



**20 May 2024, 7:00 pm
Fire Department HQ
900 2nd Street**

1. CALL TO ORDER: 7:00 pm

2. ROLL CALL:

Members Present: Patrick Moran, (Chair); Kevin Coleman, Marjorie Windelberg, Nicholas Stablein, Crystal Steele, Rosy Noguchi, Sean Gallagher, Natalie-teen CERT graduate, David Turner, Jason Mulgrew, and Paul

3. REVIEW JANUARY AND MARCH MEETING MINUTES

4. OFFICE OF EMERGENCY MANAGEMENT UPDATE – Kevin Coleman

- A. EOP-needs to be updated every four years.
 - a. Will expire in March of 2025.
- B. A lot of Summer Activities
- C. Planning
- D. Elections
- E. Stop the Bleed kits
 - a. Will be put in city hall/public places near the AED.
- F. The city just got the storm ready designation.
 - a. Will last about four years.

5. CITY COUNCIL MEMBER UPDATES

- a. Vice-Mayor Amy Jackson-not present
- b. Councilman Kirk McPike-not present

6. CCC AFFILIATE UPDATES – As Available

- a. AHD / MRC –Rosy Noguchi
 - i. Volunteer Appreciation Held
 - 1. Recognition
 - 2. Partners were present
 - ii. Emergency Preparation/Outreach held
 - 1. A lot of incentives
 - 2. Spanish speaking support materials were given out.
 - iii. Community Cookout

- iv. Drug Take Back Day
 - 1. Safe Medication Disposal
- v. Informative-e.g. People with Dementia
- vi. Regionally-Emergency Response System
 - 1. Check/Balance with hospitals
- vii. MRC was involved
- viii. HIPAA-206 volunteers have completed the 30 minutes training
 - 1. 740 remaining volunteers need the training

Medical Reserve Corps / ctivity Report: April-May 2024
CCC 5/20/2024

Cybersecurity & HIPAA training: As a whole, VA MRC units are still working to get volunteers to complete the Cybersecurity & HIPAA training that now mandatory to participate in MRC activities. 206 Alexandria volunteers have completed the training and are ready for deployment. An estimated 740 volunteers would need to take this 30-minute online training before they can volunteer.

Alexandria MRC Activities

Emergency Preparedness Outreach at Alexandria Health Fair 3/30/2024 – Event focused on community health resources for the uninsured and was held in conjunction with ALIVE food distribution. Three Spanish-speaking MRC supported our outreach. ~200 people came through, with most stopping by our table. Interactions were very brief, but all of our Spanish-language materials were distributed.

MRC Volunteer Appreciation Event 4/17/2024 – Recognized top contributors in the past year and those who hit certain levels of service with MRC. Lost Boy Cider was a generous host, and partners from CERT, OEM, Volunteer Alexandria, Public Health Advisory Committee, and the city were in attendance.

"How to Support Individuals with Dementia during an Emergency" training 4/24/2024 – The training covered how volunteers can communicate with and support individuals with dementia by creating engaging environments and keeping them safe from harm. MRC volunteers could encounter this population in a shelter setting when performing healthcare and infection-prevention roles. Volunteers clearly found the training interesting and relevant. There were lots of questions and many expressed appreciation for the information and compassionate approach.

Drug take-back day 4/27/2024 – Volunteers were requested by the Substance Abuse Prevention Council of Alexandria (SAPCA) for Drug Take Back Day. Volunteers provided information on the importance of safe drug disposal and collected 172lbs of discarded medication at 4 drop-off sites around the city. The event was supported by APD and the Sheriff's office.

Additional Outreach: Volunteers promote a mix of health department messaging, emergency preparedness, and MRC recruitment

- USPTO Community Day 5/7/24
- Eco City Festival 5/11/24
- Community Cookout at Fairlington Presbyterian Church 5/16/24

TBA: Fall Flu POD – Health department is planning for Flu Vaccine point-of-dispensing (POD) exercise/event in October. Basic Life Support (BLS) certification for potential vaccinators. New vaccinator training plan will be released in the fall.

Regional Activities

NVERS Medical Response and Suge Exercise (MRSE) 4/16/2024 – Northern Virginia Emergency Response System (NVERS) held "full scale exercise" to test hospital communications with the Regional Healthcare Coordination Center (RHCC). The exercise simulated a catastrophic patient surge at the regions hospitals as the result of a mass casualty incident. 20 Alexandria MRC volunteers were deployed at hospitals in the region to simulate the influx of patients across three waves. Volunteer involvement was brief.

