to be in a physical fight. Male youth are currently 2.42 times more likely to be in a physical fight than female youth.

### YOUTH VIOLENCE BY GENDER

DATA SOURCE: YOUTH RISK BEHAVIOR SURVEY, 2023

■ TOTAL ■ FEMALE ■ MALE

DISPARITY RATIO: **2.42**



## WHAT WE ARE DOING

- Supporting healthy youth development in communities and groups that are disproportionately affected by youth court involvement and gang/violence

## WHERE TO LEARN MORE

To learn more about the progress made in this area, read the [Youth Safety & Resilience Initiative](#)



# CYCP PROGRESS REPORT 2022-2023



Published Spring 2024

## CYCP GOAL

All Children, Youth, & Families are Physically Safe & Healthy

## RESULT

Young people have complete and accurate sexual health information and access to sexual and reproductive health care services

## CHAMPION

Alexandria Campaign on Adolescent Pregnancy (ACAP)

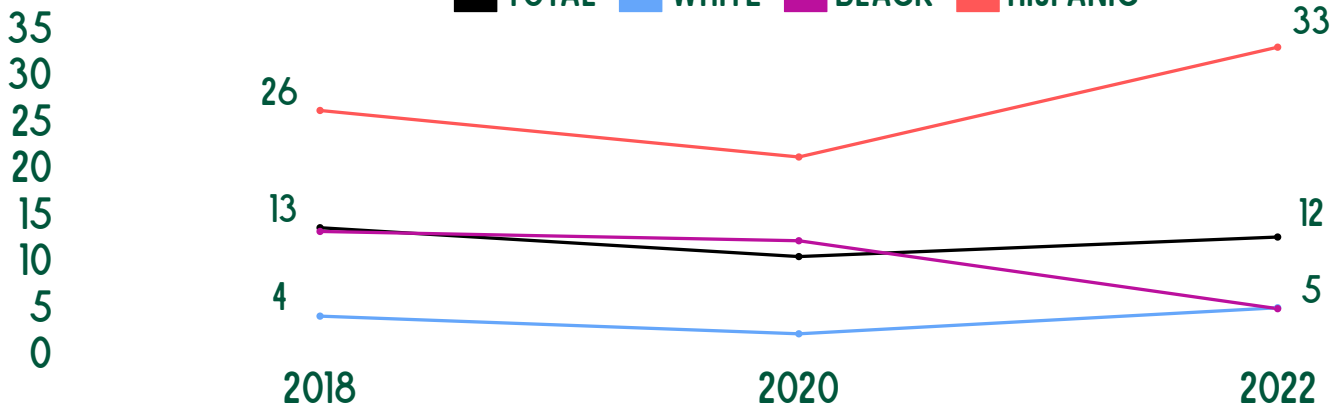
## HOW WE ARE DOING

### TEEN PREGNANCY RATE

PREGNANCIES/ 1,000 FEMALES AGED 10-19

SOURCE: VIRGINIA DEPARTMENT OF HEALTH, DIVISION OF HEALTH STATISTICS

■ TOTAL ■ WHITE ■ BLACK ■ HISPANIC



CURRENT TOTAL:  
**12.4**  
DISPARITY RATIO:  
**6.83**

**Trend:** The teen pregnancy rate is 12.4 for every 1,000 girls, aged 10-19. The number has decreased by 8% since 2018. Hispanic youth are 6.83 times more likely to become pregnant than White youth.

## WHAT WE ARE DOING

- Supporting ACPS in providing comprehensive K-12 sex ed that is LGBTQ inclusive and includes consent, violence prevention, and refusal skills
- Targeting resources for prevention education and health services specifically for communities and groups that are disproportionately affected by teen pregnancy (i.e. Black and Latina girls, girls ages 18-19)

## WHERE TO LEARN MORE

[CYCP Report Card on Sex Ed for All](#)





# CYCP PROGRESS REPORT 2022-2023



Published Spring 2024

## CYCP GOAL

**All Children, Youth, & Families are Physically Safe & Healthy**

## RESULT

**All young people live healthy lives and violence-free**

## CHAMPION

**Alexandria Sexual Assault Center**

## HOW WE ARE DOING

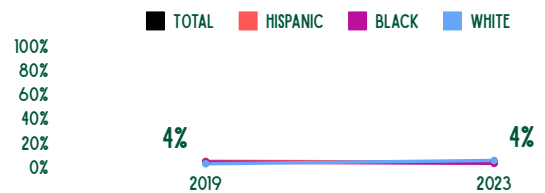
**Trend:** The percentage of youth who reported dating violence, with one exception, has decreased over the last decade. Youth who reported experiencing verbal abuse from a partner, however, increased by 53%. Compared with Black youth, White youth, on average, are 1.89 times more likely to report that they were forced to have sex and 1.43 times more likely to report being forced to do sexual things they did not want to do. Compared to Black youth, Hispanic and White youth are 1.61 times more likely to report experiencing verbal abuse from a partner. Female youth are, on average, more likely to report dating violence than male students.

\*Obtaining accurate data on sexual violence is inherently difficult because it is understandably under-reported. The numbers are more a reflection of whether our community is a place where students feel comfortable reporting the incidents.

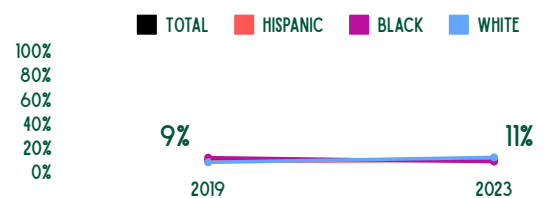
## DATING VIOLENCE BY RACE/ETHNICITY\*

SOURCE: YOUTH RISK BEHAVIOR SURVEY, 2023

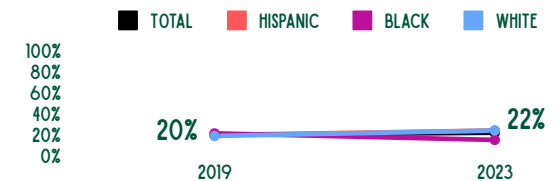
### EVER BEEN FORCED TO HAVE SEXUAL INTERCOURSE



### FORCED TO DO SEXUAL THINGS THEY DID NOT WANT TO DO



### EXPERIENCED VERBAL ABUSE FROM BOYFRIEND/GIRLFRIEND



TOTAL: 4%  
DISPARITY RATIO: 1.89

TOTAL: 10%  
DISPARITY RATIO: 1.43

TOTAL: 22%  
DISPARITY RATIO: 1.61

## WHAT WE ARE DOING

- Offering programs to empower youth, build self-confidence, and foster healthy relationships with a focus on attracting BIPOC youth participation
- Supporting peer to peer education and advocacy through the Keep it 360 Peer Advocate program



## WHERE TO LEARN MORE

**CYCP Report Card on Preventing Teen Dating Violence**

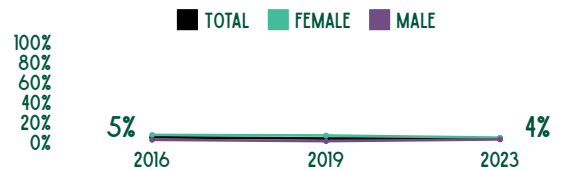
TOTAL: 4%  
DISPARITY RATIO: 1.64

TOTAL: 10%  
DISPARITY RATIO: 2.19

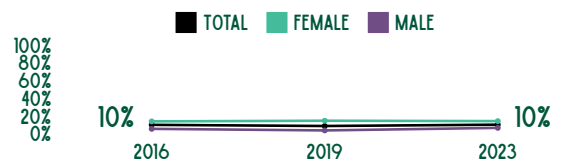
TOTAL: 22%  
DISPARITY RATIO: 1.19

## DATING VIOLENCE BY GENDER

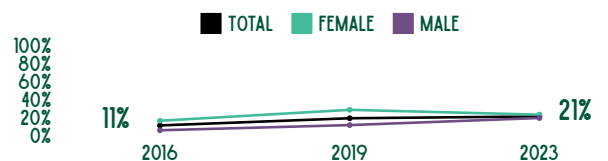
### EVER BEEN FORCED TO HAVE SEXUAL INTERCOURSE



### FORCED BY SOMEONE THEY WERE DATING TO DO SEXUAL THINGS THEY DID NOT WANT TO DO



### EXPERIENCED VERBAL ABUSE FROM GIRLFRIEND/BOYFRIEND





# CYCP PROGRESS REPORT 2022-2023



Published Spring 2024

## CYCP GOAL

All Children, Youth, & Families are Physically Safe & Healthy

## RESULT

All families are supported by an equitable economy

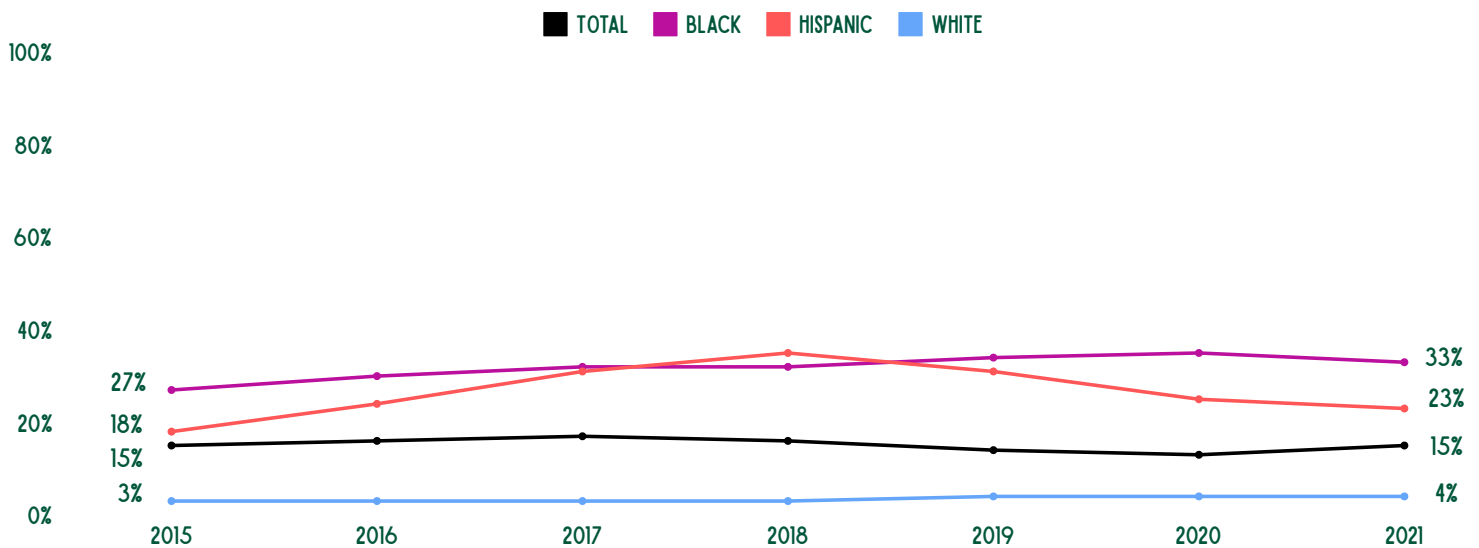
## CHAMPION

DCHS Refugee and Immigrant Work Group and CHIP

## HOW WE ARE DOING

### CHILDREN IN POVERTY BY RACE/ETHNICITY, ALEXANDRIA

SOURCE: US CENSUS BUREAU, AMERICAN COMMUNITY SURVEY, 2018-22.



