

RESILIENCE ALEXANDRIA AGENDA

Mission: To build a more trauma-informed and resilient Alexandria by informing, supporting, and elevating our community.

Date: August 27th, 2020

Time: 10-12

Zoom Link: <https://us02web.zoom.us/j/85752174403>

Agenda Items

10:00 Welcome

- Welcome new and returning members!

10:05 Legislative Updates from General Assembly (Mary Beth)

10:15 Share Highlights from Racial Truth and Reconciliation Week – August 2-8

10:30 Resilience Plan for Community Wellness Updates

- Identifying High Risk Situations Flyer
- Trauma-Informed Supervision Toolkit

10:40 Committee Work

- Committees will meet and consider ways they can contribute to the planning of a Trauma and Resilience Summit in Alexandria

11:40 Close

- Committees will regroup and report out on their ideas



Ellis, W., Dietz, W. (2017) A New Framework for Addressing Adverse Childhood and Community Experiences: The Building Community Resilience (BCR) Model. Academic Pediatrics, 17 (2017) pp. 586-593. DOI information: 10.1016/j.acap.2016.12.011