

Substance Abuse Prevention Coalition of Alexandria

2020 Annual Report

### Mission

SAPCA's mission is to engage diverse sectors of the community in collaborative, cross-cultural and comprehensive substance abuse prevention efforts that result in a reduction of underage substance use and abuse in the City of Alexandria.

# **Community Impact**

### **Current Use in Alexandria**

Alcohol 16%

30% Decrease in alcohol use among teens since 2013 Prescription Drugs

43%
Decrease in prescription drug use among teens since 2013

Marijuana

31% Decrease in marijuana use among teens since 2013 E-Cigarettes\*

7.5%

Source: 2016 Youth Risk Behavior Survey 10th and 12th grade students Cigarettes

3%

57%
Decrease in tobaccuse among teens since 2013

Source: Developmental Assets Profile , 2019 8th, 10th and 12th grade Alexandria City Public Schools students

Decline in past 30-day use of alcohol, marijuana, tobacco and prescription drugs



2,968

Youth Engaged



899

Adults Engaged



212

Volunteer Hours



1,529

Substance abuse prevention material distributed to the community

1,965 lbs.

collected at Drug Take Back Events in 2019

1,326 lbs.

collected at Drug Take Back Events in 2020

### **SAPCA's Key Events & Activities**

### Young Engagement and Leadership

Promoting youth advocacy and voice by supporting youth leadership on boards and commissions and training youth as leaders during the 3-day virtual Youth Leadership Conference.

#### **Project Sticker Shock**

A community awareness campaign designed to prevent people 21 and older from purchasing alcohol and providing it to youth.

### Vaping Prevention Campaign Launch

Short videos created by T.C. Williams High School students highlight some of the reasons youth do not vape, share several key facts and inspire youth to stay substance free.

### **Prescription Drug Take Back Days**

Provides residents a safe, convenient and reliable means of disposing of prescription drugs to help prevent prescription drug abuse. For 24/7 safe disposal, a third permanent medication drop box was installed at the Alexandria Police Department Headquarters. Drop-box locations were also advertised through 48,000 pharmacy bags printed.

#### **Titan Takeover Teen Nights**

Teen nights held at local recreation centers on Friday evenings to provide Alexandria teens a safe place to hang out and have fun. Events feature a DJ, photo booth, free dinner, gift card raffles, games and more!!

### **Facts and Consequences Workshops**

A community-based workshop designed to educate youth about substance abuse and understand the consequences associated with alcohol and drug abuse.

#### Red Ribbon Week

Carried out district-wide, reaching more than 2,300 students to unite the community and take a visible stand against drugs through a poster contest, City proclamation, and virtual community circles.

#### **Substance Abuse Seminars**

A collaborative model developed in partnership with Alexandria City Public Schools and the Court Services Unit to address substance use infractions. Seminars are delivered to students and their families



### **State/Local Government**

Department of Community and Human Services Alexandria Parks, Recreation and Cultural Activities Department

### **Religious/Fraternal Organizations**

ALIVE! Inc.

First Baptist Church

### **Law Enforcement**

Alexandria Police Department Alexandria Sheriff's Office

### **Business**

The Neighborhood Pharmacy of Del Ray Kim Hyde Consulting, LLC Alexandria Chamber of Commerce

### **Healthcare Professionals**

Alexandria Health Department **Alexandria Community Services Board** Inova Alexandria Hospital

### **Schools**

Alexandria City Public Schools Bishop Ireton High School

## **Youth Serving Organizations**

Alexandria 4-H, Virginia Cooperative Extension Alexandria Campaign on Adolescent Pregnancy Alexandria Gang Prevention Community Task Force Alexandria Mentoring Partnership Boys & Girls Club of Alexandria **Community Lodgings** Friends of the Mental Health Center Resilience Alexandria: Inform, Support, Elevate SCAN of Northern Virginia Tenants and Workers United

#### Media

Alexandria Times Alexandria Gazette Packet

## **Civic/Volunteer Organizations**

Volunteer Alexandria

## **Substance Abuse Organizations**

Community Anti-Drug Coalitions of America

### **Board of Directors**

Allen Lomax, Chair **Independent Consultant** 

Teresa Tidwell, Vice-Chair **Community Member** 

Cadence Claypoole, Secretary Youth

Kim Hyde, PR/Marketing

**Deputy Morgan Garner** Alexandria Sheriff's Office

**Kate Harbour** Youth

**Captain Monica Lisle** Alexandria Police Department

Fredy Martinez

Alexandria City Public Schools

Quameer Reddick-Parker **Community Member** 



#### Donate

Go to www.preventitalexandria.org to support SAPCA's work



#### **Participate**

Visit www.preventitalexandria.org for volunteer opportunities



#### Sign Up

Email emma.beall@alexandriava.gov to receive our monthly newsletter