TOTAL: 15%  
DISPARITY RATIO: 8.25

**Trend:** For every twenty kids in Alexandria, three live in poverty. This percentage has remained the same since 2015. Black children are, on average, 8.25 times more likely to live in poverty than White children.



## WHAT WE ARE DOING

- Empower the voices and experiences of immigrant and refugee communities to identify and address inequities and system gaps
- Increase parents' access to employment resources and opportunities
- Create the conditions for families to meet their basic needs and move out of poverty

## WHERE TO LEARN MORE

To learn more about the Alexandria's plans to address poverty, see the [CHIP 2025](#)





# CYCP PROGRESS REPORT 2022-2023



Published Spring 2024



## RESULT

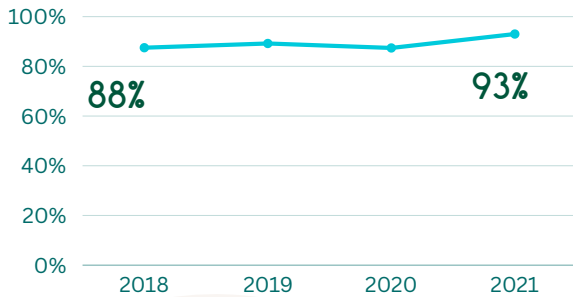
**Alexandria is an affordable place for families to live**

## CHAMPION

**Alexandria Office of Housing**

## HOW WE ARE DOING

**RENTER HOUSEHOLDS WITH INCOMES BELOW \$50K WHO ARE HOUSING COST BURDENED**  
SOURCE: CITY OF ALEXANDRIA OFFICE OF HOUSING



## WHAT WE ARE DOING

- Making Alexandria a more affordable place to live, especially for low-income families and the city's workforce
- Supporting healthy, well-designed, and energy efficient housing that fosters the well-being of Alexandria residents

## WHERE TO LEARN MORE

[CYCP Report Card on Housing](#)

## RESULT

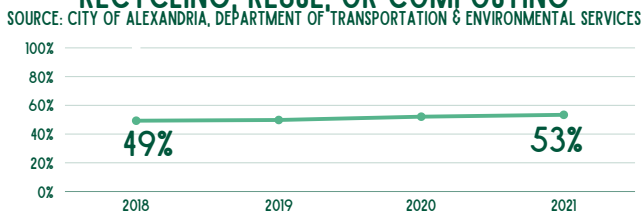
**Alexandria is a sustainable Eco-City in which young people live, work, and play for generations to come**

## CHAMPION

**Department of Transportation and Environmental Services and Department of Recreation, Parks, and Cultural Activities (RPCA)**

## HOW WE ARE DOING

**% OF WASTE THAT IS DIVERTED THROUGH RECYCLING, REUSE, OR COMPOSTING**  
SOURCE: CITY OF ALEXANDRIA, DEPARTMENT OF TRANSPORTATION & ENVIRONMENTAL SERVICES



## WHAT WE ARE DOING

- Strategy #25.** Protect the health and sustainability of Alexandria's natural environment
- Strategy #26.** Introduce environmental education at younger age

## WHERE TO LEARN MORE

[Alexandria's Environmental Action Plan 2040](#)

[RPCA Strategic Plan 2018-2023](#)





## PROGRESS WITH GOAL 2



# CYCP PROGRESS REPORT 2022-2023



Published Spring 2024

## CYCP GOAL

All Children and Youth are Academically Successful and Career Ready

## RESULT

All young people are supported by an equitable education system that promotes their success in school, career, and life

## CHAMPION

ACPS, DCPS - Early Childhood, CHIP

## HOW WE ARE DOING

### Trends in School Engagement & Climate:

The percentage of youth reporting school engagement has increased by 67% since 2010. Compared with Hispanic students, Asian students are, on average, 1.1 times more likely to report active engagement in their learning. The rate of students reporting that their school provides a caring, encouraging environment has risen by 11%. Compared with Hispanic students, Asian students are 1.15 times more likely to feel like their school provides them with a caring, encouraging environment.

**Trends in Suspensions:** The number of students with suspensions increased by 81% from 2022 to 2023 but decreased by 39% since the 2018-19 school year.

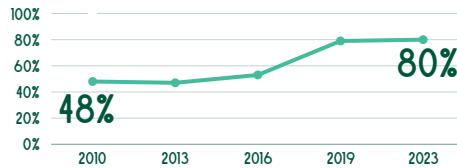
These pie charts depict the percentage of students by demographic enrolled in ACPS compared to the percentage of suspensions by sub-group. For example, in 2023, Black students comprised 24% of student enrollment and yet made up 47% of school suspensions. Black students at ACPS are suspended 5.88 times more than White students.

Economically-Disadvantaged Students (EDS) comprise of 61% enrollment and yet make up 85% of school suspensions. For every non-economically disadvantaged student suspended, 5.67 EDS are suspended.

Male students are 1.86 times more likely to get suspended from APCS than females.

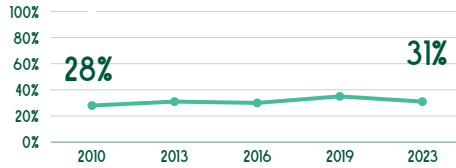
### School Engagement

Source: Developmental Assets, Alexandria City Public Schools, Search Institute

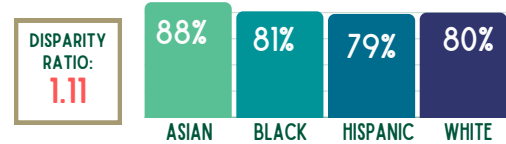


### Caring School Climate

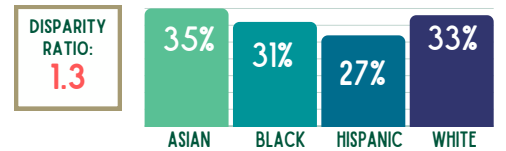
Source: Developmental Assets, Alexandria City Public Schools, Search Institute



### SCHOOL ENGAGEMENT BY RACE/ETHNICITY, 2022

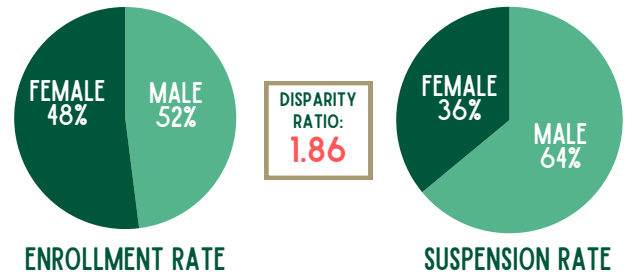


### CARING SCHOOL CLIMATE BY RACE/ETHNICITY, 2022



### SUSPENSION RATES BY GENDER

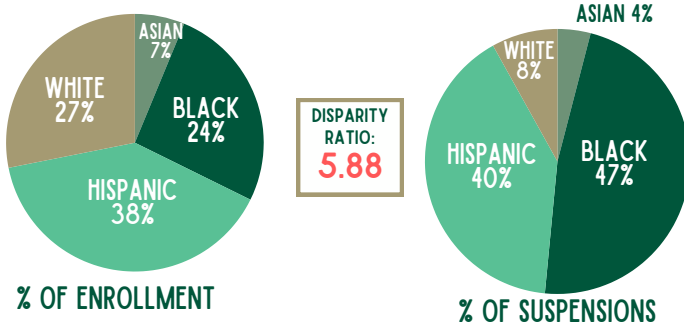
SOURCE: ACPS EQUITY FOR ALL DASHBOARD, 2021-2022



### SUSPENSION RATES BY RACE/ETHNICITY

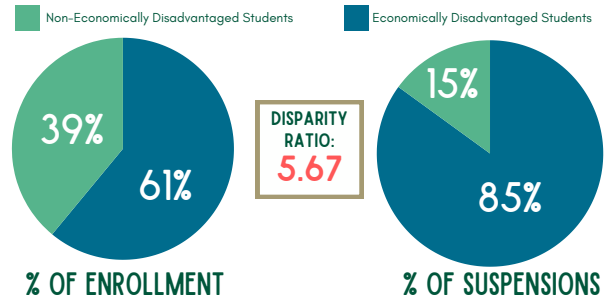
NUMBER OF STUDENTS WITH AT LEAST ONE SUSPENSION

SOURCE: ACPS EQUITY FOR ALL DASHBOARD, 2023



### SUSPENSION RATES BY SOCIO-ECONOMIC STATUS

SOURCE: ACPS EQUITY FOR ALL DASHBOARD, 2023



## WHAT WE ARE DOING

- Promoting equity and inclusion at the school and classroom level
- Strengthening technology infrastructure