- b. CERT – Marjorie Windelberg
 - i. Received an award today.
 - ii. Governor Youngkin was present.

CERT Report
May 20, 2024

Alexandria CERT Activities

CERT Basic Training. The Spring 2024 program concluded with 13 students graduating from Teen CERT on May 4. The Spring curriculum was expanded from the Fall and included three Sunday afternoon field trips to the EOC, Fire Station 210, and APD headquarters. Twenty-six adults completed the Spring 2024 course, including a parent who was in the Teen CERT class.

CERT Basic Exercises. The final exercises for the adult and teen classes were on Saturday, May 4 at Station 210. The Spring course participants were joined by one student and one adult from the Fall 2023 sessions. The participants went through 3 skills stations to review and practice wound care for massive bleeding, fire suppression, and leveraging & cribbing. This was followed by a Mass Casualty Incident response exercise. Some participants were in leadership roles at the Incident Command Post, while others were on search and rescue teams for both outdoor and indoor searches (simulated). Others set up a medical treatment area to receive, assess, and treat casualties.

A large number of people supported the exercise as facilitators, administrative and logistics staff, and role players. Frances Whalen from DC CERT, Rosy Noguchi from MRC, and Sue MacLane from Arlington CERT were facilitators. In addition to CERTs, role players included Katherine Winstead, Natalie Vaile, and Brendan Stevens from the Fall 2023 Teen CERT class; Rosy Noguchi, Kathy Stenzel, and Madison Davis representing MRC; Trina Bray from DC CERT; and Irene Parriski from FEMA.

One adult from Spring will participate the DC CERT exercises on May 25.

Volunteer Management System. The pilot of Volgistics as a hosted platform to manage CERT volunteer records continues. Configuration of volunteer profiles, scheduling, and application forms has been refined, but more work remains to be done, particularly with “assignments” (the Volgistics equivalent of events such as training and exercises). All configuration decisions are being documented as well.

Volgistics includes an app called VicNet for volunteers. VicNet has a home page and lets volunteers manage and update their profiles by, for example, uploading certificates of FEMA courses they have passed.

FLETC Active Shooter Training Support March 20. Alexandria Police Department requested victim actors for a Federal Law Enforcement Training Center training course. It is an all-day exercise that focused on a single officer responding to an active shooter. Nine people from Alexandria CERT, MRC, and Arlington CERT participated.

SKYWARN® Basics March 21. Kevin Coleman arranged a presentation by the National Weather Service. Ten CERTs participated and received SKYWARN® Spotter numbers.

EOC Support April 2. Doyle Cockram, Deborah McGhee, and Marjorie Windelberg provided admin support for the training on EOC operations for City employees.

Building Safety Month May 3. CERT was at Market Square and provided information on reducing home risks from electricity, water, and natural gas. Kevin Coleman and Marjorie Windelberg staffed the table.

Eco-City Fest May 11. CERT was at Northern Virginia Community College for this event. Leonard Taylor, Wendy Joseph, Francisco Ortiz Rodriguez, and Marjorie Windelberg staffed the table. To engage people attending, they played a “Save the Mouse” game to demonstrate leveraging & cribbing skills and FEMA’s quiz game “Ready 2 Help,” provided emergency preparedness information, and recruited people for the Fall CERT Basic Training course.

Radio Emergency Communications May 14. A class on radio emergency communications was held at Fire Station 210. This class began with the big picture of public safety communications and different kinds of radios. It then focused on walkie-talkie / Family Radio Service radios and how to properly operate and maintain them. It also covered good communication skills and documenting critical communications. In the last part of the class participants practiced with FRS radios to communicate about different scenarios. 20 people from Alexandria CERT, MRC, Alexandria Radio Club, and Arlington CERT attended.

Traffic Management Drill June 22. A traffic management drill will be held as a follow-on to the general traffic and crowd management webinar held in February. Negotiations are underway to use the parking lot at the First Baptist Church.

Mental Health First Aid Training Webinars. CERTs have been encouraged to sign up for training sponsored by the Department of Community and Human Services and the Council for Mental Health Wellbeing. The trainings are offered on a variety of dates in full-day and half-day formats; see <https://www.alexandriava.gov/youth-development/suicide-risks-and-prevention-resources-and-information#MentalHealthFirstAid>.