## WHERE TO LEARN MORE

- [ACPS Equity for All 2025 Strategic Plan](#)
- [CHIP Progress Report Fall 2023](#)
- [Report Card on Reading for Pleasure](#)



# CYCP PROGRESS REPORT 2022-2023



Published Spring 2024

## CYCP GOAL

All Children and Youth are Academically Successful and Career Ready

## RESULT

All young people graduate from high school "college and career ready"

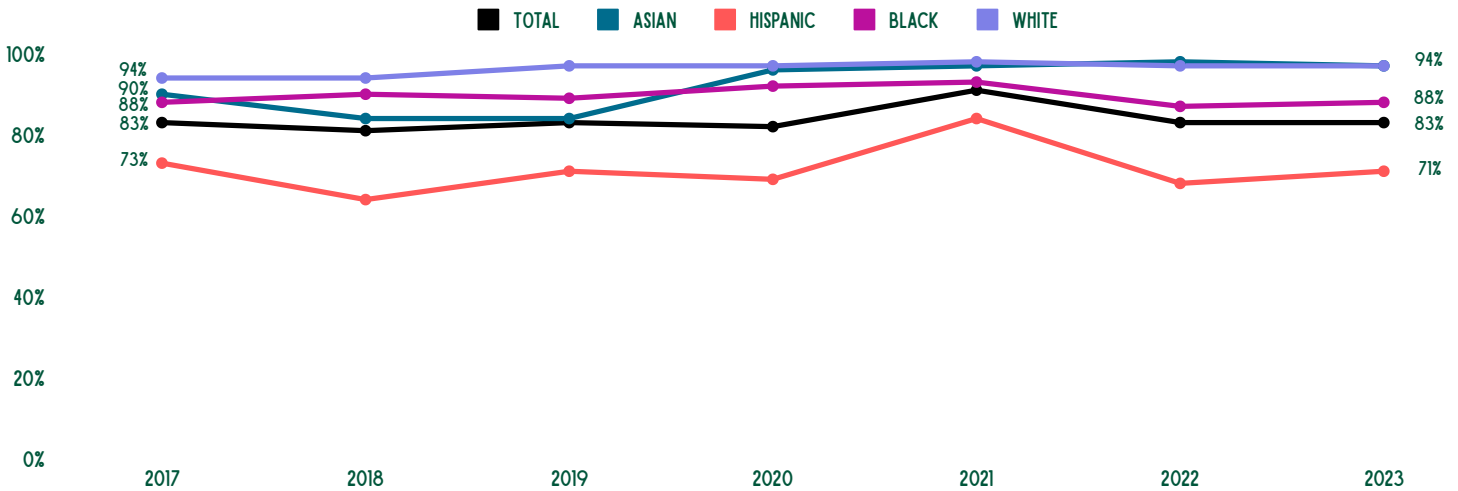
## CHAMPIONS

ACPS,  
CHIP,  
DCHS - Workforce Development Center

## HOW WE ARE DOING

### GRADUATION RATES BY RACE/ETHNICITY

SOURCE: VIRGINIA DEPARTMENT OF EDUCATION, 2023



TOTAL:  
**83%**  
DISPARITY  
RATIO:  
**1.37**

**Trends:** The percentage of ACPS students graduating from high school on time has remained the same since 2017. Compared to Hispanic students, White students are 1.37 times more likely to graduate on time.

## WHAT WE ARE DOING

- Increasing youth access to the resources they need for educational and career success
- Advocating for programs that enhance youth leadership skills, workforce skills, and Virginia's 5 c's

## WHERE TO LEARN MORE

[CHIP Progress Report Fall 2023](#)  
[ACPS Equity for All Strategic Plan](#)







## PROGRESS WITH GOAL 3





# CYCP PROGRESS REPORT 2022-2023



Published Spring 2024

## CYCP GOAL

All Children, Youth, and Families have Positive Experiences

## RESULT

All young people feel safe at home, school, and in their community

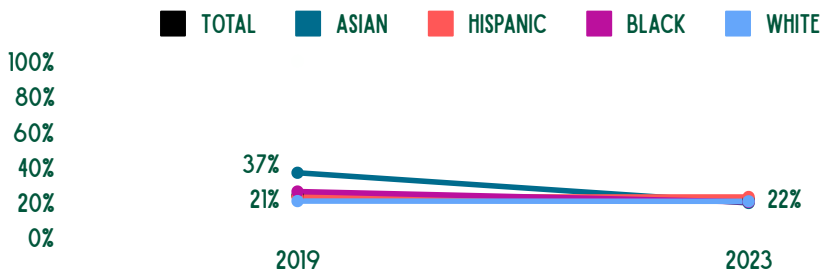
## CHAMPION

DCHS - Center for Children and Families, Community Health Improvement Plan, Alexandria Police Department, Alexandria City Public Schools, Mayor's Campaign to End Bullying

## HOW WE ARE DOING

### WITNESS TO DOMESTIC VIOLENCE IN PAST 12 MONTHS

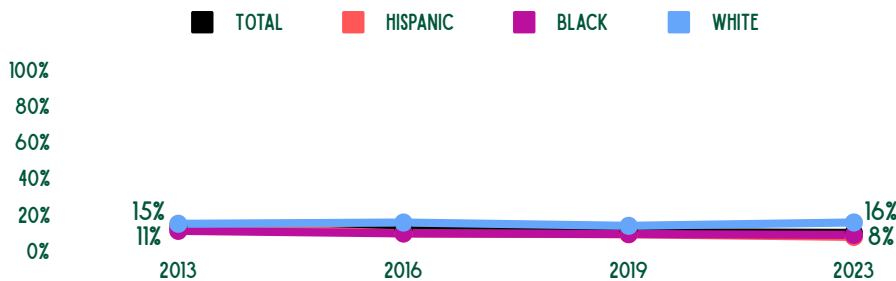
SOURCE: YOUTH RISK BEHAVIOR SURVEY, 2023



TOTAL: 22%  
DISPARITY RATIO: 1.17

### BULLIED ON SCHOOL PROPERTY IN PAST 12 MONTHS

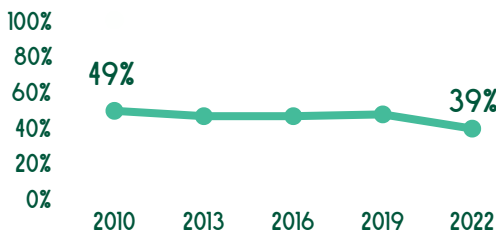
SOURCE: YOUTH RISK BEHAVIOR SURVEY, 2023



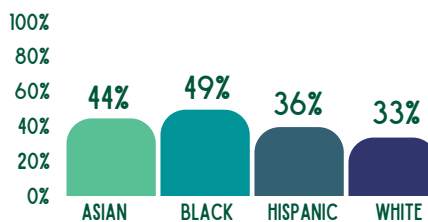
TOTAL: 10%  
DISPARITY RATIO: 2.04

### SAFETY

YOUNG PERSON FEELS SAFE AT HOME, SCHOOL, AND IN THE NEIGHBORHOOD  
SOURCE: DEVELOPMENTAL ASSETS, ACPS, SEARCH INSTITUTE



### SAFETY BY RACE/ETHNICITY, 2022



TOTAL: 39%  
DISPARITY RATIO: 1.48

## WHAT WE ARE DOING

- Minimizing and preventing exposure to ACEs and trauma in the household
- Strengthening and maintaining relationships with Alexandria's Law Enforcement
- Expanding access to and availability of physical spaces with trusted, caring adults, where youth can feel safe when not in school
- Maintaining the physical environment of school buildings and school grounds as well as the physical safety of students
- Preventing bullying by providing education, building Developmental Assets®, and growing awareness among community

**Trends:** Compared to 2019, fewer youth reported witnessing violence where they live in 2023. Compared with Asian youth, Hispanic youth are, on average, 1.17 times more likely to witness violence.

Since 2014, the number of ACPS students reporting being bullied on school property has decreased by 23%. Compared with Black youth, White youth are 2.04 times more likely to be bullied at school.

The number of youth reporting feeling safe in their home, school, and community has decreased by 20% over the last decade. Black youth are 1.48 times more likely to report feeling safe than White youth.



# CYCP PROGRESS REPORT 2022-2023



Published Spring 2024

## CYCP GOAL

All Children, Youth, and Families have Positive Experiences

## RESULT

Alexandria is a trauma-informed and resilient community

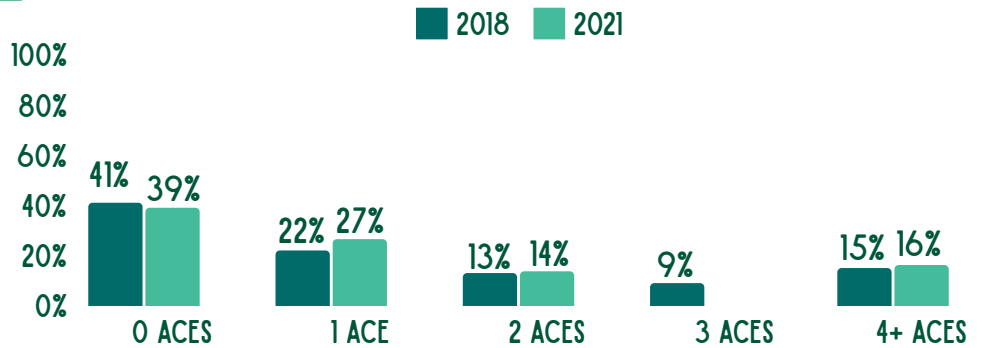
## CHAMPION

RAISE

## HOW WE ARE DOING

### PERCENTAGE OF ALEXANDRIA ADULTS REPORTING ONE OR MORE ACES

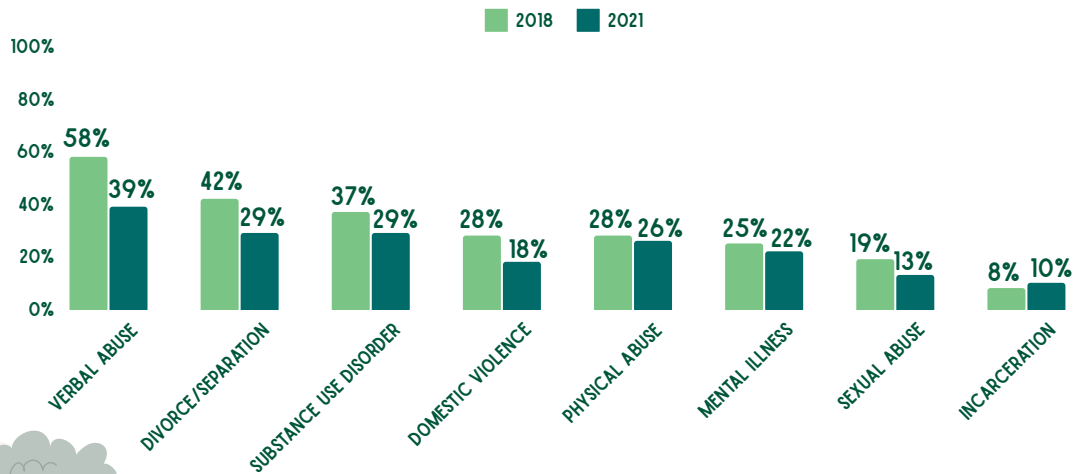
SOURCE: VIRGINIA DEPARTMENT OF HEALTH, DIVISION OF POLICY AND EVALUATION, BEHAVIORAL RISK FACTOR SURVEILLANCE SURVEY, 2018 & 2021.



**Trends:** Three out of five of Alexandria Adults report having at least one adverse childhood experience (ACE). The percentage of adults reporting 4+ ACEs slightly increased between 2018 and 2021. The most common ACEs Virginia adults experienced as youth are verbal abuse, divorce, and household substance use disorder.

### PREVALENCE OF EACH ACE EXPERIENCE, VIRGINIA

SOURCE: VIRGINIA DEPARTMENT OF HEALTH, DIVISION OF POLICY AND EVALUATION, BEHAVIORAL RISK FACTOR SURVEILLANCE SURVEY, 2018 & 2021.



## WHAT WE ARE DOING

- Creating a more trauma-informed and resilient Alexandria by informing, supporting, and elevating our community

## WHERE TO LEARN MORE

To learn more about Alexandria's progress in becoming more trauma-informed, read the [2023 Report Card on Community Resilience](#)





# CYCP PROGRESS REPORT 2022-2023



Published Spring 2024

## CYCP GOAL

All Children, Youth, and Families have Positive Experiences

## RESULT

Alexandria's youth have the 40 positive supports, relationships, and strengths that young people need to succeed

## CHAMPION

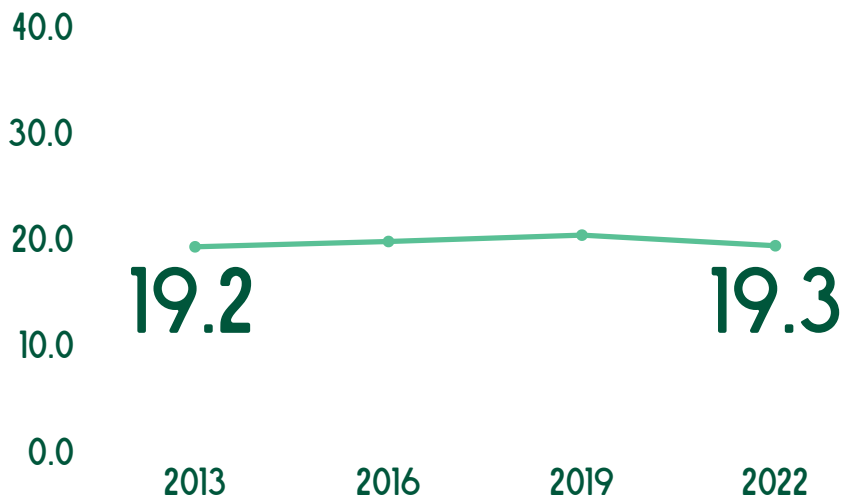
Alexandria Campaign on Adolescent Pregnancy (ACAP),  
CYCP Work Group

## HOW WE ARE DOING

**Trends:** Since 2013, Alexandria youth have consistently reported having an average of 19.6 out of 40 developmental assets. Disaggregated data for this metric is not available.

### AVERAGE NUMBER OF ASSETS REPORTED BY YOUTH

SOURCE: DEVELOPMENTAL ASSETS, ALEXANDRIA CITY PUBLIC SCHOOLS, SEARCH INSTITUTE



## WHAT WE ARE DOING

- Support schools and organizations in adopting the Developmental Assets Framework®
- Provide fun and free community activities, clubs, and social events that promote social connectedness

## WHERE TO LEARN MORE

Learn more about Developmental Assets and Alexandria's efforts to build them [here](#).



# CYCP PROGRESS REPORT 2022-2023



Published Spring 2024

## CYCP GOAL

All Children, Youth, and Families have Positive Experiences

## RESULT

All young people perceive that adults in the community value youth

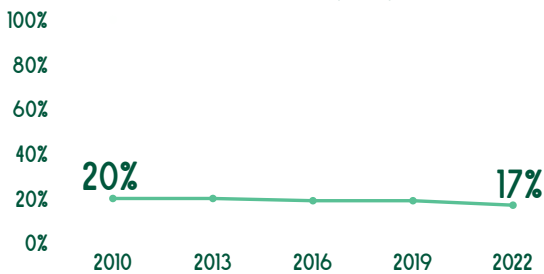
## CHAMPION

CYCP Work Group

## HOW WE ARE DOING

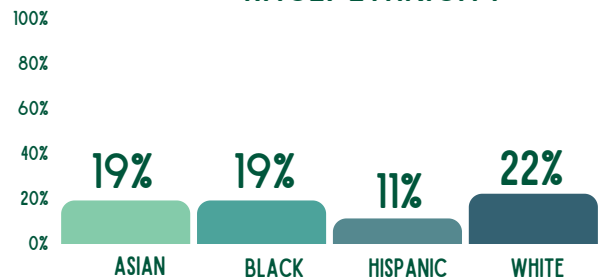
### COMMUNITY VALUES YOUTH

SOURCE: DEVELOPMENTAL ASSETS, ACPS, SEARCH INSTITUTE



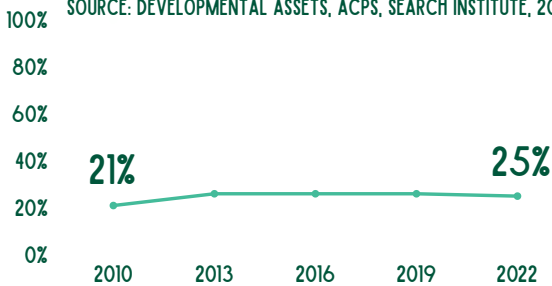
TOTAL: 17%  
DISPARITY RATIO: 2

### COMMUNITY VALUES YOUTH BY RACE/ETHNICITY



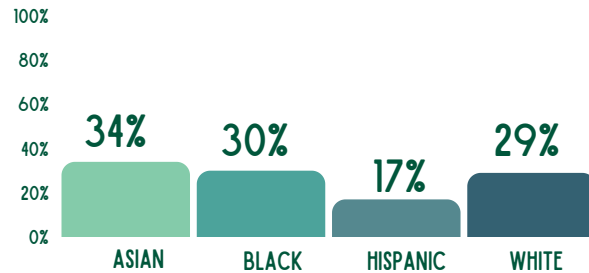
### YOUTH AS RESOURCES

SOURCE: DEVELOPMENTAL ASSETS, ACPS, SEARCH INSTITUTE, 2022



TOTAL: 25%  
DISPARITY RATIO: 2

### YOUTH AS RESOURCES BY RACE/ETHNICITY



**Trends:** Since 2010, the number of youth reporting that they feel valued by their community has decreased by 15%. White youth are twice as likely as Hispanic youth to report feeling valued.

In 2022, a quarter of youth surveyed reported feeling seen as a resource, a 19% increase since 2010. Asian youth are twice as likely to report feeling seen as a resource as Hispanic youth.



## WHAT WE ARE DOING

- Promoting youth empowerment by sharing decision-making power with youth

## WHERE TO LEARN MORE

[Youth Recommendations to City Council on Increasing Safety and Resilience](#)



# CYCP PROGRESS REPORT 2022-2023



Published Spring 2024

## CYCP GOAL

All Children, Youth, and Families have Positive Experiences

## RESULT

Alexandria's youth receive support from three or more non-parent adults

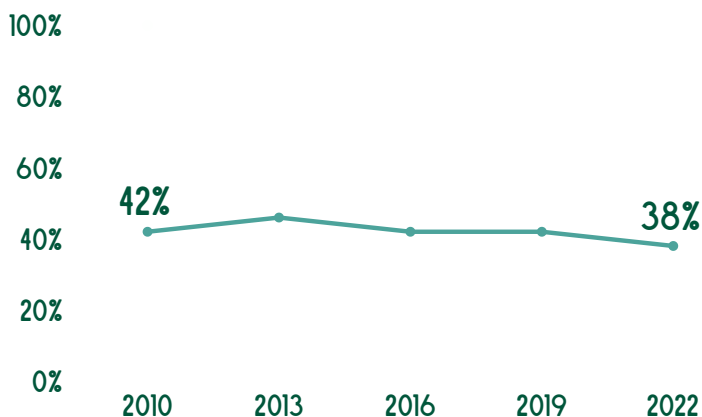
## CHAMPION

Alexandria Mentoring Partnership (AMP),  
CYCP Work Group

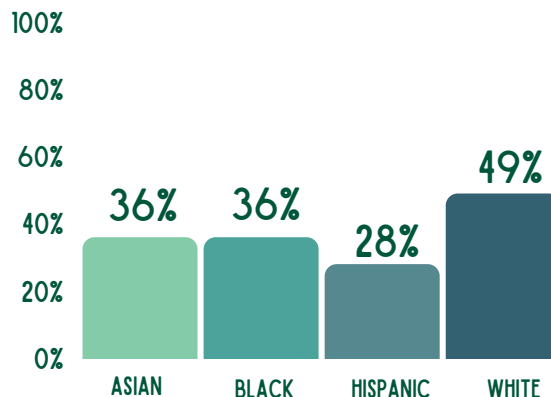
## HOW WE ARE DOING

### OTHER ADULT RELATIONSHIPS

SOURCE: DEVELOPMENTAL ASSETS, ACPS, SEARCH INSTITUTE



### OTHER ADULT RELATIONSHIPS BY RACE/ETHNICITY, 2022



TOTAL:

**38%**

DISPARITY

RATIO:

**1.75**

**Trends:** Since 2010, the number of youth reporting that they have three or more non-parent caring adults in their life has decreased by 10%. White youth are 1.75 times as likely to report this asset compared with Latino youth.