CERT Newsletter. The April – June issue has two themes. The front page contains information on general emergency preparedness planning and what to include in various emergency kits for shelter-in-place, evacuation, vehicle, and work. The back page is devoted to domestic violence: information and resources, safety plans, and signs of abusive behaviors. All back issues of the newsletter are in the Public folder on the Alexandria CERT document portal: <https://docs.alexandriavacert.org/index.php/s/bSFjMMfSAeddmSw>.

Regional Activities

Dulles Airport Exercise April 27. Airports are required to conduct a mass casualty incident exercise once every 3 years, and there were over 130 volunteers from across the region supporting the exercise. Tahroma Alligood was on the moulage team and Santos Diaz provided administrative support for first

responders and role players. Laurel Hester, Suzette Manduley, Jen Rhorer, Allison Van Ocker and her father, and Marjorie Windelberg role-played casualties.

NCR CERT Consortium. Note: The majority of NCR CERT Consortium participants are CERT volunteer leaders; the government agencies sponsoring local CERTs are not on the calls.

The Consortium met on April 11 and May 9; most of the discussion was about the National CERT Association Conference.

National CERT Association Conference. The conference will take place the July 23 – July 26 at the DC Convention Center.

Link to the conference information from the NCA website: <https://www.nationalcert.org/>. Non-CERT personnel are welcome to attend, including local Fire / EMS / Law Enforcement, local OEMs; MRC; radio clubs; etc. Early Bird registration is through June 7, and online registration closes on July 19. Early Bird general admission cost is \$300, and \$350 thereafter. Early Bird volunteer cost is \$150, and \$175 thereafter. For volunteers to qualify for the volunteer cost, a supporting letter from an agency manager will be required.

DC HSEMA is providing \$30,000 in UASI funds for the conference; some of these funds will support “scholarships” for volunteers who work on subcommittees and during the conference. Alexandria will receive up to 10 CERT scholarships.

The opening plenary will feature FEMA Administrator Deana Criswell will be the keynote speaker. Presentations, panel discussions, and multi-day specialized trainings will be offered Tuesday afternoon through Friday. Presentations are of general interest on a wide variety of emergency preparedness and management topics. People are encouraged to submit proposals to do presentations.

Some specialized trainings are CERT-focused: CERT Train-the-Trainer, Hybrid CERT Train-the-Trainer (online using University of Utah materials), CERT Master Instructor, and CERT Program Manager. These require endorsement from the attendee’s jurisdictional authority. TEEX (Texas A&M Engineering Extension) will teach a multi-day class on Wide Area Search. Discussions are underway with the American College of Surgeons to offer Stop the Bleed general training and STB Train-the-Trainer as well as a session on opioid overdose response.

NCA volunteers will meet with FEMA personnel as well as engage in lobbying in Congress on behalf of CERT programs nationally. Sponsors and exhibitors will include ProPac USA, Midland Radio, the Universities of Utah and Texas, CISA, Bridgford Foods, Merit, and TEEX. Additional sponsors and exhibitors are welcome!

Conference co-chairs are Suu-Va Tai of California Office of Emergency Services and Frances Whalen of DC CERT. Planning committee members are from CERTs across the United States and they are chairs of the subcommittees that have been established. Marjorie Windelberg is chair of the Logistics and the Safety/Medical subcommittees and supports other committees. Beth Mahar is on the Safety/Medical subcommittee.

- c. Volunteer Alexandria – Jason Mulgrew
 - i. Volunteer Reception/Volunteer Emergency Planning
 - ii. VRC Training
 - 1. Planning eight-week course

2. Starting in June
 3. Next training will be in February of 2025
 4. One class per week
 - a. e.g. Functional Exercises, Stop the Bleed
 - b. Will reach out to other VRC staff.
 - c. Participate in the EOC workshops
 - d. Working with Kevin concerning the EOP.
- iii. Participated in 15 events.
 - iv. First Thursday in Del-Ray
 - v. Cookouts
 - vi. Building Safety Month
 - vii. Rec Fest
 - viii. 10 volunteers (consistently) at those events.
 - ix. Working on hurricane preparedness
 - x. Partnering with Rosy Noguchi
 - xi. Future Plans
 1. Property Managers, Property Owners
 2. Apartment Complexes/Rental properties
 - a. Working with a partner to develop a list of contacts.
 - b. Giving out brochures/possible PowerPoint presentation.
 - c. Paul suggested discussing Renter's Insurance
 3. September-Planning two outreach events/HOA's/condos
 - a. Targeting city officials/businesses
 - b. Ben Brenman Park