## WHAT WE ARE DOING

- Ensuring that every young person is embedded in a web of positive relationships with trusted, caring adults

## WHERE TO LEARN MORE

See the Report Cards on Connecting Youth to Caring Adults **2022** | **2023**





# CYCP PROGRESS REPORT 2022-2023



Published Spring 2024

## CYCP GOAL

All Children, Youth, and Families have Positive Experiences

## RESULT

All Alexandria youth recognize the value of helping others

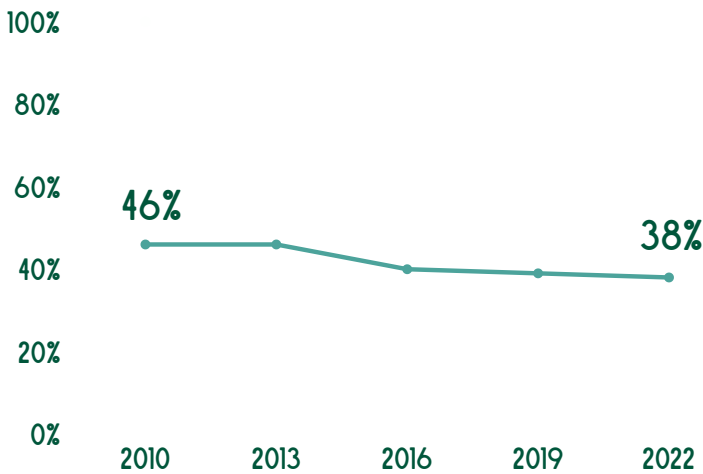
## CHAMPION

Volunteer Alexandria

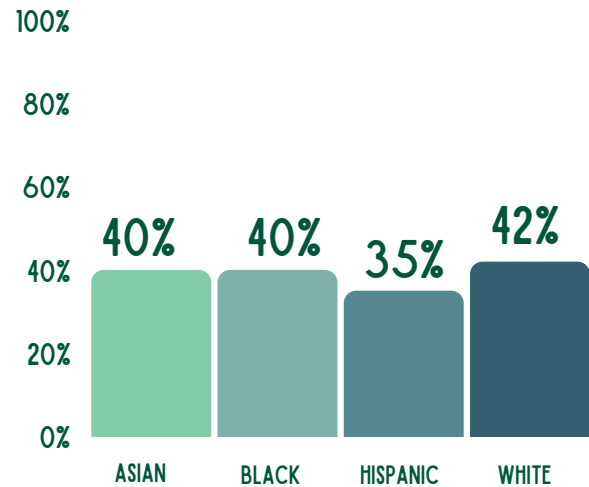
## HOW WE ARE DOING

### SERVICE TO OTHERS

SOURCE: DEVELOPMENTAL ASSETS, ACPS, SEARCH INSTITUTE



### SERVICE TO OTHERS BY RACE/ETHNICITY, 2022



TOTAL:  
**38%**  
DISPARITY RATIO:  
**1.2**

**Trends:** Since 2010, the number of youth reporting service to others has decreased by 17%. Compared with Hispanic youth, White youth are 1.2 times more likely to report this asset.



## WHAT WE ARE DOING

- Creating more and expand opportunities for youth to volunteer in their community

## WHERE TO LEARN MORE

Read the CYCP Report Cards on Youth Helping Others [2022](#) | [2023](#)



# CYCP PROGRESS REPORT 2022-2023



Published Spring 2024

## CYCP GOAL

All Children, Youth, and Families have Positive Experiences

## RESULT

Alexandria's young people are involved in interesting activities that help bring out their best

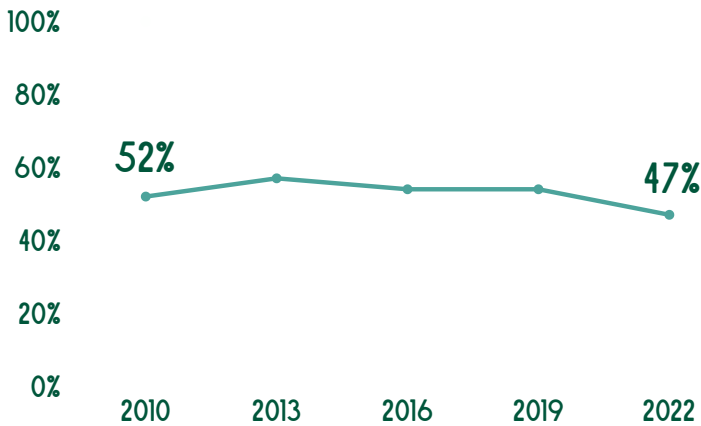
## CHAMPION

CYCP Work Group, Youth Support Network, Alexandria City Public Schools

## HOW WE ARE DOING

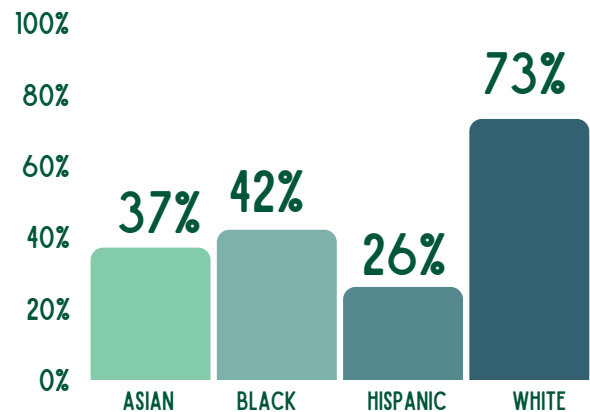
### YOUTH PROGRAMS

SOURCE: DEVELOPMENTAL ASSETS, ACPS, SEARCH INSTITUTE



TOTAL:  
**47%**  
DISPARITY RATIO:  
**2.81**

### YOUTH PROGRAMS BY RACE/ETHNICITY, 2022



**Trend:** Just under 50% of youth surveyed reported participating regularly in a youth program in 2022, a 10% decrease since 2010. Compared with Latino youth, White youth are 2.81 times as likely to report this asset.



## WHAT WE ARE DOING

- Supporting the development and alignment of and equitable access to high-quality out of school time programs

## WHERE TO LEARN MORE

To learn more about the progress made in this area, read the [Report Card on Out of School Time Programming](#).



## PROGRESS WITH OVERARCHING STRATEGIES



# CYCP PROGRESS REPORT 2022-2023



Published Spring 2024

## CYCP GOAL

All Children, Youth, and Families have Positive Experiences

## RESULT

Alexandria's youth and family serving systems are effective, equitable, and respectful

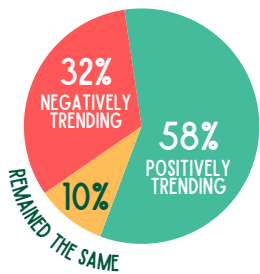
## CHAMPION

City-School Staff Group (CSSG)

## HOW WE ARE DOING

### RACIAL EQUITY

% OF CYCP INDICATORS CHANGED FROM BASELINE YEAR



% OF DISPARITY RATIOS THAT CHANGED FROM BASELINE YEAR

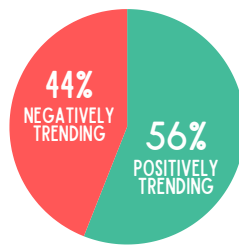


TABLE 1: EXTENT OF DISPARITIES

Disparity Ratio Groupings	# of Indicators
5 or Higher	5
2 - 4.9	11
1.5 - 1.9	7
1 - 1.4	14

TABLE 2: EXTENT OF DISPARITIES BY RACE/ETHNICITY

Racial or Ethnic Group with Best Rate	# of times
Hispanic	1
Asian	5
Black	6
White	14

**Trends:** Of the 31 indicators we are using to measure the health and well-being of the young people in Alexandria, 58% of them have trended in a positive direction since their respective baseline year. When taking a closer look at the indicators that could be disaggregated by sub-groups, we see that 56% of those gaps may have narrowed since their baseline year.

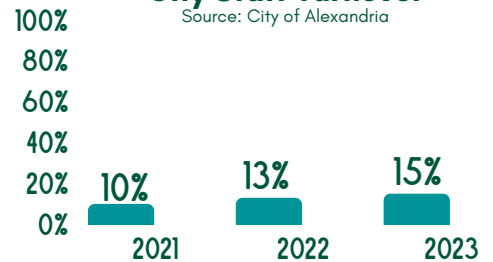
The disparity ratios are grouped by size of disparity. The tables above describe these groupings; disparities that range from 1.1 to 1.4 are slight disparities while disparities of two and higher are more serious. For Hispanic youth, disparities existed for all but one of the 26 indicators.

### ORGANIZATIONAL CAPACITY

# OF CYCP REPORT CARDS PUBLISHED  
SOURCE: CITY OF ALEXANDRIA



City Staff Turnover  
Source: City of Alexandria



**Trends:** Since the adoption of the CYCP by City Council in 2021, 14 Report Cards have been published and two comprehensive annual reports. Increased staff turnover and limited staff capacity have resulted in under-reporting of the Plan's performance measurements. 21 (or 48%) of the Plan's 44 strategies have been featured in a monthly Report Card.

## WHAT WE ARE DOING

- Designing, implementing, and evaluating solutions that undo racism, end discrimination, and advance equity
- Strengthening organizational capacity in the areas of staffing, infrastructure, communication, funding, planning, monitoring, evaluation, and professional development







## NEXT STEPS

The findings in this Report suggest that our community is making progress, but there is clearly more work to be done. The actions we have taken and the lessons we have learned along the way will continue to guide future work. To create the conditions in Alexandria for all children to thrive today and tomorrow, we will further deepen our efforts on equipping caring adults with the tools, supports and skills they need to create environments and relationships where young people learn, grow, heal and flourish.

With the advancement of the CYCP 2025, our collective efforts will continue to:

- Build capacity to establish a “data culture” where data is consistently collected and analyzed to measure our impact
- Encourage the city-wide adoption and use of the Racial Equity Tool, Developmental Assets Framework, and trauma-informed practices
- Collaborate among City and Schools to operationalize the recommendations from the *Youth Safety and Resiliency Report* and the Youth and Caring Adults Summit
- Invest in the skills and professional growth of youth service providers

THE FINDINGS IN THIS REPORT SUGGEST THAT OUR COMMUNITY IS MAKING PROGRESS, BUT THERE IS CLEARLY MORE WORK TO BE DONE. THE ACTIONS WE HAVE TAKEN AND THE LESSONS WE HAVE LEARNED ALONG THE WAY WILL CONTINUE TO GUIDE FUTURE WORK.

## PARTNERS, LEADERSHIP, AND STAFF

The following CYCP partners provided progress reports on their respective initiatives:

- **Allen Lomax**, Partnership for a Healthier Alexandria/ Substance Abuse Prevention Coalition of Alexandria
- **Asia S. Jones**, Department of Community and Human Services (DCHS)
- **Caitlin Brown**, Youth Support Network (ACT for Alexandria)
- **Catherine Clinger**, Children, Youth, and Families Collaborative Commission
- **Christina Damhuis**, DCHS
- **Clint Page**, Alexandria City Public Schools (ACPS)
- **Cordell Fields**, Volunteer Alexandria
- **David Ulloa**, Alexandria Mentoring Partnership
- **Debbie Evans**, DCHS
- **Emma Beall**, DCHS
- **Erika Callaway Kleiner**, DCHS
- **Felicia C. Parks**, DCHS
- **Greta Rosenzweig**, DCHS
- **Helen Morris**, Alexandria Campaign on Adolescent Pregnancy
- **Judy Lo**, Department of Recreation, Parks, and Cultural Activities (DRPCA)
- **Lina Zimmerman**, Alexandria Health Department
- **Maggie Ryan**, DCHS
- **Michelle Biber**, Alexandria Library
- **Michelle Smith Howard**, Kids’ First Years
- **Mike Mackey**, Court Service Unit
- **Noraine Buttar**, DCHS
- **Robin Crawley**, DCHS
- **Sharon Minter**, DCHS
- **Stephen Florence**, DPRCA
- **Tamara Jovovic**, Office of Housing
- **Tamika Coleman**, DPRCA
- **Tarryn Lee**, DPRCA
- **Tricia Bassing**, DCHS
- **Dr. Victor Martin**, ACPS
- **Zoha Zafar**, Alexandria Mentoring Partnership VISTA

### CYCP STAFF

**Chelsea Eickert**, DCHS



## APPENDIX



## APPENDIX A: INDICATORS' BASELINES & SOURCES

INDICATOR	DATA SOURCE	BASELINE YEAR FOR TOTAL POPULATION
<b>GOAL 1: ALL CHILDREN, YOUTH, AND FAMILIES ARE PHYSICALLY SAFE AND HEALTHY</b>		
KINDERGARTEN STUDENTS WITH A PRE-K EXPERIENCE	ACPS	2015
ATE VEGETABLES AT LEAST 1X/DAY IN THE PAST WEEK	YOUTH RISK BEHAVIOR SURVEY	2019
CHILDREN WITH A MEDICAL HOME OR USUAL DOCTOR	YOUTH RISK BEHAVIOR SURVEY	2014
5+ DAYS OF EXERCISE/WEEK	YOUTH RISK BEHAVIOR SURVEY	2014
FEELING HOPELESS OR SAD FOR THE LAST TWO WEEKS	YOUTH RISK BEHAVIOR SURVEY	2014
PAST 30 DAY CIGARETTE USE	YOUTH RISK BEHAVIOR SURVEY	2014
PAST 30-DAY ALCOHOL USE	YOUTH RISK BEHAVIOR SURVEY	2014
BEEN IN A PHYSICAL FIGHT IN LAST 12 MONTHS	YOUTH RISK BEHAVIOR SURVEY	2014
TEEN PREGNANCIES/1,000 FEMALES	VIRGINIA DEPARTMENT OF HEALTH	2018
EVER BEEN FORCED TO HAVE SEX	YOUTH RISK BEHAVIOR SURVEY	2018
FORCED TO DO SEXUAL THINGS THEY DID NOT WANT TO DO	YOUTH RISK BEHAVIOR SURVEY	2019
PARTNER PHYSICALLY HURT YOU	YOUTH RISK BEHAVIOR SURVEY	2014
EXPERIENCED VERBAL ABUSE BY A GIRLFRIEND/BOYFRIEND	YOUTH RISK BEHAVIOR SURVEY	2016
CHILD POVERTY	US CENSUS BUREAU	2015
HOUSEHOLDS WHO ARE HOUSING COST BURDENED	CITY OF ALEXANDRIA	2019
% OF WASTE THAT IS DIVERTED THROUGH RECYCLING, REUSE OR COMPOSTING	CITY OF ALEXANDRIA	2019
<b>GOAL 2: CHILDREN ARE ACADEMICALLY SUCCESSFUL AND CAREER READY</b>		
SCHOOL ENGAGEMENT	DEVELOPMENTAL ASSETS SURVEY	2010
CARING SCHOOL CLIMATE	DEVELOPMENTAL ASSETS SURVEY	2010
SUSPENSIONS	ACPS	2019
GRADE 3 READING	ACPS	2019
GRADUATION	ACPS	2017
<b>GOAL 3: CHILDREN, YOUTH, AND THEIR FAMILIES HAVE POSITIVE EXPERIENCES</b>		
WITNESSED DOMESTIC VIOLENCE	YOUTH RISK BEHAVIOR SURVEY	2019
BULLIED AT SCHOOL IN PAST SCHOOL YEAR	YOUTH RISK BEHAVIOR SURVEY	2014
SAFETY	DEVELOPMENTAL ASSETS SURVEY	2010
ADULTS WITH 4 OR MORE ACES	VIRGINIA DEPARTMENT OF HEALTH	2018
IDEAL NUMBER OF ASSETS	DEVELOPMENTAL ASSETS SURVEY	2013
COMMUNITY VALUES YOUTH	DEVELOPMENTAL ASSETS SURVEY	2010
YOUTH AS RESOURCES	DEVELOPMENTAL ASSETS SURVEY	2010
OTHER ADULT RELATIONSHIPS	DEVELOPMENTAL ASSETS SURVEY	2010
SERVICE TO OTHERS	DEVELOPMENTAL ASSETS SURVEY	2010
YOUTH PARTICIPATION IN OUT-OF-SCHOOL-TIME PROGRAMS	DEVELOPMENTAL ASSETS SURVEY	2010





## APPENDIX B: WHERE WE'VE BEEN AND WHERE WE'RE HEADED

The Results-Based Accountability Framework defines a baseline as having two parts: "An historical part that tells us where we've been, and a forecast part that shows where we're headed if we don't do something more or different than what we are doing now" (Friedman, 2015). Forecasts can help organizations estimate their future staffing needs and establish what a future might look like without any changes to the budget or policies.

While there is no single right forecast and it's impossible to predict exactly where the forecasting line will go, forecasts are essential for a couple of reasons. For starters, it allows us to ask and answer the question, "Is this future okay?" If not, then it can help us get from talking to taking action.

The second reason is that baselines with forecasts can help us define success as "beating the baseline." Most of the conditions that we are trying to change have a history and often the

trend has been headed in the direction for a long time. "Sometimes the best you can do is slow down the rate at which things are getting worse, before you can flatten the curve and turn it in the right direction" (Friedman, 2015). These historical baselines with forecasts give us a way to assess the big picture and whether we have made progress since the Children and Youth Master Plan was launched in 2014.