May 20th

Volunteer Alexandria

Volunteer Reception Center:

Since the last meeting, there have been three Volunteer Reception Center meetings, most recently being a tabletop exercise on April 24, held at Patrick Henry Recreation Center. More recently, however, we have begun to shift into a new VRC training format. This format includes two 8-week classes per year, with one meeting per week. The meetings will include orientations, VRC roles/responsibility training, outside training (UHA, Stop the Bleed), station drills, donations management, etc. Prior to finishing the 8-week course, there will be a full-scale exercise conducted with newly graduated VRC volunteers, along with previous VRC volunteers. More experienced VRC staff will also have the opportunity to share/present their VRC knowledge and roles they have participated in, at these meetings and exercises.

EOC Workshop, 04.02.24

Participation in the EOC workshop, located at main EOC location at OEM. EOC members had a chance to meet other members on the EOC team, familiarize everyone with the EOC, grasp a better understanding of responsibilities and run through a mock activation.

EOP Updates for 2025:

Reviewing/updating the city of Alexandria's EOP for 2025. Attended the EOP update kickoff meeting on 04/18, to understand changes that may/may not need to be made for specific sections. Meeting at OEM on 4/21 to review SA 1: Volunteers and Donations Management section of the EOP.

Community Outreach:

Volunteer Alexandria has participated in over 15 community outreach events. All events have included EP materials distributed out, from general Alexandria EP materials, FEMA, CERT, and Volunteer Reception Center information. Examples of various events include Del-Ray First Thursday, Community Cookouts, Building Safety Month, Rec Fest, Eco-City Festival, etc. Emergency preparedness outreach volunteers participated in almost all of these 15 events.

Community Outreach Cont.

Volunteer Alexandria participated in a Hurricane Preparedness presentation at Nannie Lee Senior Services. 15 seniors attended the presentation as engaged in a basic overview of emergency management, how to prepare for hurricane season, along with a trivia game at the end of the presentation. Currently working on scheduling a similar activity at St Martin De Porres senior center, sometime in June.

Code Administration recently hired a new position that focuses on rental properties/complexes. Vol Alx is working in conjunction with Code to speak to property owners about preparedness and responsibility towards renters, along with speaking to renters about preparing for emergencies.

National Preparedness Month:

In coordination with OEM, Volunteer Alexandria is scheduling two outreach events for NPM in September. One event, being a similar event to last year's NPM, at City Hall, targeting city officials as well as the public. The other event, being held at Ben Brenman Park, specifically targeted towards families. Dates and times are being finalized and will be released next month.

Jason Mulgrew

Emergency Preparedness Coordinator

Volunteer Alexandria

emergencyresponse@volunteeralexandria.org

Office – 703.836.2176

Mobile – 540.848.1616

d. Civic Associations – Donna Reuss

1. Not present

e. Red Cross – Paul

1. No recent fires
2. Working with Kevin as an official Rep.

f. Radio Club – Sean Gallagher

1. Supported Marjorie
2. Some personnel shifts are open.
3. New Image Director
4. Overnight Communication
5. June 22-23 2:00pm-Saturday-2:00pm Sunday.
6. Field Exercise/Global Communication
7. Family Radio Service
 - a. a recent drill was completed
 - b. A good resource
8. Image Radio should be considered/encouraged

g. Police Volunteers

1. Not present

h. ACPS

1. Not present

7. CCC OFFICER BRIEF

- a. Chair – Patrick Moran
- b. Vice-Chair – Open
- c. Secretary – Crystal Steele

8. OLD BUSINESS

a. Citizen Corps Council Version 5 Proposal: Rethinking and Refreshing Alexandria’s Citizen Corps Council Mission-Marjorie Windelberg/Jerry McAndrews

1. Name Change
2. Reiterate the Mission
3. Purpose
4. Nature of the Group
5. What are the capabilities?

9. NEW BUSINESS - Open

10. NEXT MEETING DATES (Generally 4th Monday of every other month)

a. 7/22/2024

b. 9/23/2024

11. ADJOURNMENT: 9:32pm