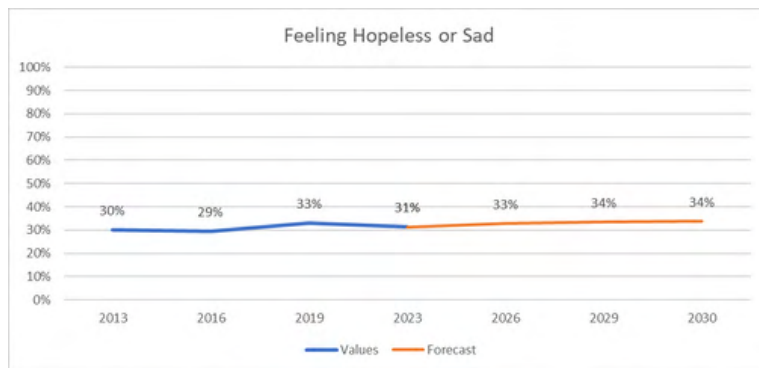
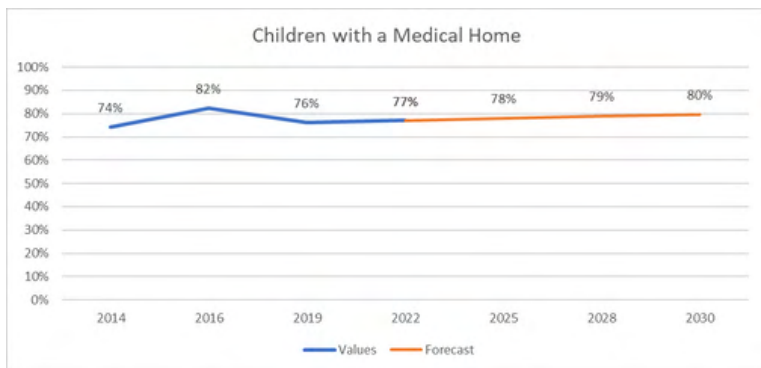
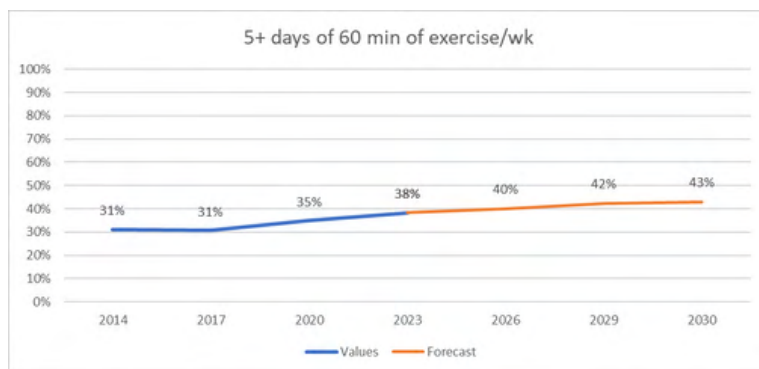
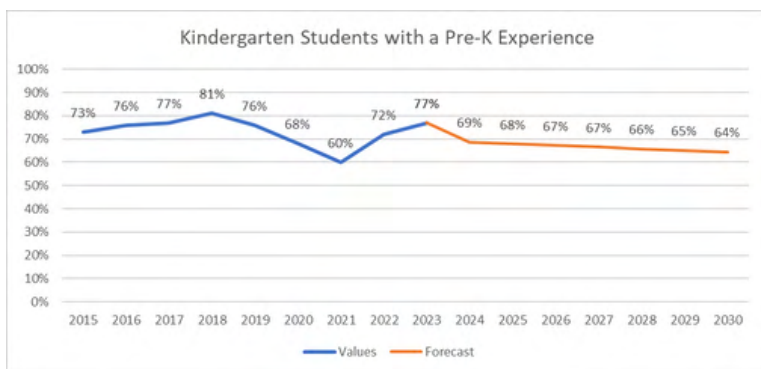
The FORECAST function in Excel was used to predict the following future values by using linear regression. In other words, FORECAST projects a future value along a line of best fit based on historical data. The syntax of the FORECAST function is as follows:

FORECAST(x, known\_y's, known\_x's)

Where:

- X is the value for which you want to predict a new y-value.
- Known\_y's is an array of known dependent y-values.
- Known\_x's is an array of known independent x-values.

## BASELINES WITH FORECASTS FOR GOAL 1

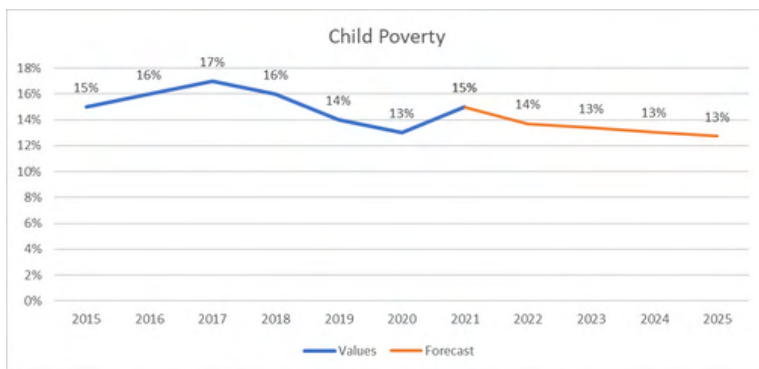
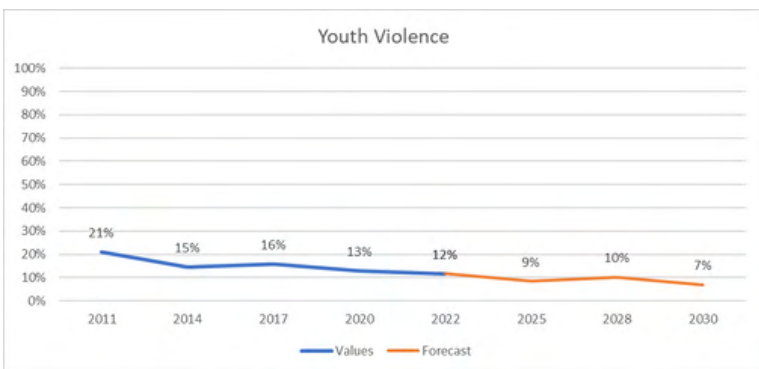
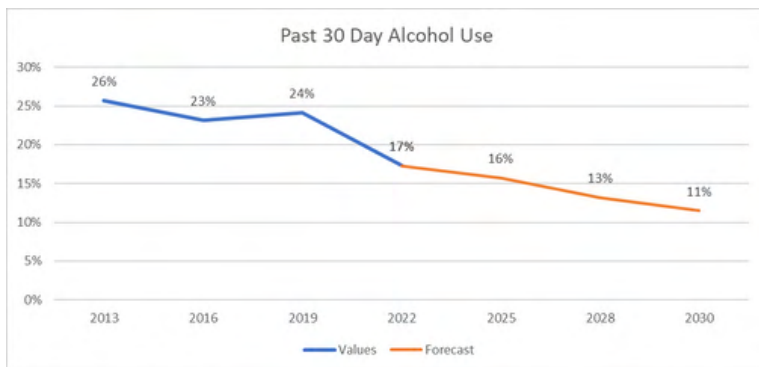
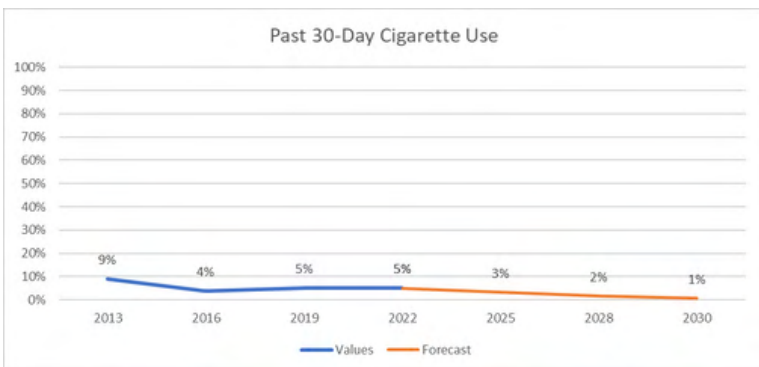


Citation: Friedman, M. (2015). Trying hard is not good enough: How to produce measurable improvements for customers and communities. Parse Publishing.

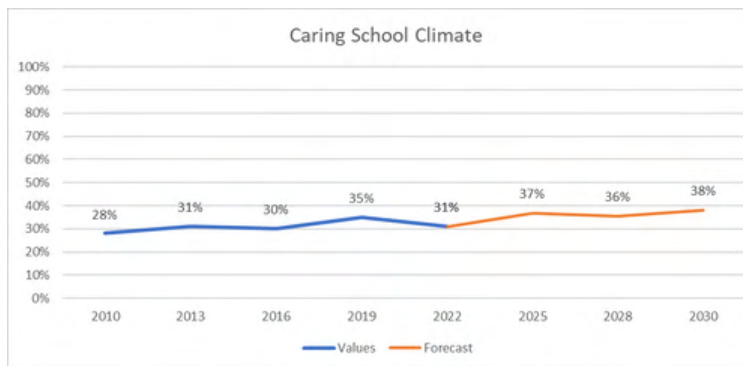
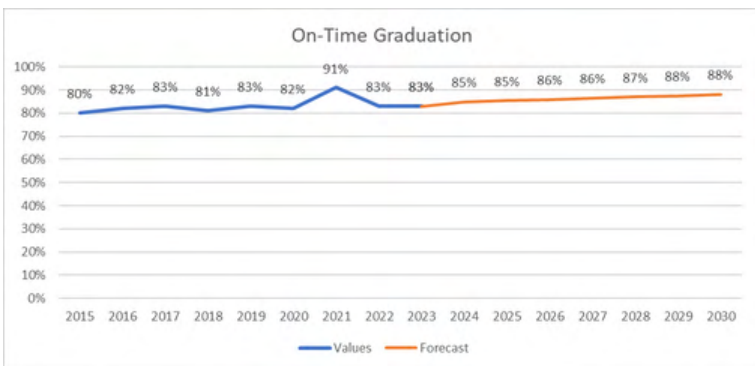
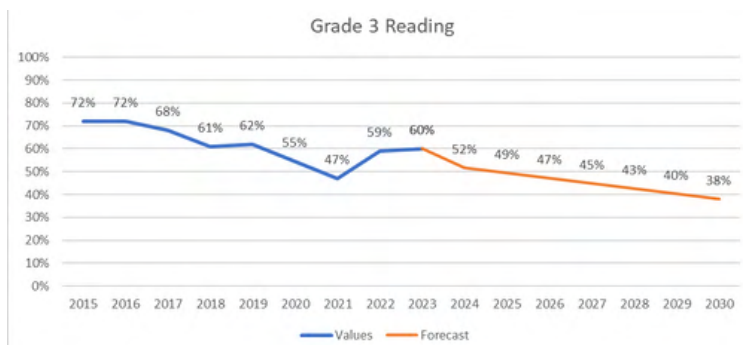
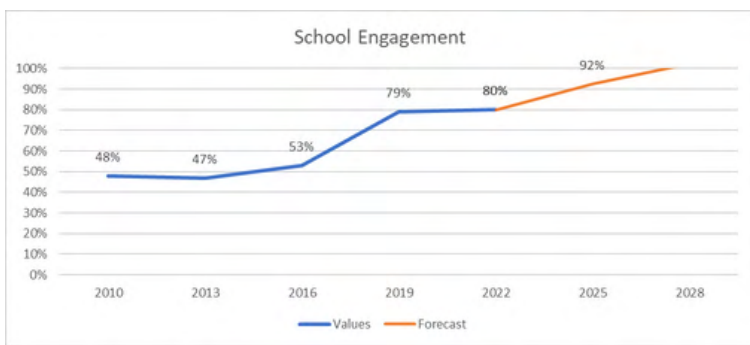




## BASELINES WITH FORECASTS FOR GOAL 1 CONTINUED

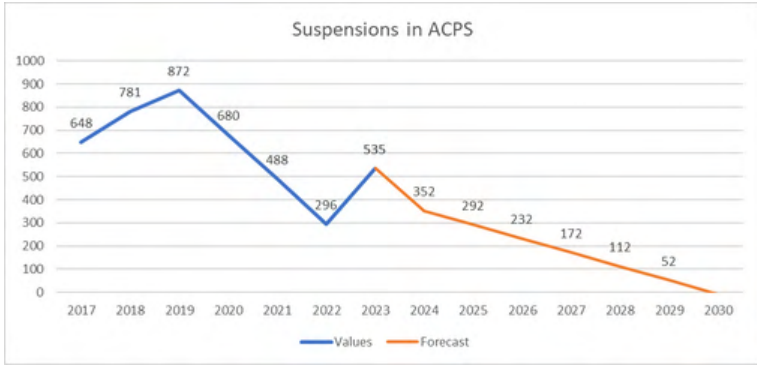


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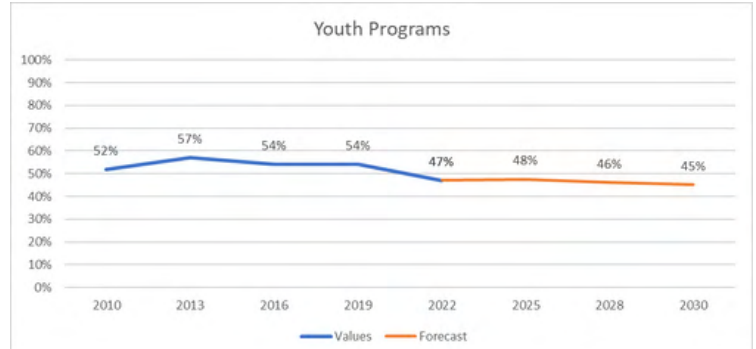
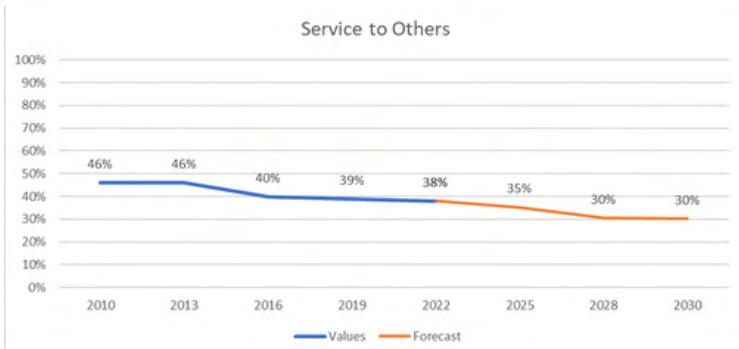
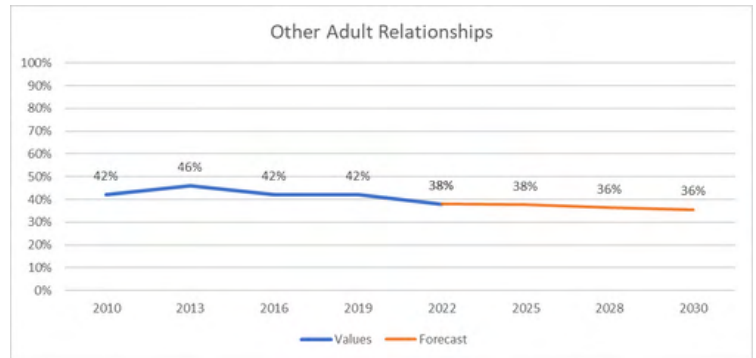
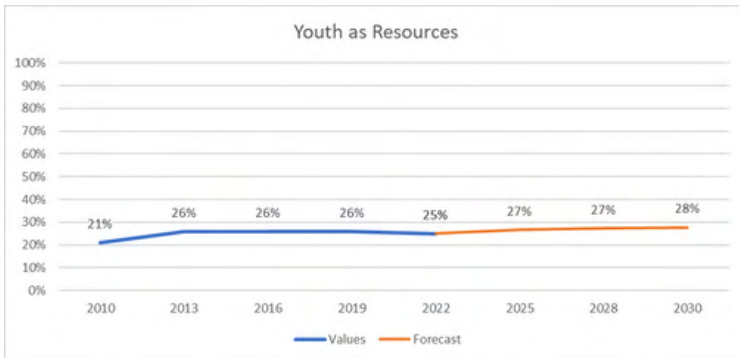
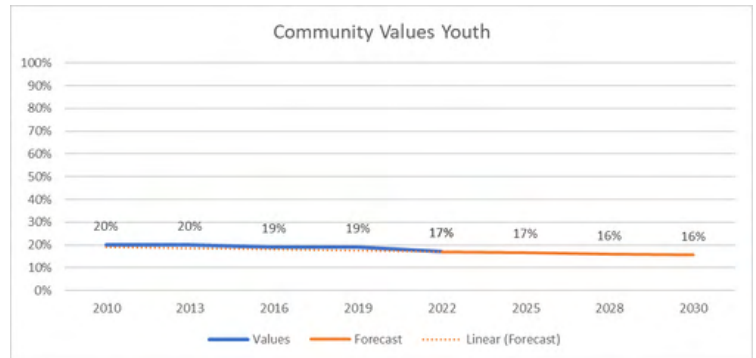
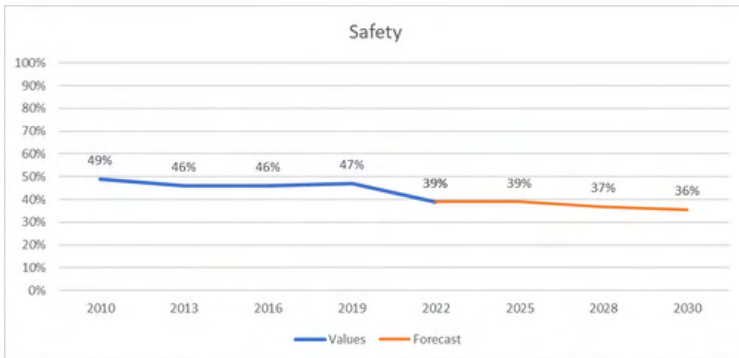




## BASELINES WITH FORECASTS FOR GOAL 2 CONTINUED



## BASELINES WITH FORECASTS FOR GOAL 3





# CYCP PROGRESS REPORT 2022-2023

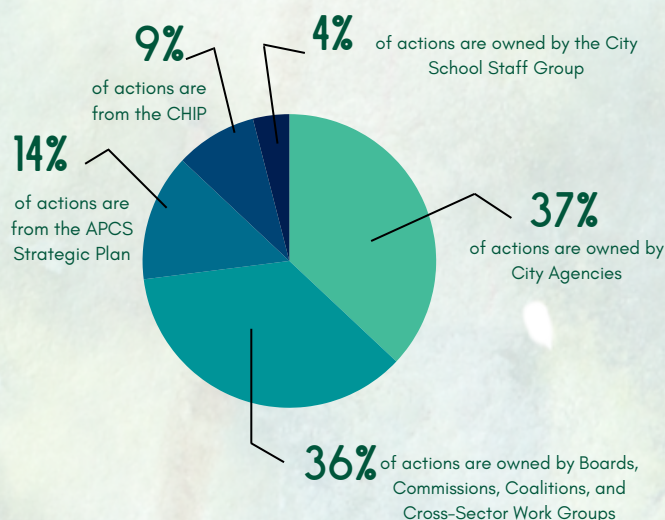
## APPENDIX C: WHO OWNS HOW MUCH OF THE PLAN?

Achieving the goals and strategies in the CYCP involves all of our efforts. The charts below indicate the percentage of the Plan's 169 tactics that are shared among the following Tactic Owners at the system-level (government, schools, coalitions and cross-sector groups) and at the organization-level (specific organizations). Calculations were made by the # of tactics owned by one organization divided by 169 (the total number of tactics in the Plan).

### Acronyms

<b>ACAP</b>	Alexandria Campaign on Adolescent Pregnancy (6%)
<b>ACPS</b>	Alexandria City Public Schools (14%)
<b>APD</b>	Alexandria Police Department (4%)
<b>CHIP</b>	Community Health Improvement Plan (9%)
<b>CSU</b>	Court Service Unit (4%)
<b>CSSG</b>	City School Staff Group (4%)
<b>CYCP WG</b>	Children and Youth Community Plan Work Group (11%)
<b>CYFCC</b>	Children, Youth, and Families Collaborative Commission (1%)
<b>DCHS</b>	Department of Community and Human Services (15%)
<b>KFY</b>	Kids First Years (8%)
<b>MCTEB</b>	Mayor's Campaign to End Bullying (3%)
<b>Housing</b>	Office of Housing (4%)
<b>RAISE</b>	Resilience Alexandria: Inform. Support. Elevate (3%)
<b>RPCA</b>	Recreation, Parks, and Cultural Activities (4%)
<b>SAPCA</b>	Substance Abuse Prevention Coalition of Alexandria (4%)
<b>TES</b>	Transportation and Environmental Services (6%)
<b>YSN</b>	Youth Support Network (1%)

### SYSTEM-LEVEL



20%

15%

10%

5%

0%



### ORGANIZATION-LEVEL

### Unified Planning and Implementation

The **Children and Youth Community Plan 2025** is connected to many City-wide plans that aim to improve outcomes among Alexandria's residents, including the Alexandria City Public Schools (ACPS) **Equity for All Strategic Plan 2025** and the Alexandria Health Department (AHD) and the Partnership for a Healthier Alexandria **Community Health Improvement Plan 2025 (CHIP)**.

In one of the first major plan alignment efforts of the city, the leadership of these organizations established a Unified Implementation Team to jointly develop the three plans in areas where the goals and outcomes overlapped. The Team reports out twice a year, in the spring and fall. You can find more information about the Team, including their Community Reports in multiple languages, [here](#).

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**CHILDREN, YOUTH, AND FAMILIES COLLABORATIVE COMMISSION |  
CHILDREN AND YOUTH COMMUNITY PLAN 2025**